

**Minutes of South Eastern Area Outcomes Group, held on
23 October 2018, in Conference Room,
First Floor, Trinity Methodist Church, Ballymacoss Avenue,
Lisburn, Co Antrim, BT28 2GX.**

Present:

Curran Evelyn	HSCB.
Dunn Helen	HSCB.
Hollywood Noelle	Community Health Development Practitioner, SET.
McKimmie Wendy	Action for Children.
Millar Paul	Barnardo's.
Neill Joanne	Bryson Care Children & Young People Service.
Quinn Mary	South Eastern Trust.
Simpson David	Colin Neighbourhood Partnership.
Thompson Stephanie	CYPSP.
White Jason	Assistant Director, Health and Well-Being.
Whittle Brendan	Chair, Director of Children's Services and Executive Director of Social Work, SET.

Apologies:

Scullion Mabel	Resurgam Trust.
Polley Cathy	Ards Community Network.
Doherty Kelvin	Assistant Director, Youth Justice Agency.
Garrett Joanne	Health Development Specialist for Early Intervention.
Armstrong Annie	Colin neighbourhood Partnership.
Leeson Maurice	HSCB.
Lewis Julia	Assistant Director Child Health, SET.
McMullan Pauline	YMCA, Lisburn.
Murray Michael	Assistant Director of Safeguarding Children, SET.
Porter Barbara	PHA.
Sipler Ed	SEDACT.
Vladeanu Linda	Health Development Manager, SET.
Patterson David	Newry, Mourne and Down District Council.

In Attendance:

Angie McCabe	PlayBoard NI.
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	Agenda Item	Action
1.	<p><u>Welcome, Apologies and Introductions.</u></p> <p>The Chair welcomed everyone to the meeting. He apologised for re-scheduling the meeting and thanked everyone for attending. A round of introductions followed. Apologies were noted.</p>	
2.	<p><u>Minutes of last meeting.</u></p> <p>The minutes of 7 August 2018 were agreed as an accurate record of discussion.</p>	
3.	<p><u>Matters Arising</u></p> <p>a. <u>South Eastern ACE Resources Flyer Update</u></p> <p>Stephanie Thompson referred to Ed Sipler's 'ACE' resource paper on the different programmes available in the Trust to help address Adverse Childhood Experiences (ACEs) and advised that the paper was sent to the 'NI Regional ACE Reference' group. The 'NI ACE Reference' group has agreed to liase with Ed Sipler through the 'Trauma Informed Practice' project and Ed will become a member of the 'Health Stakeholder' group for the 'Trauma Informed Practice' programme. The group will build on the resources.</p> <p>b. <u>Safeguarding training in Ards and North Down</u></p> <p>At the last meeting Cathy Polley raised concerns about the long waiting list for safeguarding training in the North Down and Ards area. The Chair advised that Ian McPherson, Keeping Safe, has offered and arranged a number of training dates for Safeguarding training in the Ards and North Down area.</p> <p>c. <u>Workshop – February 2019</u></p> <p>This was deferred to the December meeting.</p>	

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	<p>It was agreed that Stephanie and the Chair will prepare a draft workshop agenda for sign off by members at the next meeting. It was noted the workshop will review achievements to date and next steps of the action plan for the next three years.</p> <p>Stephanie has suggested that the time for this workshop is extended from 1.00 pm - 4.30 pm rather than 2.00 - 4.00 pm as previously noted.</p>	
4.	<p><u>Presentation: EITP Early Intervention Play Matters</u></p> <p>Angie McCabe, Training and Development Officer, PlayBoard NI, explained that PlayBoard NI is an independent charity and the lead organisation for the development and promotion of children and young people's play in Northern Ireland. PlayBoard NI supports children and young people's play through service delivery, campaigning, research, partnership working and promoting best practice in Play and Playwork.</p> <p>Angie McCabe explained that the Department of Education has funded a programme called 'Play Matters'. Agnie McCabe presented 'Play Matters' to the group (see attached presentation).</p> <p>It was agreed that training information will be circulated across members and locality planning groups. Training dates have been arranged between the project team and local councils. Members are welcome to attend.</p> <p>Training dates can be accessed via www.playboard.org under Play Training for Professionals</p>	
5.	<p><u>Presentation: South Eastern Family Support Hubs and Members Survey, 2018</u></p> <p><u>SEHSCT Family Support Hubs</u></p> <p>Helen Dunn, HSCB, gave an overview on the work</p>	

