

Notes of Western Area Outcomes Group held on 18 May 2022 at 10 am via Zoom

Present: Mr Tom Cassidy, Interim Director of Women & Children's Services,

Western Trust [Chair]

Mrs Brenda MacQueen, Executive Director, Dry Arch Children's

Centres

Mr Paul Kellegher, Children's Services Manager, Action for Children Ms Joanne Sweeney, Family Support Programme Manager, Mencap Ms Bronwyn Campbell, Regional Family Support Hub Co-ordinator Ms Denise McCallion, Health & Wellbeing Improvement Manager, PHA Ms Erin McFeely, Chair of Waterside Locality Planning Group Mrs Joan Byers, Acting Assistant Director [Community & Public

Health], Western Trust

Ms Lisa Storey, Childhood Development Interventions Co-ordinator, Western Trust

Ms Linda Watson, Caw/Nelson Drive Community Association
Ms Judith Searle, Assistant Director Children's Services, Barnardos
Ms Mairead McMullan, Western Child Care Partnership Manager
Mrs Priscilla Magee, Locality Planning Co-ordinator, Western Trust
Mr Paul Sweeney, Locality Planning Co-ordinator, Western Trust
Ms Laura Feeney, Senior Programme Manager, Save the Children
Ms Claire Lynch, Children & Young People's Co-ordinator, Derry City &
Strabane District Council

Mrs Elizabeth Campbell, Assistant Director for Transformation & Pathfinder, Western Trust

Ms Muriel Bailey, Director of Family Support Services, Parenting NI Ms Una Casey, Children & Young People's Strategic Partnership Mrs Angela Wade, Directorate Business Manager, Western Trust Dr Josephine Deehan, Western Local Commissioning Group Ms Alison Wallace, Waterside Neighbourhood Partnership Ms Elaine Forrest, Personal Assistant, Western Trust

1 Apologies

Ms Edel Fox, Omagh Women's Aid & Chair of Omagh Locality Planning Group

Ms Mairead McGilloway, Head of Service, Western Trust

Ms Jane Collins, Early Years Organisation

Ms Aileen McGuinness, Chair - Derry Locality Planning Group

Ms Deirdre Hasson, Education Authority

Ms Monica MacIntyre, Department for Communities

Ms Maxine Gibson, Professional Advisor for Children's Services Planning

2 Chairman's Remarks

Mr Cassidy welcomed members to today's re-arranged meeting and new members introduced themselves as follows:-

 Ms Judith Seale, Assistant Director Children's Services, Barnardos [covering Rioghnach's maternity leave]

Western Trust Members

- Ms Elizabeth Campbell, Assistant Director for Transformation and Pathfinder
- Mrs Joan Byers, Acting Assistant Director in Community and Public Health
- Ms Lisa Storey, Childhood Development Interventions Co-ordinator

3 Notes of Previous Meeting held on 23 February 2022

Minutes of the previous meeting were approved.

4 Funding

Mr Cassidy thanked members for participating in the Task and Finish Groups. Ms Casey talked members through the proposals from her paper.

Task & Finish Group - Priority One

Programme of Hope £30,000 [£10,000 per area]

Ms Denise McCallion, PHA, said building communities of hope was a teachable skill and the Outcomes Group could be the lead for developing a hope strategy, but said there was a need to raise this to a strategic level and build on the work currently done to date. Ms McMullen said the group could sign up to a Hope Strategy for the Western area. She said the proposal would provide direct interface with children and young people to support them. Mr Kellegher said he was supportive of building hope in society.

Mrs Magee said the work of the Digital Safeguarding Group could feed into this and could look at mental/emotional wellbeing online for hope in a digital world. Dr Deehan said she was supportive of this proposal as the project would contribute to the development of resilience.

Ms Searle said "hope" was one of Barnardo's overarching outcomes and said the

proposal sounded positive. Ms Watson and Mrs Campbell were also in agreement with the proposal.

