

Minutes of South Eastern Area Outcomes Group,
20th September 2021 –Via ZOOM

Present:

Jason White (Chair)	Assistant Director, Health and Well-Being
Linda McConnell	Assistant Director Children & Young People's Family Support and Safeguarding Services.
Una Casey	CYPSP/HSCB
Julie Kirkpatrick	Assistant Director Children & Young People's Healthcare
Wendy McKimmie	Action for Children
Ed Sipler	Health Development Specialist – Addictions
Pauline McMullan	YMCA Lilburn
Annie Armstrong	CMP
Maxine Gibson	CYPSP/HSCB
Cathy Polley	ACN
John Hunsdale	Assert
Rachel Long	Bernard's
Lorraine Noade	Principle Social Worker, Cared for Children
Julia Duffin	Child development Interventions Co-Ordinator
Valerie Maxwell	CYPSP/HSCB
Pauline McMullan	YMCA
Joanne Neill	Senior Manager Operations & Compliance, Bryson Care Children & Young People's
Kerri Sloan	PA to Jason White

Apologies:

Barbara Campbell	Director of Children's Services & Executive Director of Social Work
Lynda Vladeanu	Head of Health Improvement

Monika Ciok-Giertuga	YMCA
Patricia Mackey	AND Council
Sharon McMinn	CYPSP/HSCB
Barbara Porter	Health & Social Wellbeing Improvement Manager
Mabel Scullion	Barnyards
David Simpson	CNP

	Agenda Items	Actions
	Welcome and Apologies	
	Jason welcomed everyone to the meeting, apologies were noted and a round of introductions made.	
	Overview of CYPSP Data – Valerie Maxwell	
	<p>Valerie gave a comprehensive review of SEOG Summary Needs Analysis identifying poor performing indicators and areas for concern. Valerie discussed the CYPSP overarching priorities and explained the reports in which the data was abstracted from. (Please see attached PDF/PowerPoint for detailed information).</p> <p>The group agree that Valerie presented very useful and informative data.</p> <p>Annie (CNP) queried the age group that the NI youth Forum survey included and also if the information was available for each locality.</p> <p>Ed added he found the presentation very informative he added that he found from his own training on ‘Building your child’s developing brain’ that, parents found that having the confidence and support to deal with children’s issues was a problem. He thanked Barnardo’s for their feedback on his training but added that feedback from other attendees was very slow coming back – he added that he had a meeting scheduled (Tuesday 21st) with managers and will be in touch with the various organisations to strengthen the evidence on how effective this intervention is.</p>	Valerie to find send a copy of NI Youth forum Survey to Annie and links to locality informatio

	<p>Valerie also discussed the SEOG plans for 2021-2024 and the desire to standardise the plans , she also shared the One Page Plan which needs to be completed by November 2021</p> <p>Valerie also gave an overview of the Translation Hub The hub can be accessed through the main CYPSP website and there are also QR codes available. The site uses Browsealoud which allows users to access the site wide range of languages. Once the user’s language is chosen all information on the site is translated to the chosen language and also how all the documents added have been translated. The site is very comprehensive and Valerie suggested members take time to go through the site and see the wide range of areas covered. http://www.cypsp.hscni.net/translation-hub/</p> <p>Valerie also gave a demo of the Youth Wellness Web, this was launched just a month ago and so far feedback has been very positive, again this is available via a quick link on the main CYPSP website. Valerie explained how this site was developed by the young people themselves and how the format and content was created and had input from them. Each section has been laid out using the same format but specific to each age group and also a parent/teacher section. It uses short videos, pictures and podcasts to provide information on a wide range of topics in connection with the Emotional Health and Wellbeing of our Children. Valerie suggested members took some time to go through the site and see the wide range of information available. She is also suggested that members could help spread the word of the excellent source of information for young people. http://www.cypsp.hscni.net/youth-wellness-web/</p> <p>Again the group agreed that the Youth wellness web was a fantastic source for the young people and it was an excellent piece of work. Valerie added she would send through some leaflets to be distributed by the group.</p> <p>Valerie left the meeting.</p>	<p>1-1 meeting to be arranged Una Casey – Jason White</p> <p>SEOG plan 2021-2024 to be added to next meeting Agenda</p>
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	SET Outdoors	
	<p>Jason provided a brief overview on the developments of the SET Outdoors initiative and the wide range of activities that were taking place; he explained how the SET Outdoors had explored new ways of delivering therapy, as opposed to a hospital 1-1 setting. The team is currently working with Children's mental health services including CAHMS, SET connects, prisons health etc., and using outdoor and animal therapy as a means of providing a new approach to therapy, some of the activities currently available are outdoor swimming, goat yoga and sailing.</p> <p>Linda McConnell added that the initiative was working really well and she was keen to see it continuing and developing.</p> <p>Rachel Long added that SET outdoors worked alongside ABC PIPs to deliver a programme to a group of mums with mental health problems, despite initial reservations the programme was hugely successful with excellent outcomes and great feedback, there is another programme starting in the Colin area soon.</p> <p>Annie queried whether the SET outdoors was aimed at a specific group and how could it be incorporated into services currently offered.</p>	<p>Newspaper article from Newry Observer to be distributed to group.</p> <p>Jason to send details of the programmes on offer to Annie</p>
	Integrated Step 1 and 2 Mental Health model for children and adults	
	<p>Jason spoke to the group about how they were currently having conversations about the possibility of integrating Step 1 and 2 of Mental Health for Children and Adults and providing a trust wide point of access, where service users will all have the same level of and access to services, as opposed to what is currently happening where it is dependant on your area as to what services are available to you.</p> <p>The group discussed self-help therapies which are available, Cathy Polley discussed EFT – and they have an accredited training course that is available to users.</p> <p>The integrated model is at early stages but working</p>	

