

## **Causeway Children's & Young People's Strategic Partnership Locality Planning Group**

**Tuesday 10 November 2020 10.00am on Zoom**

### **Attending**

Natasha Gault	Action for Children, Family Support Hubs
Anita Kelly	CWSAN, NICHI Project
Lisa Harris	Causeway Coast & Glens Borough Council
Janette Tweed	Education Authority
Michele Loughrey	(CRUN) Year Project
Iain McAfee	National Lottery Community Fund
Ciara Maxwell	NHSCT, Public Health Nursing Team
Karina McCollum	Causeway Coast & Glens Borough Council
Deirdre Bradley	Education Authority
Wendy Burgess	Start 360
Jayne Reynolds	NHSCT, Causeway MDT
Alex Larsen	NHSCT, Causeway MDT
Ruth Nelson	Start 360
Ruth McNeill	Armoyn Community Association
Michelle McGlade Buick	Parenting NI
Sharon Kirk	NHSCT, Surestart
Kate McDermott	NHSCT, Health & Wellbeing
Emma McElhone	NHSCT, Health & Wellbeing
Geraldine Quinn	NHSCT, Health & Wellbeing (Note taker)

### **Apologies**

Rhonda McMullan	Barnardos Young Carers
Karen Millar	Homestart Causeway
Karen Hills	Action Mental Health
Helen Christie	CRUN - Brake
Veronica McKinley	NACN, NICHI Project

### **Welcome & Apologies**

Kate welcomed everyone along to the meeting and apologies were noted. Minutes of the previous meeting were approved with one amendment, Iain asked if his organisation name be changed from Big Lottery Fund to National Lottery Community Fund.

### **Matters Arising**

#### **PANTS Campaign:**

The PANTS Campaign was officially launched in the Northern Trust area on August 25<sup>th</sup>. The workshops are free to anyone working with or supporting families and children in the community. Four workshops were held. Posters and fliers were sent to all primary schools in the Northern Trust area. The responses from primary schools are being collated.

### **Positive Mental Health Emotional Wellbeing Boxes (14+)**

Nine organisations in the Causeway area received the emotional wellbeing boxes. The feedback was very positive. Fresh Minds, the designer of the Emotional Wellbeing Boxes have received a COVID recognition award for meeting the demands of the service.

### **Draft Delivery Plan – Causeway Coast and Glens**

Karina stated that the delivery plan of Causeway Coast and Glens is out for consultation for the next three weeks, any comments can be emailed to Karina.

Action: All

### **CYPSP Parental Participation Survey**

Michelle McGlade Buick from Parenting NI spoke on the findings of the parental participation survey. Stage 1 highlighted general information where stage 2 showed gaps in services. A recommendation of stage 1 was availability and access where stage 2 was more about support for children and young people. Michelle stated that any feedback would be greatly welcomed in order to implement stage 3.

Action: All - email michellem@parentingni.org

What support/help is available is from school - 20%, 22% social media, 18% GP surgery. The main topics were child emotional wellbeing, child behaviour and building child's resilience

Michelle stated that families do feel they have to go to GP for referral to services. Jayne said that it is hoped to have a social worker/mental health worker in the GP surgery but it is a postcode lottery as to where would be available.

Anita asked if anyone wishing to promote their services to contact her at [healthalliance@cswan.org](mailto:healthalliance@cswan.org)

Action: All

### **Survey Findings & Discussion**

Emma spoke about the Parents & Young people's Survey, there was 474 respondents (112 from Causeway Coast and Glens area), 127 young people (26% from Causeway Coast and Glens area). The top three parental needs were mental health and emotional, education and access to play. The top three needs for children are health and emotional wellbeing, sports and fitness, and healthy eating. Emma to email the survey findings to the group.

Action: Emma

Emma stated that there is £1400 of CYPSP money available, open to suggestions as to how to be spent.

The group broke into smaller groups to discuss the top three parental and children's needs.

#### *Group One Response*

Group one's response was fed back by Iain. Iain's group felt that the £1400 should go to the Family Support Hub for counselling and mental health – addressing needs, emotional wellbeing.

### *Group Two Response*

Kate responded - no conclusion as to how to spend the money but the idea from group one is good. With regards to parental mental health – Jane is linking with Shona Hamilton regarding new programmes to run in New Year. 16-18 year age group neglected; survey response numbers pretty low. Michelle has highlighted mental health issues such as suicidal attempts.

Natasha said that there already is a pot of money for the Family Support Hubs and would possibly be best spent elsewhere.

### *Group Three Response*

Sharon responded for the group, more emphasises placed on promoting and supporting schools for young people – resilience, pushed out PE, some schools using time set aside for PE for other subjects, no after school clubs. Maybe provide gender relevant sport for example strength training for boys or yoga for girls.

Emma stated that money could also be available through physical activity money (Nicola Arbuckle). Emma will collate information from Health & Wellbeing Team and forward to group.

Action: Emma

### **Configuration of LPG Groups**

Email was sent out confirming LPG Groups, these will progress to the next stage – working group. Regarding CYPSP / Trust 2 members for each group – chair and member representative. Kate asked if anyone wished to volunteer. Emma to resend emails and get feedback.

Action: Emma

Emma thanked Iain for his work as Causeway chair over the past several years, his commitment to the group and dedication to helping the children and young people in the Causeway area was superb. The group will be seeking nominations for a new Chair in the New Year.

Action: Emma

### **Date and Time of Next Meeting:**

12 January 2021 at 10am via zoom.