Following discussion, Mr Cassidy said members clearly supported this proposal. Action

- Mrs Wade to link with staff in the Contracts Department to clarify process arrangements for Outcomes Group payments.
- Mrs Campbell to link with the Best Start in Life Group to ensure there was no duplication with the Pathfinder workstream. Ms Casey invited Mrs Campbell join the Task and Finish Group.

Task & Finish Group - Priority Two - Health Promoting Homes Programme £30,000 - £5,000 per Locality Planning Group area [initiative run for 9 weeks - 2 sessions per week]

Mrs Watson said this was a brilliant programme, but was short term and was more for parents, but acknowledged the impact it would have on family members and family life. Ms McCallion said research indicated that behaviour change took place over 12 weeks, and this programme was only 9 weeks long. She said the PHA had given funding to the Derry & Strabane Healthy Towns Programme and said there may be opportunities to build on this. Ms Lynch advised that Mr Ryan Deehan was the contact person for the Healthy Towns Programme and members agreed he should be invited to the next Task and Finish Group meeting. Ms Wallace said it was a very expensive programme to run.

Mr Kellegher enquired if the programme would be linked to the Hubs for referrals - Ms Casey confirmed this. Members felt they needed more detail on numbers the programme would cater for. Ms Storey stated that every family was experiencing poverty and suggested families outside of Hub clients be included. Mr Cassidy said the Trust had families who were in need and said the Outcomes Group must ensure there was no duplication. Dr Deehan was supportive of the project.

Ms McFeely informed members that the Education Authority were not funding summer schemes this year and said this was a gap for children and families over the summer.

Action

- Mr Cassidy to make contact with Ms Deirdre Hasson, Education Authority, regarding their decision to cancel the provision of summer schemes.
- Ms Casey to invite Mr Ryan Deehan to the next Task and Finish Group.
- Ms Forrest to make contact with Ms Helen Sheils, Fermanagh and Omagh District Council, to ensure she was in receipt of meeting papers for the Outcomes Group.
- Mr Cassidy asked members with any issues regarding the proposal to attend the next meeting of the Task and Finish Group to allow for a full discussion.

<u>Task & Finish Group - Priority Three - Work with Children on Waiting Lists for ADHD Diagnosis - £30,000</u>

Ms Storey said children were spending a lot of time on waiting lists and organisations were asking for available programmes to support parents. Mr Kellegher said he couldn't support this programme as there was not a training need for the Incredible Years Programme and said there was a risk investing money in training when there wasn't the staff to recruit. Members agreed that this proposal needed further discussion. Mr Cassidy urged members to get involved in the Task & Finish Groups as it was important we agreed how to allocate our funding.

Action

- Task & Finish Group and group members who had a view on this proposal to discuss further.
- Ms Casey to provide a more detailed proposals paper for the June meeting, so members can agree priorities for this year.

5 CAMHS Update

Mr Cassidy thanked Ms McGee, Head of Service [CAMHS] for joining today's meeting. Ms McGee reported that there were three CAMHS teams across the Western Trust based at:-

- Woodlea House, Gransha Park
- > Rivendell, Omagh
- Hope Centre, Enniskillen

She said they were small, highly skilled, multi disciplinary teams which accepted referrals up to 18 years of age with mild to moderate mental health difficulties. She said young people could remain within the service from six months to a year for treatment. Ms McGee said teams were seeing a high rise in anxiety amongst young people post Covid. She said a Referral Co-ordinator was in place and they welcomed telephone calls regarding the service.

In respect of Tier 3 cases, there was targeted support for young people with more moderate to severe mental health issues [moderate to severe mood disorders, depression, psychosis, drug and alcohol issues, gender issues, eating disorders] who were typically in the service from six months to two/three years during their course of treatment. She said there was a CAMHS Crises Assessment Team for young people who present at GP surgeries or Emergency Departments and they were seen within 24 hours, some of whom may need inpatient care at Beechcroft, a regional unit, but the unit is often at full capacity. She said when this happens, staff offer intensive support, but this adds a secondary pressure on families, the young person and the staff involved.

