

North Belfast LPG Meeting

Via MS Teams

Tuesday 7th June 2022 at 10am

Name	Organisation	Present	Apology
Charlene Mitchell	LPG Coordinator, BHSCT	✓	
Claire Allen (Chair)	New Lodge Duncairn Community Health Partnership	✓	
Laura Feeney (Vice Chair)	Save the Children	✓	
Caroline Milligan	Glenbrook Sure Start, BHSCT	✓	
Edith McManus	Lower North FSH	✓	
Fionnuala Black	Ashton Centre	✓	
Gillian Boyd	Cedar Foundation	✓	
Joe McGovern	Extern	✓	
Julie Jamieson	New Lodge Duncairn Community Health Partnership	✓	
Laura Forte	NIACRO	✓	
Sadie Reid	NB Housing	✓	
Michelle Muldoon	Now Group	✓	
Karen Sykes	Prince's Trust	✓	
Karen Hillis	Action Mental Health	✓	
Chelsea Parkinson	Bryson Energy	✓	
		✓	
Aisling Doherty	174 Trust		✓
Alix Jackson	Hazelwood Integrated College		✓
Duncan Morrow	Ulster University		✓
Gareth Maguire	Sport Changes Life		✓
Jonathan Cockroft	EANI		✓
Justine Fricker	EANI		✓
Katrina Newell	Ashton Trust		✓
Kelly Maxwell	Autism NI		✓
Peter Bryson	Save the Children		✓
Phil Lindsay	Barnardos		✓
Pól Brennan	Connected Community Care		✓
Sharon Quinn	Lighthouse Charity		✓
Sinead Campbell	Advice NI		✓
Gabi Mornhinweg	BHSCT		✓
Mervyn Bell	BHSCT		✓
In Attendance			
Jennifer Heverin	LPG Administration, BHSCT	✓	

	Topic	Action	Responsibility
1.			
2.			

<u>Action by:</u>	
	<p>1. Welcome and Introduction</p> <p>Claire opened the meeting by welcoming those present and facilitating a round of introductions.</p>
	<p>2. Minutes and Matters Arising from the last meeting of 5th April 2022</p> <p>There were 2 action points from the last meeting:</p> <p>i) A link was to be sent about the Lighthouse charity event and films. This was circulated on 5th April.</p> <p>ii) Charlene Mitchell was to gather more information on the supermarket vouchers. This will be reported on later in the meeting.</p> <p>The Minutes were agreed as a true and accurate reflection of the meeting and no amendments were required.</p>
	<p>3. Presentation – Karen Sykes from the Prince’s Trust</p> <p>Karen gave an overview of the main programmes the Prince’s Trust have on offer. Such as programmes for young people aged 16-30 who are not in full time education or employment in areas such as personal development, employability and enterprise.</p> <p>Explore Programme - a 6 week personal development programme aimed at those young people who have multiple barriers to achieving their goals. This is done through a range of group activities and 1-2-1 support sessions. Young people will also have the opportunity to complete qualifications.</p> <p>Team Programme- Team is a 12-week personal development programme focused on helping young people unlock their talents, build confidence and meet new people and is delivered in partnership with local regional colleges and community organisations. Team includes a work placement, community project and employability skills.</p> <p>Youth Start – Offering both group sessions and tailored 1:1 support for each individual young person to help them become more employable and improve their skills - CV building, Job Application writing, Interview Prep, Mock Interview Experience, Confidence Building etc. They will also have the opportunity to complete two Level 2 qualifications along with some team-building and well-being events.</p> <p>Get Started In - an engaging personal and social development programme for young people, delivered in partnership with specialist organisations using inspiring themes. Get Started teaches young people new skills in themes across sport, music and arts,</p>

STEM and community. Some recent themes have been Photography, Make-up, Nails, Water Sports, Health & Fitness, Gaming, and Electronic Music. Every programme will involve a real and meaningful group challenge, something that young people are unlikely to achieve without our support, to stretch and develop their personal and social skills.

***NEW* Get Started in Media** - Aged 16 – 25 ‘work ready’ young people - mainly new to the media industry.

TV specialists will give you an insight into what happens behind the scenes.

Classes on topics such as script writing, camera work, lighting and video editing.

This course is a great opportunity to explore everything that goes into making a TV show and to learn more about the range of careers available in the industry.

Gain hands-on experience and training, meet industry experts who will share tips and experiences

Make your own mini TV package which you'll showcase to the group at our celebration event.

Get Into Programme- a 4 week employability intervention, targeted at young people who are work ready but lack relevant work experience and vocational skills to take up employment. It gives young people the opportunity to develop these skills and/or experience to enable them to move into a sustainable job in a specific sector of work. This programme provides work experience placements with the potential of paid employment post-programme. The programme will also help boost a young person's employability skills through support with CV development and development of their interview skills.

