

Causeway CYPSP Locality Planning Group

2 November 2021 at 10am via zoom

Present: Kate McDermott, NHSCT (Chair)
Bronagh McCrory, NHSCT
Julie Emo-Haines, Fresh Minds
Gillian Kelly, Home Visiting Service
Jessica Linden, FSH
Stephanie McMullan, Solas Wellbeing
Helen Christie, Brake, CRUN
Una Crowe, Causeway Down Syndrome Support Group
Sharon Kirk, Dalriada Surestart
Una Forsythe, MDT
Anita Kelly, NICHI, CWSAN
Geraldine Quinn, note taker

Guest Speaker – Peter Shaw, Community Sports Network

Apologies: Chris Lindsay, EA
Deirdre Bradley, EA Youth Service
Fergal Barr, CCGBC
Alex Larsen, MDT
Emma McElhone, NHSCT

Kate welcomed everyone to the meeting; special mention was given to new members. Kate stated that Bronagh will be taking over from Emma, who is moving to Mid Ulster locality within the Health and Wellbeing Team, NHSCT.

1. Minutes of Last Meeting

Minutes of last meeting read and agreed.

2. Matters Arising

Kate thanked all those that completed the Parenting Programme Survey, the results are being analysed.

Expression of Interest for Solihull completed resulting in two dates planned for January / February 2022.

Kate introduced and welcomed today's guest speaker – Peter Shaw, Community Sports Network.

3. Peter Shaw, Community Sports Network

Peter mentioned that over the past year Community Sports Network have run 14 programmes over 166 hours of programmes for 460 individual participants.

CSN have worked with five care homes, one in the Causeway area, Seaport View Children's Home in Portrush. Activities included Munch Bunch and Active Outdoors – food based programme with online programme, each care home given a menu. Peter explained that there are videos of CSN's work on YouTube.

Peter mentioned that Barnardos ran an online activity programme at the end of March, which was mainly from Coleraine area. Year project – 11 young people trained. Mountain biking and caving course for young people in Coleraine with leadership skills included.

Causeway Syrian young people training was held, led by Sean Falls – 6 sessions in total, 12 week programme with 12 young people, 3 from Abbots Cross church and the remainder from Syria, two interpreters also involved.

Peter mentioned that CSN have a Big Lottery funding application pending for work in Stranocum and Armoy. CSN are also involved in a project with ex-prisoners to talk to young people about their experiences. Anyone who has any ideas for delivery of type of programmes, please share through Kate.

Action: All

Una Crowe, Causeway Down Syndrome Support Group would like to know when any funding becomes available, as lack of opportunities since covid; for example, basketball has not been played in 1½ years.

4. Members' Updates

Sharon Kirk, Co-ordinator, Dalriada Surestart

Sharon is the co-ordinator for Dalriada Surestart and covers areas of Bushmills, Rathlin Island and Ballymoney. Sharon explained that Dalriada Surestart are in the process of trying to recruit new staff, which is proving difficult. Some of the initiatives Sharon covers are baby massage, baby yoga and family visiting service. The other services available in Dalriada Surestart are two health visitors and one speech and language therapist.

Helen Christie, CRUN

Helen mentioned that CRUN are based in the centre of Coleraine. Helen stated that CRUN run OCN accredited courses re customer care, health and safety in the workplace, CV building and interview skills. CRUN also help young people with their theory test and have the opportunity to avail of lessons. If anyone is interested in CRUN's courses, email Helen at CRUN.

Action: All

Jessica Linden, Family Support Hub, Action for Children

Jessica explained that she has taken over from Natasha Gault. The Family Support Hub can take referrals from any young person who is not known to CAMHS or Social Services. Jessica spoke about the emergency fund available which can help provide funding for electricity, oil.

Una Forsythe, MDT

Una mentioned that she is attending in the place of Sara-Jane O'Donnell and Alex Larsen from MDT. Una stated MDT provide support to families with behavioural issues including ADHD and ASD, which there is a waiting list. MDT provide parent support groups for those on the ADHD and ASD waiting list.

Gillian Kelly, Scheme Manager, Home Visiting Service

Gillian is the Scheme Manager for the Home Visiting Service, which covers the whole council area. Gillian informed the group that the Home Visiting Service are looking to recruit new volunteers. Volunteers help parents in the home with practical support. Gillian mentioned that currently they employ a Family Support Worker who is working with 18 families.

Anita Kelly, NICHI, CWSAN

Anita works for Cookstown and Western Shores Area Network. Anita stated that if anyone needs events/links promoted to forward items to Anita. Anita left her contact details in the chat function.

Stephanie, Solas Manager

Stephanie is the Solas Manager based in Ballycastle, which offers support to young people and their families. Solas was set up in response to high levels of suicide in the Moyle area. Stephanie stated that mental health impacts the rests of the family as well as young person.

Julie Emo-Haines, Mental Health Lead for Fresh Minds

Julie mentioned some of the programmes run by Fresh Minds eg Let's Grow Together. Julie stated that Fresh Minds are running a programme for bereaved children, Julie to send the link for bereavement for children.

Action: Julie

Julie spoke of Training for Trainers package regarding trauma. Anyone interested in the training to contact Julie at Fresh Minds.

Action: All

5. Locality Budget Spend

Kate stated that each CYPSP locality group – 5 groups each received funding of £2,000, which is to be spent between now and end of March 2022. Emma had sent out Expressions of Interest forms, closing date is 19th November 2021. Any ideas or suggestions please email Emma or Bronagh.

Action: All

6. Any Other Business

Bronagh offered the chance to meet Causeway CYPSP members one-to-one, anyone wishing to meet, please contact Bronagh.mccrory@northerntrust.hscni.net

CYPSP News

Kate mentioned that the CYPSP News goes out every Friday, please send through any articles / links to Bronagh and Emma by Thursday afternoons.

Slow Cooker Training

Anita highlighted the upcoming slow cooker training, which can be offered over zoom.

7. Date of Next Meeting

11th January 2022 at 10am via zoom