

North Belfast LPG Meeting

Via MS Teams

Tuesday 5th April 2022 at 10am

Name	Organisation	Present	Apology
Charlene Mitchell	LPG Coordinator, BHSCT	✓	
Claire Allen (Chair)	New Lodge Duncairn Community Health Partnership	✓	
Laura Feeney (Vice Chair)	Save the Children	✓	
Edith McManus	Lower North FSH Coordinator	✓	
Fionnuala Black	Ashton Centre	✓	
Gabi Mornhinweg	Community Development Practitioner, BHSCT	✓	
Gary Symington	Lighthouse Charity	✓	
Joe McGovern	Extern	✓	
Julie Jamieson	New Lodge Duncairn Community Health Partnership	✓	
Karen McLean	Upper North FSH Coordinator	✓	
Laura Forte	NIACRO	✓	
Paul Barton	Ashton Centre	✓	
Paul O'Neill	CSM, Early Years, BHSCT	✓	
Pol Brennan	Connected Community Care	✓	
Caroline Milligan	Glenbrook Sure Start, BHSCT	✓	
Laura Feeney	Save the Children	✓	
Keeva Watson	Redeeming Our Communities	✓	
Alanna McGarry	Ashton Community Trust	✓	
Wendy Stewart	Action Mental Health New Life Counselling	✓	
Bronagh O'Dwyer	NOW Group		✓
Duncan Morrow	Ulster University		✓
Eimear McCullough	Belfast City Council		✓
Gareth Maguire	Sport Changes Life		✓
Jonathan Cockroft	EANI		✓
Justine Fricker	EANI		✓
Marcela Vielman	Save the Children		✓
Natalie Killough	Health Visiting, BHSCT		✓
Phil Lindsay	Barnardo's		✓
Sinead Campbell	Advice NI		✓
Sean Devlin	CareZone		✓
In Attendance			
Jennifer Heverin	LPG Administration, BHSCT	✓	

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	Topic	Action	Responsibility
1.	Lighthouse Charity Event and Films	Link to the Lighthouse Charity event and the short films shown therein to be circulated.	Gary Symington
2.	Trust Funding	More information to be sourced on the Trust Funding of £10,000+.	Charlene Mitchell

<u>Action</u> <u>by:</u>	
	<p>1. Welcome and Introduction</p> <p>Claire Allen, Chair, opened the meeting by welcoming those present and extending a special welcome to Charlene Mitchell as the new LPG Coordinator.</p> <p>Charlene Mitchell introduced herself to the group and gave a short synopsis on her background as former Outer South and East FSH Coordinator. Although a regular attendee of other LPG meetings, Charlene stated that this was her first ever meeting as LPG Coordinator and she is very much looking forward to working with everyone.</p>
	<p>2. CareZone – Sean Devlin</p> <p>Unfortunately Sean Devlin had to give his apologies last minute but it is hoped he will be able to attend a later meeting to give his presentation.</p> <p>Claire Allen decided to use the time to give everyone an opportunity to say a bit about themselves, their organisation and what they do.</p> <p><i>Julie Jamieson – New Lodge Duncairn Community Health Partnership</i> Julie is the manager of NLDCHP which is one of eight healthy living centres in Belfast and one of four in North Belfast. It is a community organisation used across North Belfast. They have no particular target group and their main services are providing family support, mentoring, afterschool care and programmes in schools. They also have a nutritional focus as they hold the community food initiative for the North Belfast Trust area. Their main ethos is on getting the right nutrition to help promote positive mental health.</p> <p><i>Alanna McGarry – Ashton Community Trust</i> Alanna is the Inner North Neighbourhood Renewal Coordinator which falls within the community sector. They cover inner North Belfast which runs from Carrick Hill to White City and they do not have a particular target audience.</p> <p><i>Edith McManus – Lower North Family Support Hub</i> Edith is the Hub Coordinator of the Lower North FSH. She is based within the Ashton Centre and is one of 10 family support hubs within Belfast. The Hub deals with early intervention for families who have no social work interventions and have children ages 0-18 years. Edith’s role is mainly that of a sign poster to link families to services that best suit them.</p> <p><i>Gary Symington – Lighthouse Charity</i> Lighthouse is based in North Belfast and is for teenagers and families bereaved by suicide. They cover BT14, BT15 and BT36 and provide counselling and art therapy. They are currently working across Belfast on a new programme called ‘Ask Twice’ which will provide group work, mainly for young women.</p>

Fionnuala Black – Ashton Centre

Fionnuala works in the same department as Edith. They offer some social economy daycare as well as the family support hub. They also run a community support programme and an early intervention programme as well as offering holistic therapies for families.

Joe McGovern – Extern

Joe is a Youth Engagement Officer at Extern. They are a youth engagement service that offer informal counselling and are basically a safe space for young people to chat. They are very flexible in their working, they will engage with the person over a kick about with a football, a coffee, during a walk – whatever the young person feels comfortable with. They also do group work and work in schools with Primary 7's to provide transitional support.

