



Children & Young People's Strategic Partnership

Causeway Children's & Young People's Strategic Partnership locality planning group

Tuesday 30th June 2020 10.00 a.m. on Zoom

AGENDA

Attending

Kate McDermott	NHSCT, Health & Wellbeing Manager
Karina mcCollum	Causeway Coast & Glens Borough Council
Natasha Gault	Action for Children, Family Support Hubs
Anita Kelly	(NICHI) Project Officer
Sharon Kirk	Dalriada Sure Start
Lisa Harris	Causeway Coast & Glens Borough Council
Helen Christie	(CRUN) Brake
Janette Tweed	Education Authority
Michele Loughrey	(CRUN) Year Project
Wendy Burgess	Start 360, Key Worker
Karen Millar	Homestart Causeway
Lynsey McVitty	Health and Wellbeing Officer NHSCT
Sabrina Lynn	NHSCT, Team Lead

Apologies

Iain McAfee - Causeway LPG Chair
Karen Hills- Action Mental Health
Rhonda McMullan- Barnardos Young Carers

Introductions and Brief Update Following last Workshop

Kate gave an introduction and provided a brief overview of the NHSCT link to the group in Emma McElhones absence. Kate noted that since the last workshop a lot has happened on the back of COVID19 Pandemic and lockdown, resulting in unexpected and unprecedented challenges for everyone. The NHSCT Health and Wellbeing Team had paused its normal services to set up the shielding service and are now slowly resuming normal activities.

Members updates

Anita Kelly (NICHI)

- NICHI is rolling out a pilot project in conjunction with Sandra Anderson (NHLP) and BRAKE and YEAR groups in CRUN - rolling out a slow

cooker project to young people (16+). NICHI provides the slow cooker and NHSCT provides a gift voucher for food and recipe book – designed by MUDC.

- The Model Toolkit for working with communities to improve H&WB is available to download online <https://healthallianceni.com/nichi-model-tool-kit/>
- Membership to Health Alliance is free to join <https://healthallianceni.com/membership-registration/> and you can receive a weekly ezine – Can also be used to promote activities across NHSCT area if other organisations are organising training or events (over 400 members)
- We also have a new twitter a/c @H_A_NICHI

More online family cookalongs with Alison – Eat SMART and Joanna Neeson – WyseBites (Wed @11.30am during July)

Natasha Gault (Action for Children, Family Support Hub)

The Family Support Hubs are, and have been, working and operating as usual on a remote basis. We are still receiving and processing referrals for all four hub areas. The quantity of referrals has dropped slightly due to the ongoing situation/school closures etc however we anticipate, as restrictions continue to lift, that the referrals received will increase substantially.

Referrals have been signposted as usual to the relevant service where possible. Instead of doing this through the usual hub meeting, the services have been allocated through discussion with myself and Claire Larkin (Hub Manager). We hope to either set up virtual hub meetings within the next month or two with all hub members, or if restrictions allow, meetings to restart whilst adhering to social distancing guidelines. We will keep all hub members posted on this.

Please be aware that referrals can still be sent to the hub through the Family Support Hub email address and the new referral form can be accessed through www.familysupporthubs.com, or can be requested through the hub office on 028 9446 7345 or 028 2827 6044.

Karina McCollum (Causeway coast and Glens Borough Council)

At the outset of the lockdown, Karina was redeployed to Council's Covid-19 Community Response Initiative working closely with Community Development colleagues and local community and voluntary groups to help coordinate and support groups on the ground. Local volunteers from across a wide spectrum including community groups, sports groups, youth groups and churches stepped up to address the impact of coronavirus by providing essential services at a local level. The extraordinary community spirit has been amazing - 95 community response groups are currently listed on Council website. A Covid-19 Co-ordination Hub was quickly set up in the Council Flowerfield Arts Centre, with the aim of assisting the voluntary response to the ongoing pandemic. A principle role of the Hub is to meet the ongoing needs of those most vulnerable in our community and support ranges from providing

social contact to assisting with fuel or medication needs and the distribution of food /care parcels. The Hub works in partnership with the Northern and Western Health and Social Care Trusts.

Opportunities and challenges for the future will include taking the lessons learned from these unique times forward in a positive way. Things are now moving towards recovery and next steps for Community Planning will be to continue review of Community Planning Actions for the future.

Recent circumstances have highlighted mental well-being of individuals including those who are lonely/isolated as issues of concern where the community and voluntary sector are willing and in a position to partner/assist. Updates today have shown that the needs of children and young people are also a priority - how everyone is finding new ways to work to support young people is really remarkable.

In line with previous actions and to avoid duplication of resources and effort, there is definite merit and opportunities in making use of existing/established networks or frameworks in these areas of work when moving forward.

Helen Christie (CRUN)

Brake PYDP is a Youth Development Project Funded by International Fund For Ireland. Currently in our second year we provide training and support to young people 16-25 years living in the Coleraine Town area.

During the COVID lockdown period we have continued 1:1 support with each of our participants, held group sessions via zoom and provided specific support via messages and phone calls. Participants have been completing accredited training courses online, developing personal skills such as cookery and DIY and volunteering within their community. We are hoping to make a phased return to group session inline with guidelines.

