



Minute of Western Area Outcomes Group
held on 1 May 2019 at 10 am
Strabane Enterprise Agency

Present:

- Ms Ann McDuff, Assistant Director Community and Public Health, Western Health and Social Care Trust (Chair on behalf of Ms Deirdre Mahon)
- Ms Aileen McGuinness, Chair Derry Locality Planning Group
- Ms Allison Wallace, Waterside Neighborhood Partnership
- Ms Angela Wade, Business Manager for Women and Children Services
- Ms Brenda MacQueen, Director, Dry Arch Childrens Centre
- Ms Bronagh Donnelly, Locality Planning Coordinator Ms Carrie Tracey, Rainbow Child and Family Centre
- Ms Claire Lynch, Derry City & Strabane District Council
- Ms Colleen Heaney, Assistant Director, Youth Justice Agency
- Ms Helen Dunn, Regional Family Support Hub Coordinator, Health & Social Care Board
- Ms Linda Watson, Caw/Nelson Drive Community Association
- Ms Lisa McGrath, (On behalf of Ms Joanne Sweeney), Families Support Manager, MENCAP
- Ms Muriel Bailey, Director for Family Support Services, Parenting NI
- Mr Paul Kellagher, Children's Services Manager, Action for Children
- Mr Paul Sweeney, Programme Manager, Extern
- Ms Priscilla Magee, Locality Planning Coordinator
- Mr Robert Gibson, Director of Community Health and Leisure, Fermanagh & Omagh District Council
- Ms Sheena Funston, Acting Head of Service for Health Improvement Equality & Involvement Department, WHSCT
- Ms Una Casey, Business Support Manager, CYPSP

1	<p>Apologies</p> <p>Ms Deirdre Mahon, Director of Women & Children's Services, WHSCT (Chair)</p> <p>Chief Inspector Jonathon Hunter, PSNI</p> <p>Mr Kevin Duffy, Head of Service Family Support, WHSCT</p> <p>Ms Joanne Sweeney Family Support Programme Manager, MENCAP NI</p> <p>Mr Maurice Lesson, Professional Advisor for CYPSP</p> <p>Ms Monica McIntyre, Department for Communities</p>
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	Ms Maura Mason, Western Childcare Partnership
2	Notes of Previous Meeting held on 27 February 2019 Approved.
3	<p>Matters Arising</p> <p>The sub-group members for funding are, Una Casey, Claire Lynch, Colleen Heeney, Bronagh Donnelly, Priscilla Magee, Monica McIntyre and Sheena Funston.</p> <p>The Early Intervention updates agenda item will be added to future agendas when necessary.</p> <p>The launch of the future food inquiry report is available from CINI. Attached link displays report https://foodfoundation.org.uk/the-childrens-future-food-inquiry-final-report-is-here/</p> <p>Members agreed that similar programmes to Cook It! should be available. Ms Sheena Funston mentioned the difficulty of encouraging parents to attend cookery skill classes.</p> <p>450 young people benefitted from the WAOG funded Holiday Hunger funding in summer 2018. It was noted that CiNI's Holiday Hunger projects have some sponsorship from private businesses and it was suggested that this could be an avenue worth investigating.</p> <p>Mr Paul Kellagher highlighted that there are food poverty issues within the Care Leavers group often caused by the lack of cooking and budgeting skills. Members were asked to explore possible projects which would benefit the Care Leavers group.</p>
4	<p>Update from Locality Planning Groups attached (Ms Donnelly and Ms Magee to report)</p> <p>Ms Donnelly and Ms Magee referred to attached papers.</p> <p>Reduced timetables are increasingly prevalent. Three High schools in Derry are exploring reduced timetables and looking at resilience and mental health.</p> <p>It was agreed that the Resilience film should be viewed at SMT and CMT meetings to raise Trauma- Awareness across the Trust.</p> <p>An issue was raised in relation to Ethnic Minority Families in the rural areas of Fermanagh and the process for assessing the needs of this client group as well as how these needs would be met. Mr Kevin Duffy previously represented the Trust on a group that looked at this and Ms Wade was asked to discuss this with Mr Duffy.</p>

Action:

Mr Kevin Duffy to provide a brief on the current approach to Ethnic Minority Families in the Trust area.

Ms Donnelly reported on the waiting times within CAMHS and ASD services with a 38% increase of referrals into CAMHS. It was advised that Ms Sonia Montgomery is exploring a Health Promotion programme known as Fresh Little Minds. Ms Montgomery will focus on suicide prevention as many teachers feel they need appropriate training and support. Mr Paul Kellagher also thanked Ms Donnelly for highlighting the high demand and strain on CAMHS and ASD services, advising that Action for Children is carrying out additional work.

Ms Brenda MacQueen mentioned the pilot which explored Play Therapy which is a non-talking Therapy critical to our Younger Children who do not have the language or vocabulary to express feelings in traditional talking therapies.

