

Summary of Actions:

	Topic	Action	Responsibility
1	Counselling Services	Sub group to reconvene	LPG
2	AMH	Links to services to be circulated	Wendy Stewart
3	UHub	Links to services to be circulated	Cara Swanston
4	Oasis New Premises	Details of requirements for new premises to be circulated	Stephen Cruise
5	Prince's Trust	Overview of Prince's Trust to be circulated	Karen Sykes

<u>Action</u> <u>by:</u>	
	<p>1. Welcome and Introduction</p> <p>Barbara Wallace opened the meeting by welcoming those present and facilitating a round of introductions.</p>
	<p>2. Minutes and Matters Arising from last meeting of 14th April 2022</p> <p>The minutes were read though and agreed. Sinead Hanna proposed and Marcela Vielman seconded.</p>
	<p>3. Matters Arising</p> <p>a) Counselling Services – Update</p> <p><i>uHub</i> Cara Swanston advised that from 1st July, uHub will be taking over the tenancy of the former East Belfast Community Counselling premises within the East Belfast Network Centre. Initially it will be adult counselling within the building and they will continue to use existing spaces such as Carew for child counselling.</p> <p>Opening times will be Monday to Thursday as well as 2 evenings per week. There will be 2 counsellors on 20 hour contracts and 4 clinical placements working 3 hours per week.</p> <p>All referrals can be done online.</p> <p><i>Action Mental Health</i> Wendy Stewart stated that a new project for adult and child mental health is underway. This will include individual counselling in Bloomfield House and will consist of 8-10 sessions of art/play/talking therapy. The waiting list has reduced and is now at 6-8 weeks.</p> <p>Resilience groups for adults will also take place. This is a 6 week programme of 2 hours per session focusing on mental health, coping with change and emotional resilience. It covers Tier 1 and 2 for adults and Tiers 1, 2 and 3 for family therapy. Direct referrals can be made via www.amh.org.uk and click the button at bottom of page to apply.</p> <p>It was agreed that the sub-group will reconvene before the next East Belfast LPG meeting for ongoing discussion and to identify gaps in services.</p>

b) Interpreting Services – Update

The sub-group met to discuss the long standing issues regarding:

- a) Family Support Hubs and service organisations being able to access interpreters.
- b) English classes for families

Barbara Smith has been coordinating English classes with a local provider, Refuge Language. Funding has been secured to deliver an 8 week course which will initially be offered to newcomer families. The provision of crèche facilities is needed to run alongside the classes however funding for this has not yet been obtained. The start date for the classes has therefore been postponed until September when some children will be in school and crèche facilities will only be required for younger children.

c) Summer Programmes

A form had been sent out from LPG requesting information on any summer schemes taking place. If you are running a summer programme, please let LPG know by emailing details to localityplanning@belfasttrust.hscni.net

Eastside Learning are offering a menu of learning based workshops to summer schemes so if you know of any organisations that would benefit, please get in touch.

4. East LPG Plan

The current LPG plan is very outdated and requires review. The LPG plan is derived from the Outcomes plan which has currently been delayed, however it is hoped by September a new strategy will be in place.

LPG Update Emails

As you will be aware there are many emails circulated daily and it can be difficult to keep track of them all. In response to this we are suggesting pulling all the information together into one fortnightly email. This will mean there are less daily emails as they will be condensed into one publication. This will be sent to all 4 LPG's as it will give everyone a chance to see what is happening in other parts of Belfast.

If you have any information you would like to share please send to:

localityplanning@belfasttrust.hscni.net

5. FSH Updates

FSH Area:	Outer South & East Belfast
Timeframe:	1 st April – 8 th June 2022
Number of Service Requests Received in timeframe:	51
Number of Service Requests Received to date:	1655
Source of Service Requests:	Self (13); School (3); HV (9); Community/Voluntary organisation (10); EWO (3); GP (5); Psychiatry (1); Sure Start (2); CAMHS (5)
Key Gaps identified:	<ul style="list-style-type: none">• Children & young people on waiting list for autism assessment.• Food & fuel poverty• Therapeutic services – counselling and group therapy.• Self-harm/injury in young people with autism. Rejected by CAMHS due to autism.
Key Successes identified:	<ul style="list-style-type: none">• Additional funding has provided practical and essential support to families, e.g., Electricity in the meter, table and chairs, baby items.• Supermarket vouchers have been frequently requested.
AOB for Sharing:	Families in need of supermarket vouchers are limited to £100. With the increase in the cost of living, will this limit be reviewed?

FSH Area:	Inner East Belfast
Timeframe:	14 th April – 8 th June
Number of Service Requests Received in timeframe:	63
Number of Service Requests Received to date:	2176
Source of Service Requests:	GP, Health Visitor, School, EWO, CAMHS, Self-referral, Women's Aid
Key Gaps identified: Creative therapy, teen and adult counselling, ASD support, Family support.	
Key Successes identified: Family Support Hub emergency needs fund. BAOG 'Integrated Working' voucher scheme. Meetings with local members from Inner East Family Support Hub – Sure Start and Scaffolding Project.	
AOB for Sharing:	

a) FSH Vouchers

Supermarket vouchers have now been allocated to the Hubs for distribution. There is a maximum limit of £100 per family.

	<p>6. Members Updates</p> <p>Stephen Cruise – Oasis Oasis day-care premises are to be vacated by 1st July and urgently need another premises for the afterschool children. If anyone knows of anywhere, please get in touch.</p> <p>Oasis are also opening a drop in centre in Castlereagh Street for young families during the day and young people in the evening.</p> <p>Karen Sykes – Prince’s Trust Karen will circulate information on the programmes and schemes the Prince’s Trust carry out. It is also open to children who are registered with school but are non-attenders.</p>
	<p>7. Any Other Business</p> <p>No other business was discussed. Barbara Wallace thanked those in attendance and the meeting drew to a close.</p>

2022 Dates for East Belfast LPG Ordinary Meetings

DATES	TIME	VENUES
3 rd February	10am	MS Teams
14 th April	10am	MS Teams
9 th June	10am	MS Teams
4 th August	10am	TBA
6 th October	10am	TBA
1 st December	10am	TBA