	<p>groups will be set up in the future to see how resources can be pulled and how the model will progress.</p>	
	<p>Poverty Fund</p>	
	<p>Annie updated that Belfast City Council had asked questions regarding funding needs going forward however they had not be given any confirmed additional funding.</p> <p>Their main worries in Colin Area are as furlough is ending and the increase in costs of both utilities and food, also the effect the cold weather will have on families</p> <p>Annie is keen for Winter Warmer packs to be made available for families as a matter of urgency.</p> <p>Annie also queried the roll out of the Vaccine for 12-16 year olds, and how and where this would be carried out, she suggested a school setting would have the most uptake although she was aware of the shortage of School nurses – Julie stated a meeting was due to take place and that as soon as a plan was in place, she would share with the group, but it was hoped that it would be provided in schools.</p> <p>Cathy Polley also discussed the main issues arising in the AND area, the fact that services are still not up and running and she believes the impact this is having on their service users is detrimental, with the added worries of Fuel and food poverty.</p> <p>Cathy is keen for services to be up and running as quickly as possible as we learn to live with Covid. She had particular concern that GP surgeries were still not running anywhere near normal.</p> <p>Jason added that from a Children’s perspective a lot of the services continued to run throughout Covid and Linda also commented how services were running but unfortunately due to restrictions it was a much slower process with staff working just as hard but half capacity due to risk assessments Etc.</p> <p>Cathy praised Sure Start throughout the pandemic.</p> <p>Lorraine discussed how the Disability teams had been working hard but that due to the restrictions there were limitations around short breaks for families and this was having an impact those who used the service. They had developed new services throughout the last 12 months however again these services were significantly more limited.</p>	

	Any further updates from Locality Planning Groups	
	<p>New Colin updated that there were some issues within primary schools with regards to counsellors being available and herself and Rachel agreed to have a chat about this.</p> <p>They are still supporting families with uniforms, food and fuel poverty.</p> <p>They were also disappointed that many of their summer activities were cancelled and this had an impact on families in the area they hope to organise some activities around Halloween.</p> <p>Annie reiterated that Warm home packs would be greatly appreciated in the area.</p> <p>Pauline updated on Early intervention Lisburn and the Trauma informed shared learning event, year one is now complete and they are meeting to discuss priorities going forward into year 2. Mabel will share any information from the meeting.</p> <p>She also discussed the new interactive art programme which should be on display within the next 6-12 months.</p> <p>Cathy updated in AND, she said this year they became aware of families of children with disabilities who were struggling with uniforms costs, especially as the costs of specially adapted clothing was much more expensive than general uniforms, they also felt the negative impact that not having their big summer events had on the community.</p> <p>She was also keen on the Warm home packs being made available to families.</p> <p>AND also had issues with employment and career advice, she felt the lack of career guidance and the job centres still be closed was having a detrimental effect on young people.</p> <p>Lynda Vladeanu noted in her apologies that NMD LPG meeting was cancelled due to leave and the next one was scheduled for October – a further update would be available then.</p>	Jason to follow up on Warm home packs.
	AOB	
	None	
	Jason thanked everyone for their input and a very useful meeting	
	Next meeting	
	TBA	

