

## Report from Locality Planning Groups to Northern Area Outcomes Group

Month April –June 2021

<p><b>Current Issues being Discussed at LPG:</b> Including: Gaps in services/Emerging needs</p>	<ul style="list-style-type: none"><li>• Missing out on education over pandemic.</li><li>• Internet safety and hidden harm element of social media on mental health.</li><li>• MHEW. Lack of counselling, particularly for CYP aged 4-11 years</li><li>• Poverty- food, uniform, digital</li><li>• Anti-social behaviour and risk taking behaviour</li><li>• Rebuilding after the pandemic. Services opening up again.</li><li>• Gaps in evidence based parenting programmes for young parents, particularly MU area.</li><li>• FSHs report via LPGs that specific funding for counselling has now expired, and they are already noticing a high increase in referrals that will have to be recorded as 'unmet need' for the May hub. This is due to the shortage of services and long waiting lists impacted by Statutory Services. Previously FSH Hub were utilized to help reduce statutory waiting list and offer immediate support. This will have a significant impact on CAMHS.</li><li>• Gap in services highlighted in Newtownabbey area to support those who reside outside of the 'ThriveProject' boundary.</li><li>• SEN and BAME appropriate resources to accompany awareness raising of resilience and workshops.</li><li>• Hidden harm of youth gambling- increase in problem gambling amongst NI young people (Gamcare)</li></ul>
<p><b>Recent Achievements by the Locality Planning</b></p>	<ul style="list-style-type: none"><li>• On the back of Northern CYPSP LPG/ CYP and parents survey, funding secured through NHSCT Children's services to meet identified needs addressing top priorities - MHEW and physical activity: Expressions of Interest circulated to LPG</li></ul>

**Group.**

How much did we do?

How well did we do it?

Is anyone better off?

(can be included as a report card)

members across Northern area.

**MHEW**

- Aware NI: MHFA- 25 people registered for June sessions
- AMH Mental Health sessions- 44 attended staff sessions OBA completed  
41 attended parents sessions OBA completed
- Fresh Minds Education Relax and Regulate- 10 people completed training

**Physical Activity**

- Secured funding for a range of Community Sports Network programmes delivered in partnership with LPG members to CYP of various ages and needs promoting physical activity and healthy nutrition as well as leadership programmes. These have proved very popular and high demand. Anecdotal evidence to date positive and encouraging.
- Looking After Me journals given to children as a tool to promote and improve MHEW
- 330 Looking After Me Journals distributed to Newtownabbey LPG members in May/June 2021
- Co-ordinated and promoted Demystifying Disability Hate crime webinar- 19 attended
- GamCare sessions held in June to help organisations working with families understand the impact of gambling on families, how CYP can begin gambling, problem gambling, gambling in gaming and where to signpost parents, children and young people for help with gambling.
- Talk, Learn, Do staff sessions carried out. This training equips staff to deliver the money management course Talk, Learn, Do to parents to help parents talk to their children aged 3-11 about money and help them build good money management skills for life. OBA being completed.
- Antrim/Ballymena: Worked in partnership with MEA council to fund outdoor toy box in People's Park to promote outdoor play, connection with nature and others and sustainability. Launched in June.
- Causeway Young Carers course – 7 young people participated in a Teens Wellness Programme. The 5 week programme focused on self-care, learning about stress and

	<p>stress responses, negative thinking patterns and affirmations. Feedback from young people was very positive feeling that it came at a time when stress levels were heightened around school workloads and returning to school to do exams. The programme was complimented by a wellness resources from Fresh Minds Education and funded by NACN.</p> <ul style="list-style-type: none"> <li>• Save the Children initiative supported and promoted through LPG organisations to help families living on a low income through the pandemic crisis and ensure early learning inequalities for children are not exacerbated. Through Family Support Hubs 158 families and 341 Children supported Jan-March 2021 and 70 families, 135 children supported through community advice centres in Newtownabbey. The initiative provided a lifeline for many and strengthened relationships between organisations and families in need ((Report Card attached).</li> <li>• PANTS Campaign completed. PANTS resources sourced, bought and disseminated to interest member organisations and Public Health Nurses. Evaluation being completed.</li> </ul>
<p><b>Engagement with Children and Young People, Parents/Carers:</b> including numbers</p>	<p>See above</p>
<p><b>Meetings Held:</b> Break down of number of meetings held: How many attended:</p>	<ul style="list-style-type: none"> <li>• Antrim/Ballymena 18<sup>th</sup> May 19 attended</li> <li>• Larne/Carrick LPG – 5 May – 16 attended</li> <li>• Larne/Carrick Task &amp; Finish Groups <ul style="list-style-type: none"> <li>○ Mental Health &amp; Emotional Wellbeing – 7 May - 5 attendees, 11 June – 4 attendees</li> <li>○ Poverty – 13 May – 6 attendees, 11 June – 4 attendees</li> </ul> </li> <li>• Newtownabbey– 27 April – 21 attended</li> <li>• Mid-Ulster – 30<sup>th</sup> April - Action Planning meeting – 11 attended 11<sup>th</sup> June – 18</li> </ul>

	<p>attended</p> <ul style="list-style-type: none"> <li>• Causeway-11<sup>th</sup> May - 11 attendees</li> </ul>
<b>Upcoming Events:</b>	<ul style="list-style-type: none"> <li>• AMH- Healthy Me Bitesize children's sessions x10 planned across the Northern area with P7 classes.</li> <li>• Fresh Minds Education Relax and Regulate trained staff to deliver to children</li> <li>• Supporting Children's Art week by co-ordinating dissemination of Family Learning Booklets filled with creative activities to inspire, encourage creativity and connection promoting MHEW.</li> <li>• GamCare- more sessions planned for September.</li> <li>• Parent Talk, Learn, Do sessions planned for late June.</li> <li>• PANTS workshop NICMA – 14<sup>th</sup> June</li> <li>• PANTS workshop Public Health Nurses Causeway – 13 attendees on 12 May 2021</li> <li>• Newtownabbey Members Booklet currently being developed</li> </ul>
<b>Additional Information:</b>	7 new members have joined between April-June.

***\*\*LPG Planner can include photos from events, report cards, press releases etc. with captions on an additional page***