Ms McGee said there was a 9 week timeframe for referrals, but young people where now waiting lengthy periods due to service pressures and capacity issues. She said CAMHS were receiving 2,000 referrals per year, against a capacity of

1,050. She said it took time to induct new staff working with this level of risk, particularly when retirements occurred, but staff were working really hard with Senior Managers in regard to additionality and they now have 3 new staff and 3 temporary staff. She said some young people were on both the ADHD and ASD waiting lists and she was trying to look at ways of limiting their wait.

Mr Cassidy said the Trust had regular discussions with the Commissioner in relation to the Trust's performance/. He said Covid had a major impact on young people, their families and the community.

Mr Kellegher said the presentation was really informative and he was seeing this surge of referrals on the ground. Dr Deehan said she had concerns regarding the waiting time for an ADHD diagnosis, due to the impact on a young person's education at a critical time of their development. Ms McGee said this was a regional issue, but there was currently a regional scoping exercise for the provision of ADHD looking at pathways, threshold etc. Ms McGee said she was meeting with Dr Mackin, Consultant Paediatrician, next week, to discuss how the Trust could creatively look at waiting lists.

Mr Sweeney said it was important to create linkages with the statutory and community sector.

<u>Action</u>

 Mr Sweeny and Ms Lynch to arrange to meet Ms McGee to strengthen connections and collaborate services.

Ms McCallion commended the staff in the Drugs and Alcohol Service and said this team worked really well.

Mr Cassidy thanked Ms McGee for her update.

6 Community Planning Update

Ms Lynch said following her update to members in December on the review of community planning at a regional level, priorities had been identified. The public consultation had closed in April 2022, amendments included, and this was now being presented to the Strategic Growth Partnership in June 2022.

Mrs Magee said due to Covid, it had not been possible to continue to deliver the trauma informed training including the showing of the resilience documentary. Action

- Mrs Magee, Mr Sweeney, Ms Lynch, Ms Laughlin from Fermanagh and Omagh District Council, and a representative from Causeway Coast and Glens Council, to meet to take this forward.
- Mrs MacQueen to advise of a representative from Causeway Coast and Glens District Council.

7 Update from Locality Planning Groups

Mr Sweeney reported that poverty, fuel, and holiday hunger continued to be real issues in the community and there needed to be a better connectivity of services. He advised of the recruitment of a Senior Practitioner for early intervention in Gateway and said this was a significant development. He said presentations to Locality Planning Groups were scheduled to build a better understanding of this role and connection with the community and voluntary sector. Mr Sweeney said work was continuing with UNICEF Child Friendly Cities initiative, but it needed to have more influence at senior level.

Mrs Magee advised on the main work from her written report provided for the meeting:-

- Involved in a Task and Finish Group to design an outline platform for the Western Domestic and Sexual Violence Partnership.
- Pathfinder three groups established where issues relating to children and young people are discussed.
- Involved in Task and Finish Group in relation to sleep service.
- Western Digital Safeguarding Steering Group roll out of new mental health and emotional wellbeing for teachers from the perspective of the digital world.
- PANTS campaign progressing.

8 **MACE Funding**

Mr Cassidy welcomed Ms McGinty to the meeting. Ms Ginty advised that MACE project funding was due to end in May 2023. She gave an update on specialist. targeted and universal interventions, all of which were in demand. Mr Cassidy noted that there were no specialist services in the Fermanagh area. Ms McGinty said there were recruitment issues in this area.

Ms McGinty advised that funding was currently running out and discussion took place on how MACE could continue in the Trust. She said the Trust could tap into already developed services and said there were successful supports from a range of providers e.g. Positive Futures deliver respite services for families with children with ASD and disabilities [12 weeks for three hours a day in activities and supports] and have supported 12 children to date with approximately an additional 20 over the summer. Mr Cassidy thanked Ms McGinty for her update

9 **Any Other Business**

Due to time constraints, the remaining agenda items were deferred until the next meeting.

10 Date, Time and Venue of Next Meeting

29 June 2022 at 10 am via Zoom