

**NEWTOWNABBEY LOCALITY PLANNING GROUP  
TUESDAY 18 JANUARY 2022  
3.00PM  
VIA ZOOM**

**Attending:**

Suzanne Kelly	Triangle
Frances Wilson	Christians Against Poverty
Claire Humphrey	Barnardos
Lorraine Adamson	Community Advice
Stefanie Buchanan	Antrim N'Abbey Council
Sinead Kelly	Save the Children
Roberta Chessell	Women's Aid
Jude Murphy	Network Personnel
Pamela Sweeney	Action for Children
Suzanne Dodds	Glengormley HS
Kathy Wolf	Community Forum
Grace McCann	NIACRO
Alison McDaid	EANI
Pamela McClelland	NICHI
Leah Glass	NHSCT
Sinead McCormick	NHSCT
Andrea Graham	NHSCT

**Apologies**

Michelle Purdy	Ballyclare Presbyterian Church
Chelsea Parkinson	Bryson
Carrie Berne	NHSCT
Tracey Sproule	NHSCT
Nigel Arnold	Glengormley PS
Ricky Massey	Glengormley HS
Kelly Taylor	Homestart
Claire Larkin	Action For Children

1. Welcome and apologies  
Chairperson Jude Murphy welcomed Sinead McCormick, Health and Wellbeing Officer, to her first meeting. Apologies were noted as above.
2. Minutes of last meeting and matters arising

**TRAUMA TRAINING**

At the last meeting the area of Trauma Training was discussed in terms of identifying potential ways to increase awareness of the impact. Information on upcoming events and available resources was sought from Kate McDermott (H&W Manager with remit for Children)

- Currently ACE (Adverse Childhood Experiences) Programmes are available as E learning. <https://www.ascert.biz/specialist-courses/>

### [Level One Adverse Childhood Experiences](#) [Level Two Developing Trauma Sensitive Approaches](#)

Individual organisations can access at no cost via the Ascert Website. Alternatively if the LPG wanted to come together and potentially watch the videos and have a discussion after, this potentially could be facilitated.

- Fresh Minds Education could, before end of March, potentially provide a bespoke session with this LPG group or even a group of parents an 'Introduction to the Amber Approach' Amber Approach is a creative therapeutic trauma informed approach that improves connection, relationships, communication and supports self-regulation.  
<https://freshmindseducation.com/parenting-fresh-little-minds/?nowprocket=1>

There is a cost to this training - ball park figure £400. This could be funded with any underspend of the current budget which is to be further discussed later in the meeting.

- An expression of interest will be distributed in next week or so for a 2 day foundation training in the Solihull Approach. The Solihull 2-day foundation training is a comprehensive training package which covers the important elements of brain development, process of containment, reciprocity and behaviour for learning.  
<https://workflow.solihullapproachparenting.com/trainings/first-five-years-2-day-foundation-training/>
- The potential for a live webinar with the Trauma Informed Network before end of March which will be available for all LPGs. More information to follow.  
<https://www.traumainformedschools.co.uk/webinars-schools/supporting-schools-to-become-trauma-informed-and-mentally-healthy-for-all>

If any school members would like to find out more, about with Solihull training or Trauma Informed schools please feel free to get in touch with Kate at [kate.mcdermott@northerntrust.hscni.net](mailto:kate.mcdermott@northerntrust.hscni.net)

**ACTION: Sinead to disseminate further info re opportunities as they become available**

## **FUNDING**

As agreed at the last meeting, in relation to the LPG's annual budget, an activity proforma was sent out to members inviting applications for funding up to £400. Two applications received, both of which met the criteria and have been awarded funding. Those recipients will give an overview of their projects later in the meeting. There is a current underspend of £1200, which is to be discussed within this meeting.

### 3. Family Support Hub update

Pamela Sweeney, Action for Children, updated that all hubs within the NHSCT remain busy but are continuing to take referrals. There remains considerable need for financial support for families in and around the areas of food and fuel. Counselling requests for young people are continuously rising and the Family Support Hub are still fortunate to have additional funding to March to try and help meet these demands but there are concerns after the end of this financial year.

### 4. Information sharing – Please see Member Updates for Additional Information

- Lorraine Adamson, Community Advice, and Sinead Kelly, Save the Children, detailed their Family Support initiative in partnership with NHSCT, Antrim and Newtownabbey Council. Lorraine further explained the holistic nature of all referrals that Community Advice receive.
- Sinead McCormick, NHSCT, signposted members to the weekly email sent by Health & Wellbeing Officers as a source of information on upcoming training and funding opportunities. This week's details information on
  - ACET HIV STIs and Contraception OCN L2 Training course
  - Nutrition Webinars
  - Odyssey Parenting Your Teen ProgrammesMembers encouraged to send information that they would like disseminated to the group.
- Sinead McCormick informed that Digital Safety Week will be launched in Feb
  - 3 area Problematic Sexual Behaviours in children, anti-bullying, mental health
  - Targeted social media campaign
  - Training and webinars to be planned post launch.

#### [Safer Internet Day 2022 - UK Safer Internet Centre](#)

### 5. Action Plan

- a. Locality group funding
  - i. Funding awarded

Two applications were received and funded as previously reported.

Suzanne Dodds, Glengormley High School received funding for mental health workshops to be delivered by Made for More <https://www.madeformoreni.co.uk/school>  
Pupils from years 8 and 9 will attend workshops which will address themes such as self-esteem, peer pressure and social media.

Pupils from years 11 and 12 will attend a session addressing themes such as mental health, stress, depression, drugs and alcohol.

Suzanne Kelly, Triangle, received funding to deliver a 4 week online slow cooker course to support families with cooking healthy meals on a budget. Each participant will receive equipment as needed and ingredients in addition to the learning re cooking and budgeting.

ii. Ideas for underspend

Jude Murphy, highlighted with two projects funded there remains a budget £1200 and requested ideas for this underspend.

Roberta Chessell, Women's Aid, enquired if security items such as personal alarms, door locks, door bars could be funded to help keep families safe in their own homes.

Jude Murphy, reported that Claire Larkin, Action for Children, had previously mentioned digital safety as potential training need and something the LPG could facilitate. Sinead McCormick provided some costings for an online digital safety provider with a session for parents starting at approximately £300. More information would need to be sought re final needs and costs.

This led to a wider discussion about member organisations still being able to avail of the funding as individual or partnered organisations to address specific needs. Leah Glass, NHSCT, confirmed this remains a possibility but organisations should be aware of the timeframe that needs to be worked within in terms of the financial year.

It was agreed by the group that the best course of action was to allow member organisations the opportunity to apply for funding. In the interests of fairness to all organisations the activity proforma was to be re-issued to all.

**ACTION – Sinead to re-issue funding application**

b. Themed LPG meeting (Autism)

Jude Murphy reported that themed meetings are included in the Action Plan and that previous discussions highlighted Autism as a topic of interest within the group.

Two speakers are available in March;

- Lisa Curlett, Paediatric ASD Lead
- Jayne Colville ASD Service Improvement

However the meeting would have to be on Wednesday 30 March at 3pm rather than the normal Tuesday afternoon to facilitate their availability. Members agreed, given the notice period that it would be possible, to move the date of the next meeting.

6. Member updates

Please see Member Updates. Members encouraged to send information that they would like disseminated to the group.

**ACTION – Sinead to send member updates**

7. AOB  
None

8. Date of next meeting

Please note the next meeting is on **WEDNESDAY 30 MARCH at 3pm** in order to facilitate the speakers for our Autism Themed meeting