

CYPSP Larne & Carrickfergus Locality Planning Group Children and Young People's Plan 2021-2024

The purpose of Locality Planning Groups is to improve the outcomes for the Children and Young People in the local area. Each Locality Planning Group draws up a Locality Plan by measuring how well local children and young people are doing against the eight high level outcomes set out in the Children and Young People's Plan and working out what needs to change for improvement in these outcomes. They do this by using local level statistics, provided across agencies and bring this together with their collective knowledge of emerging issues for children and young people in the area.



1. Children and young people are physically and mentally healthy
2. Children and young people enjoy play and leisure
3. Children and young people learn and achieve
4. Children and young people live in safety and with stability
5. Children and young people experience economic and environmental wellbeing
6. Children and young people make a positive contribution to society
7. Children and young people live in a society which respects their rights
8. Children and young people live in a society in which equality of opportunity and good relations are promoted.

The 4 overarching outcomes for the CYPSP and the Northern Area Outcomes Group (NAOG) are:

- 🌀 Children's mental health and emotional wellbeing, in particular but not exclusively children in the 5-10 age groups.
- 🌀 Early intervention support for children with disabilities and their families.
- 🌀 Support to children whose wellbeing is being affected by disruption to their schooling.
- 🌀 Contribution to strategic cross Departmental actions in response to food and fuel poverty, as well as locality based service responses

**Following a workshop the Larne & Carrickfergus
LPG agreed the following priorities;
(Priorities may change according to identified need)**

- 1. Mental Health & Emotional Wellbeing**
- 2. Poverty**

Key

Completed
Ongoing
On hold

Priority	What will we do (Agreed action)	How will we do it	Lead organisation; Who will do it	What will we achieve Is anyone better off	How much did we do	Monitoring Update
Mental Health & Emotional Wellbeing						
Resilience, Mental Health & Emotional Wellbeing	Sharing information of services & events run by organisations working to address Mental Health & Emotional Wellbeing. Due to current restrictions – particular focus on outdoor play. Link in with Social Media accounts with a large following in the area e.g., LOVE Carrickfergus.	Members encouraged to share activities with the group and local social media accounts, particularly those encouraging outdoor activities				
	Focus on Autism - training	Update: checking with other LPG coordinators re: joint training to spread the cost				TBC
	Themed LPG meeting – Autism Planned for 12/11/21	Work with NHSCT, Community & Voluntary groups to share information on	NHSCT Health & Wellbeing Officer NHSCT ASD	Increase awareness of services Increase knowledge of ASD Awareness of how to access		Nov 2021

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		autism and services available in the Larne and Carrickfergus area	Service Improvement Coordinator LPG members Larne YMCA NOW Project Autism NI	early intervention services Awareness how to create Autism friendly services/environments		
	PANTS awareness campaign Outcome 1,2,4,7	Work with NSPCC and the NHSCT sexual health lead to roll out PANTS awareness campaign across the area	LPG members NSPCC NHSCT H&W Sexual Health lead	Organisation, parents and staff working with children and families will have greater awareness of PANTS campaign along with the skills & confidence to initiate conversations. Children ages 4-8 will have greater awareness of what is acceptable and what is not and what to do if someone tries to abuse them		Sept 2020-ongoing
	Provide mental health training Outcome 1	Promote and organise mental health awareness training across area	LPG members NHSCT Children's	Greater mental health awareness and support Community & Voluntary	Additional funding successfully identified	March-June 2021

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		<p><u>Aware NI</u>: 2 x Mental Health First Aid Programmes</p> <p>Mood Matters Young People's Programmes</p> <p><u>Action Mental Health</u> Healthy Me Bitesize Children's sessions x10</p> <p><u>Fresh Minds Education</u> 'Relax and Regulate' Programme for Community/Voluntary Group staff</p>	<p>directorate</p> <p>Aware NI</p> <p>Action Mental Health</p> <p>Fresh Minds Education</p> <p>NHSCT Health and Wellbeing Manager for Children's work</p>	organisations have increased capacity to provide Emotional H&W support to CYP aged 4-25 and parents	OBA will be completed	
	<p>GamCare training</p> <p>Outcome 2, 4, 5</p>	Co-ordinate promotion and delivery of GamCare training	<p>NHSCT Health and Wellbeing Officer</p> <p>GamCare</p>	Greater awareness of gambling dangers and what support is available	<p>Training will be delivered</p> <p>Numbers trained recorded</p> <p>OBA will be completed</p>	June 2021

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	Physical activity programmes delivered to member organisations Outcome 1-3	Community Sports Network funded to provide physical activity programmes to member organisations	LPG members NHSCT Community Sports Network	Member organisations and children/ young people will have increased access to physical activity programmes relevant to their needs and age group	Additional funding successfully identified Number of programmes delivered OBA will be completed	March-June 2021
	Support young people to acknowledge and think about their feelings Outcome 1,3,7	Support P7 children with transitioning to post-primary Outcome 1,3,7	Action for Children LPG members EA	Young people will have an opportunity to use these journals, designed by young people for young people. They include 10 activities to help share worries, let off steam and de-stress.	113 journals given to children to support transition Feedback gained	May-June 2021
	Increase Disability awareness Outcome 1,4,7,8	Co-ordinate Demystifying Disability Hate crime webinar	Leonard Cheshire NI NHSCT Health and Wellbeing Officers	Greater disability knowledge	Numbers trained OBA completed	May 2021
Poverty						
Poverty/ Money management: Reducing	Financial training for parents	Co-ordinate delivery of Talk, Learn, Do training	LPG members NHSCT Health	Greater financial awareness. Enabling parents to talk to their	Number of attendees	May – June 2021

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poverty, financial/budgeting training, education opportunities for money management	Outcome 5 & 6		and Wellbeing Officers Reed in Partnership/The Money Advice Service	children about saving, making choices, how to manage money, shopping, how money works.	OBA completed	
	Raise awareness of Poverty focused services available in the Larne and Carrickfergus area. To include regular speakers to the LPG meetings.	Invite MEACAS to present on the uniform exchange scheme Invite Larne FC to present on their laptop/digital recycling scheme Larne Food Bank Invite MEA Council to update on Community Fridge Project (arranged for 15/09/21)	LPG members NHSCT Health & Wellbeing Officer	Members have a greater awareness of services available in the area.		
	Engaging with communities and increasing community capacity e.g., offering training,					

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	raising awareness of poverty					
	Address the stigma associated with Poverty – normalising					
	Ways to address Poverty long-term – engaging with communities and parents to include encouraging more value on education	Ideas include – Grow Your Own, Cook it!				