

Notes of Causeway Locality CYPSP on 11 May 2021 at 10am via zoom

Present: Kate McDermott – Health & Wellbeing Team, NHSCT
Emma McElhone – Health & Wellbeing Team, NHSCT
Bryonie Dang – PHN, NHSCT
Gillian Kelly, Homestart
Sharon Kirk, Dalriada Surestart
Deirdre Bradley, EA Youth Service
Michele Loughery, YEAR (CRUN)
Karina McCollum, Causeway Coast and Glens Borough Council
Natasha Gault, Family Support Hub

Apologies: Alex Larsen – MDT

Welcome and Introductions

Kate welcomed everyone to the meeting and to new member Gillian Kelly, Scheme Manager, Homestart.

Minutes of Last Meeting

The minutes of the last meeting were read and agreed. If anyone has any changes, please contact Kate.

Action: All

Matters Arising

Kate gave an update regarding Community Sports Network to say that four projects have been given the go ahead in the Causeway area but as yet none have started.

Action Mental Health delivered training in March 2021 for mental health awareness sessions – 44 staff attended, feedback was excellent.

Fresh Minds – commenced training, two of three training sessions have been completed. Relax and Regulate one more date is available.

MHFA – AWARE are facilitating two courses coming up in June 2021, expression of interests have been sent out.

AWARE Mood Matters – good uptake.

Trauma and Mental Health-Informed Schools & Communities Webinar Friday 26th March, 252 registered, 144 attended.

Gillian McAtackney GAMCARE who spoke at the last meeting re gambling is running training programmes which are coming up in June, 1 hour brief awareness session on 7th June 2021 or 3 hrs training on brief intervention – 14 June. In September Gillian is providing training on Gambling and Gaming, 1 hr or 3 hrs sessions.

Action Plan

Emma drafted an action plan based on the Causeway's top outcomes from young people's survey which are mental health/emotional wellbeing, education, sports and fitness, health. Emma gave a brief overview of the plan and asked if anyone had any additional suggestions. Deirdre suggested a possible inclusion of a project around driving or driving / drink and drugs. Michele suggested an information session around young people applying for jobs, CV writing, possibly have a job fayre in September time.

Bryonie mentioned that teenage pregnancy is an issue; there has been an increase from last year. Bryonie mentioned that where in the past it was the responsibility of the school nurse this has been passed to the Education Authority. Bryonie needs to liaise with clinical lead in order to plan work for year ahead.

Training from Jonny Millar, PHA – OCN Level 2 STI/Contraception held over 4 mornings, there are places available. Emma to send out details again.

Action: Emma

Any suggestions / ideas for inclusion in the action plan, please forward to Emma.

Action: All

Natasha mentioned that it is very difficult for young children to receive counselling in particular primary school age. They have received funding through Vineyard for six referrals in Causeway. Natasha also stated that Breakthrough funding has come to an end.

Deirdre spoke about REACH which provides youth work support for the emotional health and wellbeing of pupils within schools. Deirdre will send link to Emma.

Action: Deirdre

Kate asked who could refer into REACH; Deirdre replied school, education authority, psychologists and ASD service.

Members' Updates

Deirdre Bradley, EA

Deirdre mentioned that the Minister of Education has provided Summer EANI funding to show that young people are outdoors, to some level of physical activity. Groups can register with the Education Authority.

Deirdre and Karina attended a Youth Voice event along with other key partners in planning. Twenty-four young people are asked to test out the plans and comment on these, there was an age range of 15-21 years.

Deirdre asked regarding the CSN funding who to get in touch with, Emma said the contact was Peter Shaw, CEO of Community Sports Network – Emma to forward details.

Action: Emma

Sharon asked Karina if the council were running any physical activities, Karina to find out and feedback to Emma. Karina mentioned at the moment is it more outdoor projects rather than indoor.

Action: Karina

Gillian Kelly, Scheme Manager, Homestart

Gillian introduced herself as the Scheme Manager for Home Start for the Causeway area. Gillian has secured 5 years funding x 30 hours per week.

Michele Loughery, CRUN

Michele drew attention to the Year Project's survey on loneliness and asked if people would complete especially younger age group – under 18 years. 200 responses thus far but keeping the survey rolling on, open ended.

MEA are hosting a masterclass with Koulla Yiasouma, the NI Commissioner for Children and Young People, entitled Overlooked: Loneliness in children and young people on 8th June from 10.30am – 12 noon. Please follow link to register https://northerntrust.hscni.zoom.us/webinar/register/WN_M0IQ8YDORRqN40IW9Qqmmg

Emma to resend link.

Action: Emma

Nominations for Locality Chair

Kate stated that the expression of interest closing date had passed for nominations for Locality Chair. No nominations were received so the closing date has been extended.

Any Other Business

Bryonie mentioned the Text a Nurse Service, Bryonie will forward poster to Emma.

Action: Bryonie

Kate spoke about a Demystifying Disability Hate Crime Webinar to be held on Monday 17th May 2021. Other training coming up is Talk Learn Do on 26 & 27th May 2021 regarding money skills and learning to save for young people.

Natasha mentioned that the Save the Children funding has now ended with approximately £51,000 spend – average family receiving £340.

Date of Next Meeting

TBC