Keeva Watson – Redeeming Our Communities

Keeva is the manager for ROC Northern Ireland. They are a UK wide charity which focus' on people working together to create safer, stronger communities. They work within these communities and are currently providing a mentoring scheme in Ballysillan. They also run a befriender scheme and school uniform projects.

Karen McLean – Upper North Family Support Hub

Karen is the Hub Coordinator of the Upper North FSH. She is based in the Vine Centre which is a community organisation. She deals with families with children aged 0-18 years in Upper North Belfast, mainly acting as a sign poster aligning families with services. Vine also have an advice centre offering guidance on issues such as debt.

Laura Feeney – Save the Children

Laura is the Senior Practicing Partnership Manager for Save the Children. This is a global organisation and a large NGO (non-governmental organisation). Within Northern Ireland they work across the Belfast, Western and Northern Trust areas. Laura is responsible for the delivery of 2 of their main programmes; The Early Years grants programme which is aligned in Belfast with the Sure Start centres; and The Schools Based programme which looks at educational attainment but very much from the home learning environment perspective and working with parents and families to support children's early learning.

Laura Forte – NIACRO

NIACRO is a voluntary, Northern Ireland based organisation for all ages. Laura is a senior practitioner in Children and Family Services which looks after the Early Intervention Support Services. NIACRO works across Belfast covering 6 out of the 10 hubs whom they work with alongside offering a 12 week home visiting service.

Gabi Mornhinweg – BHSCT

Gabi is the Statutory Community Development Practitioner within the BHSCT. Her role is put health on the agenda in South & North Belfast and develop healthy living centres. She will also involve service users, carers and staff to develop services and deliver training and support.

Paul O'Neill – BHSCT

Paul is interim Children's Service Manager for the Early Years in BHSCT. Under Early Years sits the Early Years Support Team that registers childcare providers, Early Intervention Support Team which deals with Sponsored Daycare, the Belfast FSH's, the BOAG and the Belfast LPG's. Paul also chairs Smile Sure Start.

Pol Brennan – Connected Community Care

Pol is the Wellbeing Coordinator for Connected Community Care. The organisation is employed by the GP Federation but also work alongside BHSCT so they are a combination of statutory and community bodies. They act as a sign posting services on receipt of referrals from GP's and Social Work Teams and will link service users to the supporting organisations within their community. The criteria is that the person must be over the age of 18 years (therefore families are referred) and have a long term chronic condition or be at risk of developing one. They also look at community development and at which services that are in the community to meet the needs of those who are referred.

Wendy Stewart – Action Mental Health New Life Counselling

Action Mental Health and New Life Counselling merged in April 2020. Action Mental Health is a province wide organisation and New Life Counselling has been Belfast only but they are delivering service throughout Northern Ireland via schools and community groups. They are a community organisation in which Wendy is the Child, Young Person and Family Team Leader. She is therefore responsible for delivering individual counselling to any child or family from Primary 1 upwards as well as to families with adult children. Their main services are individual counselling, family therapy, schools counselling and a small amount of group work.

Caroline Mulligan – Glenbrook Sure Start

Caroline is Project Coordinator for Glenbrook Sure Start which covers Ardoyne, Cliftonville and Ligonel. They deal with families that are expecting a child or have children under the age of 4 years. They have a multi-disciplinary team consisting of family support, early years, speech and language, health visiting and midwives. There are 3 developmental programmes for 2-3 year olds. Little Learners is a programme developed for pre preschool children that are showing signs of social communication difficulties. Glenbrook also offer many universal services such as stay and play as well as targeted 1-2-1 work.

Jennifer Heverin – BHSCT

Jennifer works within the Early Intervention Support Team within BHSCT and her role is mainly LPG administration. She is responsible circulating emails, compiling minutes and all the "back office" work associated with 4 LPG's as well as some other administration work for the EIST.

Paul Barton – Ashton Community Trust

Ashton is a voluntary, charity organisation with some a social enterprise such as Kinder Kids daycare. Paul is Programme Manager for the Communities in Transition programme within the New Lodge and Ardoyne areas. The programme has been running for 2 years and there is another 2 year contract in place. It is mainly about providing health and wellbeing programmes for people within the community. At the moment they are running 'Honey Bee & Wildflowers' and a social supermarket.