Michele Loughrey (CRUN)

YEAR Project have received 5 years funding from The National Lottery Community Fund NI starting from Jun 2019 and therefore will be able to provide support to young people aged 14-24 years within the Causeway Coast and Glens area who face barriers to success, prosperity and engagement. This support can on a one to one and/or group basis. Registration can be direct via the young person, their family or referral agency and we will design a 12 week plan with the young person to assist them to access accredited/unaccredited training, work experience, social enterprise & volunteering opportunities, back up with one to one support to help them successfully transition to adult.

Wendy Burgess (START 360)

The Connection Teams have been working from home and utilising our Social Media platforms (DrugsandalcoholNI) to get Alcohol messages out over lockdown as we are aware that it may become more problematic for some

families. June 15th was Northern Ireland Alcohol Awareness Week and to address this we delivered daily messages to promote safer drinking habits and to make individuals more mindful of their own drinking and how it can impact on their families. We released an Awareness Raising Video to accompany these messages. This was a massive success reaching over 25,000 people. We are also due to complete work within the area with PCSP teams to address the rising concerns for excessive alcohol consumption over lockdown.

Karen Millar (Homestart)

Home-Start Causeway - Family Group sessions are currently closed. Risk assessments and potential premises adaptations are currently being examined in preparation for reopening in the Autumn if reasonably safe to do so. Home-Visiting and group services are currently replaced by telephone and online support with outdoor socially distanced visits conducted only when appropriate. Resource play packs are being distributed to all Home-Start families by our family support worker on a regular basis. Our family support worker is in post for another year thanks to funding from Awards for All. Referrals to Home-Start are still being accepted with the understanding that not all usual support services are available until further notice. Supports are offered according to availability and safety of both family and allocated volunteer/staff. We are currently training a new volunteer and hope to add to our volunteer team as the year progresses. We currently have 27 volunteers in place. 3 volunteers recently stepped down after many years of service. May 2020 is the 25th Anniversary of Home-Start Causeway. A celebration had been planned but is on hold until later in the year.

MATTERS ARISING

Minutes

Members asked to email their membership updates to Kate following meeting and any future meetings on Zoom. All present in agreed.

Venue Spaces

Kate highlighted that the Cedar Foundation have requested access to venues within Coleraine/Ballymoney locality to provide some service delivery to high risk families. Sharon (Dalriada surestart) and Michelle (Crun) have kindly offered potential space for their services.

Safeguarding in a Digital World Masterclass feedback

Safeguarding in a Digital World Masterclass evaluation which some members may have attended the event before lockdown was shared by Kate and talked through on screen. 135 people attended and evaluation was extremely positive. The masterclass discussed the use of social media by children and how their individual circumstances can heighten risk and open pathways to

harm. Evaluation also asked what people felt they needed to know more about, learning from this is being taken forward.

Supporting the Return to School Webinar Update

Kate informed the group that above Webinar had been circulated by Selena Ramsey and was provided as part of the Take 5 Initiative and CYPSP on June 24th. It was attended by 368 participants and very positively received. Closing date for evaluation feedback is June 30th. This will help provide evidence going forward for further roll outs. The group agreed that this would be beneficial.

Action Plan

Children's survey

In light of pandemic and post-pandemic issues, Kate explained how the Locality Planning Group Coordinators have started to look at putting together an on-line survey of the children and young people that we work with, looking at what their needs are in each locality and how they would like these addressed. This information would be an invaluable tool to inform the Action Plan if everyone is in agreement. It is hoped the survey will be sent out in July and kept open until mid-September and results will be shared at our next meeting. The draft survey targets 3 Age Groups 0-8, 9-13, 14-18. Michelle suggested extending the age group to aged 24 as CRUN works with this age group.

Kate asked if everyone would be happy to share the survey with children, young people and parents they work with, no one objected. Kate asked for any volunteers to have a look at the survey to give some feedback before being circulated. Michelle Loughrey and Helen Christie volunteered.

PANTS Campaign – commencing end of August in NHST

NSPCC's "Underwear Rule" campaign- also known as the PANTS campaign – has been supporting and encouraging parents to talk to children aged between 4-8 about staying safe from sexual abuse. The PANTS tools and resources give adults clear and simple ways to open these conversations in a child-friendly way. The key messages for children are:

- P** – Privates are privates.
- A** – Always remember your body belongs to you.
- N** – No means no.
- T** – Talk about secrets that upset you.
- S** – Speak up, someone can help.

Kate and the Health and Wellbeing Officers are working with the NHST Sexual Health Promotion Lead, Florence Hand, to roll this out and will be in touch with each group to promote some training.

Kate will be in touch end of August/start September with more details.

Positive Mental Health Emotional Wellbeing Boxes (14+)

Kate updated the group on the boxes which were designed by Fresh Little Minds and with young people and focuses on themes around connection with peers, memories, strengths, positivity and mindfulness. They were available to organisations working with young people isolated as a result of COVID 19. CYPSP, Local Council Loneliness Networks and NHSCT have contributed to the purchase of them. The cut off date for applications was 26th June and members who have applied can expect to hear by Friday 3rd July how many they have been allocated. This will allow 125 boxes to be provided per council area.

Any Other Business

Kate expressed her thanks to members for attending the meeting in this new format.

Date, time and venue of next meeting

The next meeting is to be held on Tuesday 8th September at 10am via Zoom.