



ESOL NI - Language Aid and other useful resources – Ukrainian/English:

Mini Dictionaries – link (English / Ukrainian – General and Health)!

[czego potrzebujesz UA ENG.indd \(sof.edu.pl\)](#)

[widgit-refugee-support-pack-eng-ukr.pdf](#)

Useful language guidance - English / Ukrainian phrasebook:

[Duolingo Ukrainian Phrasebook - Google Sheets](#)

Ukrainian / English – Language flashcards – useful with some free samples available:

<https://www.twinkl.co.uk/search?q=ukrainian+english+re-sources&c=245&ca=242&ct=adult+educator&r=parent&fco=NaN>

Welcome Guide:

[Guide for Ukrainians arriving in Northern Ireland \(executiveoffice-ni.gov.uk\)](#)



[A guide for Ukrainians arriving in Northern Ireland](#)

PDF (410 KB)



[A guide for sponsors living in Northern Ireland](#)

PDF (371 KB)

Others useful resources:

Thrive LDN have new training and resources to support the **mental health of newly arrived refugees (see below), specifically those from Ukraine but with application to supporting anyone with a refugee background.**

Training on trauma-informed practice run by Nicola Lester
(https://thrivedn.co.uk/resources/supporting-wellbeing-of-displaced-ukrainians/#trauma_informed_practice_training).

Trauma-informed guidelines for staff and volunteers delivering ESOL classes.

Therapy books for children who come from Ukraine, but also for those who host them.

The stories are free to download in several languages. You can print them at home because they have dorns of black and white colouring pages. Illustration @Ksenia Potepa

Ukrainian Version

[Opowiadania UA - Potrzeba Fantazji](#)

English Version

[Opowiadania ENG - Potrzeba Fantazji](#)

English Language Classes for adults:

ESOL NI website – Directory of English for Speakers of Other Languages (ESOL) – providers in Northern Ireland.

[ESOL NI \(esolwebapp.azurewebsites.net\)](https://esolwebapp.azurewebsites.net)

The website above can be translated into Ukrainians and many other languages via the Google Translate button above the search function.

For any further details – please contact iparizzi@belfastmet.ac.uk