This service was piloted with a small grant from the Western Area Outcomes Group and was offered to schools within the Borough of Limavady, particularly the rural hinterland, where the majority of referrals for “High Anxiety” “low mood” and more complex mental health concerns are emanating.

The service is a partnership with Parents, GP’s, CAHMS, Schools and The Dry Arch Children’s Centres and the pilot is currently being evaluated

Ms Magee reported that she attended a very informative seminar hosted by the Institute of Mental Health Sciences, Ulster University and NSPCC. The ‘Transgenerational Trauma and Childhood Adversities: Understanding the Legacy of the Troubles and Approaches to Trauma Informed Care’ reflected on the rates of mental illness and suicide in NI which are higher than in neighboring regions. The conference included evidence on the extent of childhood adversities in NI, and how it contributes to mental illness in adolescence and adulthood; Data on Childhood Adversities from the World Mental Health Survey in NI, and highlighted the need for interventions to address the impact of ACEs.

It was noted that additional funding from the Transformation Fund has been secured for the Family Support Hubs.


5

Dr Karen Treisman report

Ms Casey referred to the attached feedback report.

Overall feedback from the Dr Karen Treisman was extremely positive. The next steps will involve follow up workshops and reaching training to wider groups. Ms McDuff asked for this to be shared amongst organisations to take forward.

Trauma-informed organisations will be put on the agenda for the next meeting for

	<p>further discussion.</p> <p>Members to take note of the attached link-Resources for professionals SBNI paper. https://www.safeguardingni.org/resources-professionals.</p>
6	<p>Digital Parenting Support</p> <p>Mr Kellagher informed members that Action for Children ran a pilot on Digital parenting support in England.</p> <p>Parental support was offered by Family support workers through online conversation. The pilot was mainly focused on parents living in rural areas with children under 5 years old in relation to queries and concerns about their child’s behaviour. The four cases attached are parents who used the callback.</p> <p>Mr Kellagher mentioned that the pilot was successful. The system was easy to use while also effective and the system costs are relatively low.</p> <p>It was noted that CiNI are managing a parent helpline for the region called <i>Parent Line NI</i> – this has a free phone number 0808 8020 400 and also offers online chat support, therefore there is a need to be mindful of duplication.</p>
7	<p>Presentation – Derry City and Strabane District Council - Community Planning - Children and Young People’s Theme</p> <p>Ms Claire Lynch and Ms Bronagh Donnelly delivered their presentation on Community Planning - Children and Young Peoples Theme.</p> <p> WAOG draft 3.pptx</p> <p>Refer to presentation slides and attached papers.</p> <p>Ms Donnelly welcomed everyone’s thoughts regarding the Child Poverty Advocacy Group. Dates for a workshop will be proposed.</p> <p>Actions: Ms Lynch will circulate the progress reports that go to the Steering Group Board and Youth 19.</p> <p>Ms Funston and Ms McDuff agreed to have a discussion on Pioneering Communities.</p>
	<p>Ms Margaret Ferris and Dr Mary McDaid delivered their presentation on WHSCT ASD services:</p>



WHSCT Children's
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Following the presentation, members discussed possible ways that could tackle the waiting list within ASD services. Members discussed providing services that could offer support to those parents waiting on a diagnosis for their child. Dr Mary McDaid also mentioned enhancing connections with Statutory organisations. By gaining knowledge into families, this would assist in the professional diagnosis. Mr Kellagher added that this would prevent duplication of questions that are asked to families.

Action:

Ms Funston agreed to put forward a meeting to consider Autism Speech and Language training which would support Autism services. Circulation list will be from the Western Area Outcomes group membership list.

8

Safeguarding

Mr Kellagher reported on the number of services lost due to the closure of Edges and Breakthru and the pressure experienced by the Family support Hubs.

A discussion took place about the need for more social workers in rural areas, and the possible needs for incentives to encourage new social workers to take up posts in this area.

Mr Kellagher mentioned the Signs of Safety training being delivered in the Statutory sector and queried if this will be available to the Community/ Voluntary sector. Mr Kellagher will discuss this with Ms Deirdre Mahon.

9

CYPSP Think family sub group/hidden harm

No updates

10

Any other Business

Ms Casey advised that Parenting NI funded by CYPSP has carried out a Regional Parenting Survey and requested for it to be presented at the June Western Area Outcomes Group meeting.

Ms Brenda MacQueen mentioned the lack of funding from PHA for Health promoting homes.

Action:

Ms MacQueen agreed to draft a letter of support for Ms Deirdre Mahon to

	consider regarding the withdrawal of support for the funding of The Healthy Promoting Homes programme.
11	Date time and venue 26 th June 2019 at 10am in the Conference Room, Strabane Enterprise Agency.