



## **Causeway Children's & Young People's Strategic Partnership Locality Planning Group**

**Tuesday 12 January 2021 at 10.00am on Zoom**

### **In Attendance:**

Kate McDermott, Chair – NHSCT Health & Wellbeing Team  
Colette Slevin – Action Mental Health  
Karina McCollum – Causeway Coast and Glens Borough Council  
Helen Christie – BRAKE project, CRUN  
Ruth Nelson – Start 360  
Sharon Kirk – Dalriada Surestart  
Rhonda McMullan – Barnardos Young Carers  
Karen Millar – Causeway Homestart  
Ciara Maxwell – NHSCT Public Health Nursing  
Sean Falls – NHSCT Children's Services  
Janette Tweed – Coleraine Learning Together Partnership  
Lisa Harris – Causeway Coast and Glens Borough Council  
Andrew Gamble – Start 360  
Natasha Gault – Action for Children, Family Support Hubs  
Emma McElhone – NHSCT Health & Wellbeing Team  
Geraldine Quinn – Note taker

**Guest Speakers:** Peter Shaw & John Hunter – Community Sports Network

### **Apologies:**

Chris Lindsay – EA  
Iain McAfee – National Lottery Community Fund  
Elaine Donnelly – Coleraine Surestart  
Jane Reynolds – Causeway MDT  
Tracey Robinson – Fresh Minds Education

### **Welcome & Apologies**

Kate welcomed everyone to the meeting and apologies were noted. Minutes of the previous meeting were read and agreed.

### **Matters Arising**

Kate thanked everyone for their returns regarding the GDPR survey and reiterated that if any outstanding, could they please be returned by the end of the week. Kate also mentioned that due to a packed agenda that if everyone could please send their Members' Update to Emma via email.

***Action: All***

Kate drew people's attention to the fact that there are still places available on Odyssey, Parenting Your Teen training which runs online from 1<sup>st</sup> February – 22<sup>nd</sup> March; follow the link to book a place.

## Additional Funding

Additional funding has become available in order to address the issue of emotional and wellbeing which was top of the CYPSP Survey. Kate gave examples of where money could be used:

*Fresh Minds Education* – offers packages targeting primary school age group and teacher participation, first time offered to community and voluntary organisations, limit licenses for login. Tracy from Fresh Minds happy to do a zoom call for people to hear more about it. Emma to send out reminder email about the course.

**Action: Emma**

*Action Mental Health / Aware* – delivering training online for members. Aware offering Mental Health First Aid training for young people; Action Mental Health offering Healthy Me for adults and children depending on the interest of people.

*Save the Children / NHSCT Emergency Funds* – eligible for children under 6 years of age – vouchers up to £340 per family

*Safeguarding Board NI 'Trauma informed Practice Team'* – running two courses online Level 1 and Level 2, each course takes approximately 40 minutes to complete.

## Community Sports Network

Kate introduced guest speakers Peter Shaw, CEO and John Hunter, Operations Manager from Community Sports Network to speak to the CYPSP Causeway Locality Group.

John talked about the different programmes on offer: Educate & Activate, Participate & Lead, Active Life 18+, Older & Active 55+. Each programme covered the following areas:

<b>Educate &amp; Activate</b>	<b>Participate to Lead 12-18 years</b>	<b>Active Life 18+</b>	<b>Older &amp; Active 55+</b>
<ul style="list-style-type: none"><li>• Energise</li><li>• Primary Sports</li><li>• Jag Tag</li><li>• Primary School Leaders</li></ul>	<ul style="list-style-type: none"><li>• Sheer Skill</li><li>• Active Mentoring</li><li>• Sports Opps</li><li>• Jag Tag</li><li>• Winter League</li></ul>	<ul style="list-style-type: none"><li>• Active Outdoors</li><li>• Community Sports Support Hub</li><li>• Fit Future</li><li>• Munch Club</li><li>• Up &amp; Active</li><li>• Multi Games Training</li></ul>	<ul style="list-style-type: none"><li>• Armchair Aerobics</li><li>• Dander Ball</li><li>• Boccia</li><li>• MOT Testing</li></ul>

Natasha Gault asked how you refer a young person, John stated that EOI forms are completed by groups or individuals, an individual could be matched to another group, run groups of 5-6 people. John stated that anyone could email him with any queries.

Peter stated that CSN have worked in the Ballymoney area and in Arroy / Ballycastle area.

Ciara mentioned that this could be rolled out to the Family Support Intervention Team.

Sean Falls who has remit for Principal Practitioner for Children's Services and who has responsibility for Syrian refugee families living in Portstewart area, Sean wanted to know if CSN worked with Barnardos or EXTERN. John stated that they have worked with Red Cross.

### **Action Plan**

Emma is to complete the action plan up to March 2021 with priorities and objectives.

**Action: Emma**

### *Budget*

Following on from breakout rooms at last meeting as to how to spend the funding, Christmas Craft Packs were delivered to children to keep them engaged over the Christmas period.

Available workshops – ADHD project running next Tuesday/Wednesday by Changing Lives Belfast. To register a place, contact Shauneen at Changing Lives.

It was felt that not as much on offer for teenagers as there is for primary schools. Ciara mentioned that internet safety is a big issue.

### **Any Other Business**

Una from CYPSP was to speak at this meeting, Una has sent her apologies, as she was unable to attend.

### *Youth Voices*

Karina spoke about Youth Voices which have been launched, in partnership with the Council and Education Youth Services, Karina to forward to Emma so as to share widely. The closing date is 22<sup>nd</sup> February 2021.

**Action: Karina**

### *Member Updates*

All members to email Emma with their updates.

**Action: All**

### **Date and Time of Next Meeting**

Tuesday 9<sup>th</sup> March at 10am.