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<p>of the SEHSCT Family Support Hubs (see attached presentation).</p> <p>The Chair asked Helen Dunn if there were any messages identified in the report.</p> <p>Helen Dunn highlighted the following:</p> <ul style="list-style-type: none"> • there is an opportunity to intervene early with children in the age range 5 – 10 years; • more services are required in the 11 -15 age range, however, it is difficult to engage with this age group; • the South Eastern Family Support Hub receives the highest number of referrals of children with a disability, 26% compared to 19% regionally. These children need further support. <p>The group agreed that Family Support Hubs should be a substantive item on the agenda, to look at how we shape our services, what works well, what the difficulties are and the resources available?</p> <p>Helen Dunn agreed to invite Hub Co-Ordinators from other areas to the December meeting, to share how they provide services. It was agreed that there will be a joint discussion to explore other hub models at this meeting.</p> <p><u>Core Members Survey</u></p> <p>Helen Dunn advised that every year a 'Survey Monkey' is sent out to all the core members of the Family Support Hubs in the region. This year the survey was sent to 684 members, 203 members responded, 13 responders were from the South Eastern Family Support Hubs. Overall members were very positive about the services provided and reported that the services are making a real difference.</p>	<p>Helen Dunn</p>

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6.	<p><u>South Eastern Outcomes Group Children's Plan</u></p> <p>The Chair referred to the 'South Eastern Outcomes Group Children's Plan' and advised that Stephanie Thompson has updated the plan. Members were requested to review the plan and send their updates/achievements under each priority area to Loraine Crossett for inclusion in the plan before the next meeting.</p> <p>The 'South Eastern Outcomes Group Children's Plan' will be discussed and reviewed at the workshop on 5 February 2019.</p>	All members
8.	<p><u>South Eastern Assessment Update</u></p> <p>Stephanie Thompson explained that the Social Investment Fund had an underspent and the Trust agreed with the Executive Office that the funds could be used to complete a 'Needs Assessment' study. The 'Needs' Assessment' study will identify what the needs are in the South Eastern area.</p> <p>Stephanie Thompson advised that a tender was awarded to Lorraine Thompson, a consultant, who will take forward the review of the Lisburn Early Intervention Best for Every Child Report with Mabel Scullion.</p> <p>In the Ards and North Down and Down Sector an agency called S3 Solutions was awarded the contract to develop a needs assessment/service analysis report for each area. Both contract providers will work within the contract planning group to take forward the work and will join locality group meetings in the interim to complete this piece of work with members.</p>	
9.	<p><u>Locality Planning Group dates</u></p> <p>A locality planning updates with a series of report cards were circulated to outcomes group members prior to the meeting.</p>	

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	<p><u>North Down and Ards Locality Planning Group.</u></p> <p>a. <u>Back to School Project</u></p> <p>The 'Back to School Uniform' project has been completed and was very successful.</p> <p><u>Drug/Alcohol and Family Support Networking Event – September 2018</u></p> <p>Noelle Hollywood advised that 40 people attended the event and it was an excellent networking event.</p> <p><u>Botvin Life Skills Training Programme for Teachers</u></p> <p>The 'Botvin Life Skills' training for teachers pilot commenced in August and will be rolled out in schools across the South Eastern area this term.</p> <p><u>SIF Programme</u></p> <p>The SIF programme has now ended.</p> <p>b. <u>Colin Early Intervention Group</u></p> <p>Colin Early Intervention (CEIC) is working through the post-SIF scenario to maintain as much of its skills base and programmes as possible.</p> <p>The Partnership with Parents programme is continuing at a reduced level with funding through the Lisburn Family Support Hub, and is being delivered by CEIC across Colin.</p> <p>MAP continues to be delivered in two Colin schools but there is likely to be a sharp drop in the Incredible Years delivery.</p> <p>Two Incredible Years ASD programmes were successfully delivered in Colin over the summer and funding is being sought to deliver more.</p>	

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	<p>A Strengthening Families programme will commence on 23 October 2017 with sixteen parents, fifteen young people, seventeen children in crèche.</p> <p>Over sixty teachers/classroom assistants have been trained in Talk Boost/Early Talk Boost across eight local nursery/primary schools.</p> <p>A funding bid has been made to the Assets Recovery scheme for adolescent counselling services.</p> <p>The Speech and Language, Primary School counselling, and Early Parenting Programmes are being maintained.</p> <p>The Changing Lives (ADHD-focused) programme is currently delivering three Incredible Years ADHD programmes in Colin, Shankill and West Belfast. A further five programmes will be held in January/Feb 2019. The project is an associate member of four</p> <p>Belfast family support hubs, as well as being directly represented on the Lisburn hub.</p> <p>The Changing Lives partnership is holding a conference in Belfast on 21 May 2019, to advocate for community-based intervention being properly integrated into the treatment pathway. The partnership is also hoping to launch a further work strand early next year in the area of addressing ACEs/developmental trauma in the families.</p> <p><u>Planning, Review and Development</u></p> <p>Three Planning, Review and Development workshops were held in Colin and a report was produced with Centre for Effective Studies, identifying areas for progression for CEIC, which will be launched at an event towards</p>	