	<p>3. Previous Minutes of 8th February 2022</p> <p>There are still 2 Wi-Fi vouchers available. If anyone knows any families that could use these, please email Fionnuala Black.</p> <p>One Action Point from the last meeting was regarding details of Mental Health First Aid courses. These details were passed on by Paul Barton and circulated by Jennifer Heverin on 9th February.</p> <p>All other minutes were deemed as an accurate and true reflection of the meeting.</p>
	<p>4. Trust Funding</p> <p>There is some surplus BHSCT funding that amounts to just over £10,000. It has been decided that £3,800 to each Hub, Lower and Upper, in the form of £50 supermarket vouchers. £2,000 has also been allocated for halal meat and ethnic foods.</p> <p>The money has not yet been allocated as work is still ongoing on this, however as soon as more is known it will be communicated.</p> <p>Charlene Mitchell will follow this up.</p>

5. FSH Updates

FSH Area:	Lower North Belfast
Timeframe:	3 rd February 2022-30 th March 2022
Number of Service Requests Received in timeframe:	30
Number of Service Requests Received to date:	1456
Source of Service Requests:	Self, Community, School Nursing, School, CAMHS, GP

Key Gaps identified:

- Pressure on Counselling services due to increase in demand as referrers offering this to families before discussing with Hub Co-ordinator

Key Successes identified:

- Ashton's Women's Information Day
- Met with Relate & re becoming new members of Hub
- Met with Hope Counselling re becoming new members of Hub
- Increase in school referrals

AOB for Sharing:

- Attended Neglect training
- Attended Action Learning Workshop

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FSH Area:	Upper North Belfast FSH
Timeframe:	February-March
Number of Service Requests Received in timeframe:	February- 22 March- 22
Number of Service Requests Received to date:	1703
Source of Service Requests:	Self, school, GP, EWOs, Allied Health Professionals, community, voluntary, CAMHS, Gateway, H.V
Key Gaps identified:	
<ul style="list-style-type: none"> • High demand for counselling/art therapy- due to issues with anxiety, poor self-esteem, low confidence among both primary and post primary school age. Further sessions purchased with Jigsaw to accommodate need. 	
Key Successes identified:	
<ul style="list-style-type: none"> • 1 new Associate Member- The Parent Rooms. • Edith and I met with Kellie from Relate NI to discuss the Hub process and membership. • We also met with the Principal and teachers at Our Lady's P.S, providing an overview of the Hub and a flavour of services on offer. • Edith and I also met with staff from HOPE counselling on the York Road, providing details of the Hub, while also learning of Hopes' services. • Attended Action Learning Set- SCIE review to discuss strengthening outcomes for children and families. • Attended Lighthouse event @ Girdwood- In Memory of Carl. 	
AOB for Sharing:	
<ul style="list-style-type: none"> • The Advice Staff in the Vine Centre- have further vouchers available for gas, electric and food until end April- but these are going fast. 	

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6. Member Updates

Gary Symington – Lighthouse Charity

An event took place in Girdwood Community Hub last week which was the film launch of 'In memory of Carl'. Lighthouse were contacted by an organisation based in England called Boys in Mind, And Girls Too. They do a great deal of work within schools and have a filmmaker as part of their team. They built a relationship with Lighthouse and knew the boys they were working with were about to climb Ireland's highest mountain so they wanted to film and interview three of these boys. The film is therefore about how losing their friend Carl effected them and what support they received from friends, family and Lighthouse in the aftermath. The films ends with footage of the boys climbing the mountain.

The second film was from a father who lost his son. It was a very raw and emotive film was this was to show teenagers the impact suicide has on those left behind.

The third film was a piece on two young men who were part of the first ever group Gary mentored. They are now successfully running their own business.

Boys in Mind do much work around diversity, equality, Black Lives Matter and the LGBT community and they want to continue to build the relationship with Lighthouse.

Gary will send the link for the event and the films to Jennifer for LPG circulation.

Fionnuala Black – Ashton Centre

A new project has been launched called 'The Pantry' which is a community food store. It is based on the social supermarket idea and the shop has been set up with funding received from the Belfast Charitable Society. Membership consists of paying £5 per week, completing a registration form and meeting with the programme coordinator or volunteer mentor. By doing this the staff will be able to get to know the person, their background and their needs. The member will then receive help with essential skills and budgeting advice as well as being able to pick up some groceries to the value of around £30. The idea to move away from the food bank, and to empower people to choose and buy their own food.

The programme will consist of 20 families over 12 weeks, therefore 80 families over the year. After 12 weeks membership the cost will increase £10 per week and it is expected the member will then become a supported volunteer.

To help support The Pantry it is hoped that there will be sponsorship from local food suppliers and wholesalers, ideally having them sponsor a fridge or a shelf. Allotments are also being developed at the McSweeney Centre which should help supplement the food stocks.

The initial criteria for joining will simply be families with children. It is anticipated that the

	programme will launch just after Easter.
	<p>7. Any Other Business</p> <p>No other business was discussed and the meeting drew to a close with Claire thanking everyone for their attendance.</p>

2022 Dates for North Belfast LPG Ordinary Meetings

DATES (Tuesdays)	TIME	VENUES
8 th February	10am	MS Teams
5 th April	10am	MS Teams
7 th June	10am	TBA
2 nd August	10am	TBA
4 th October	10am	TBA
6 th December	10am	TBA