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	<p>the end of this year. Discussions around this are feeding into joint work planning between CEIC and the Centre for Evidence & Social Innovation at QUB, around a possible community outreach Hub, as well as a proposed European bid under an Urban Poverty theme.</p> <p>c. <u>Down Locality Planning Group</u></p> <p><u>Smoke Free Homes Initiative</u></p> <p>The 'Smoke Free Homes' initiative was launched in September 2018, by Midwives in the Down area. This will be rolled out in the Lisburn area.</p> <p><u>Down Directory of Family Support Services</u></p> <p>The Down Directory of Family Support Services was launched in September 2018. The Directory will be distributed at events and given to Social Workers and Health Visitors to distribute.</p> <p><u>Back to School Project</u></p> <p>A 'Back to School Project' was completed in Ballynahinch and Newcastle. The project will relaunch again in Spring 2019.</p> <p><u>Positive Steps Training</u></p> <p>'Positive Steps Training' is scheduled to take place in November 2018. This training is for organisations working with parents of a child with additional needs.</p> <p><u>Local Needs Assessment underway</u></p> <p>A local 'Needs Assessment' study is currently underway to identify the needs in the area.</p>	

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	<p>d. <u>Lisburn Early Intervention Group</u></p> <p>As Mabel Scullion was unable to attend today's meeting, she provided the following update:</p> <p><u>Help Kids Talk Initiative</u></p> <p>A further meeting was held with LCCC, BCC, and the PHA to discuss a proposal to take the 'Help Kids Talk' initiative forward and scale up. Information has also been sent to PfG Tommy Reilly lead for Outcome 12 for consideration. Two groups have been set up – training development and a communication subgroup. There is good representation on both groups including local partners/grandparents. The initiative was shortlisted for the PHA AHP Awards – Building Community Capacity – 7 November 2018.</p> <p>EIL was successful in the PHA small grants application for delivery of Adverse Childhood Experience workshops for parents and stakeholders commencing October 2018. This will involve follow up support sessions for both parents and stakeholders.</p> <p>A consultation with young people on what matters to them growing up in Lisburn took place with 236 young people responding.</p> <p>In general, young people were negative about their experiences of growing up in Lisburn. While young people appreciate their youth clubs, having a swimming pool, cinema and bowling alley, they felt there were few spaces for them to hang out and lack of sports provision. The young people felt the environment in relation to litter and graffiti could be improved.</p>	

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	<p>Young people also reported the use of drugs and abuse of alcohol, as being of great concern to them.</p> <p>Bullying and peer pressures are also issues of concern for young people with the added pressure of social media making it difficult to get a break from such issues.</p> <p>Young people feel mental health is not talked about enough and it is difficult to get the help they need with a lack of school counsellors and long GP waiting lists. Young people would like services to focus on support with stress, improving self-confidence, depression, anxiety, self-harm, suicidal thoughts and drugs and alcohol.</p>	
10.	<p>AOB</p> <p>a. <u>Domestic Violence Awareness Session for staff – 16 November 2018</u></p> <p>Stephanie Thompson referred to the 'Domestic Violence Awareness' flyer which was circulated to members with the minutes. Stephanie advised that the sessions are aimed at practitioners and family support staff, who are new to organisations. Members were ask to disseminate within their organisations and encourage staff to attend.</p> <p>Places on the 'Domestic Violence Awareness' sessions can be booked on HRTPS or by emailing Donna O'Connor at Donna.OConnor@setrust.hscni.net</p> <p>The Chair informed the group that this is Stephanie Thompson's last meeting. Stephanie has been seconded to the Safeguarding Board for Northern Ireland to work on the EITP Trauma Informed Practice Professional Development project. Una Casey, will replace Stephanie from the December meeting onwards.</p>	

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	<p>The Chair thanked Stephanie for all her hard work and stated that she will be greatly missed.</p>	
11.	<p>Date of Next Meeting:</p> <p>Tuesday 4 December 2018, 2.00 pm – 4.00 pm, Training Room 2, Main Building, Downshire Hospital, Downpatrick, Co Down.</p>	