Get Hired Programme- a two-day employability programme that connects young people with live vacancies across a range of sectors.

Unlock Skills for Work Programme- An online 2 week employability programme with a flexible delivery format, to help young people develop key employability skills in a digital setting. This includes Applying for jobs, CV Workshops, Interview skills.

Ready To Work - A two-day programme for young people who already have work-ready skills or previous work experience. Learn about the specific company delivering the programme, get support on interview skills, and take part in an interview for positions available within the stores.

Google Career Certificates - 3 month online programme for young people aged 18-30. A combination of independent study, live online sessions and 1:1 support; 15-20 hours of self-study per week. 3 certificates to choose from- IT Support, UX Design and Project Management

Mental Health First Aid

This qualification course gains young people their Mental Health First Aid certificate.

They must complete 80% of the course to achieve the certificate. There is a workbook which needs to be completed in class.

The course covers:

Mental health awareness/ what is meant by mental health/mental ill health

Stigma, discrimination, and recovery

Recognising the symptoms and understanding different mental health diagnoses

Providing 'first aid' for people experiencing mental health challenges /how to provide initial help
Providing on-going support for somebody experiencing a mental health problem

Also on offer –

Development Awards - small grants (average £130) that can help towards the cost of course fees, tools or licenses to help remove financial barriers between you and your goals. You can apply for:

Fees for courses (up to Level 3, lasting 2 days or more)

Course equipment e.g., tools or beauty kits

Mandatory uniforms

Licenses and short training programmes

Enterprise Programme is a 4 day programme, designed to give young people who have a business idea the opportunity to explore the steps required to make their ideas work and start a business.

Day 1: Self-employed, personal money, and legal structures

Day 2: Marketing, branding, and sales

Day 3: Business finance, tax, record keeping, and pricing

Day 4: Networking, business plan, and future steps

4. FSH Updates

FSH Area:	Lower North Belfast
Timeframe:	1 st April-1 st June 2022
Number of Service Requests Received in timeframe:	55
Number of Service Requests Received to date:	1513
Source of Service Requests:	Self, School, CAMHS, Community

Key Gaps identified:

- Continuing to receive referrals for Counselling when this may not be the most appropriate services so services overstretched

Key Successes identified:

- Met with Macs to sign up as Hub members
- Met with Prince's Trust to sign up as Hub members
- Attended Post-Pandemic Symposium on poverty facilitated by UU
- Attended 2 SCIE review learning sets on Strengthening Outcomes for Children & Families
- Attended Translation Hub training
- Attended Tracker training

AOB for Sharing:

Karen McLean has left her post to pursue a new role and in the absence of an Upper North FSH Coordinator there was no update at today's meeting. Upper North Family Support Hub are currently recruiting for a new Family Support Hub Coordinator.

5. Members Updates

Gillian Boyd – Cedar Foundation

The Cedar Foundation summer scheme programmes are almost full but there is still capacity for the 12-18 year old group on Thursday evenings. The young person must have a physical disability or brain injury to apply.

Sadie Reid – NB Housing

An Air Fryer programme is currently running where air fryers and ingredients are being delivered to participants who are able to cook a meal following an online cookery course. Referrals must be NB Housing tenants.

Karen Hillis – Action Mental Health

AMH summer programme is running in July and August where 90 minute sessions can be delivered with organisations and groups.

The Mindset programme is PHA funded and lasts 3 hours. It is delivered to 14-17 year old and for adults aged 18+. This will continue to run over the summer.

Primary age and post-primary programmes such as Healthy Me and Little Healthy Me is for age 4 upwards.

Bookings are opened for September for schools but also for community settings.

Funding has just been granted for a carer's project for adult and young people carers, more information to follow in this.

6. LPG Membership

Mailing List/Membership

In order to ensure there is good representation across the community we have been looking at our mailing list. A form was circulated a while ago asking members to complete and return if they wished to remain on the LPG mailing list. If you have not done so can you please complete ASAP and return to:

localityplanning@hscni.belfasttrust.net

LPG Update Emails

As you will be aware there are many emails circulated daily and it can be difficult to keep track of them all. In response to this we are suggesting pulling all the information together into one fortnightly email. This will mean there are less daily emails as they will be condensed into one publication. This will be sent to all 4 LPG's as it will give everyone a chance to see what is happening in other parts of Belfast.

If you have any information you would like to share please send to:

localityplanning@belfasttrust.hscni.net

	<p>Vouchers Each Hub have now received £3,800 of supermarket vouchers.</p> <p>There are also £2,000 of halal vouchers available through the Family Support Hubs for ethnic minorities. These vouchers are being held centrally, to access please make contact with the relevant Family Support Hub Co-ordinator.</p> <p>Future Meetings It is hoped that a face to face meeting can take place shortly. The next meeting is scheduled for 2nd August which is in the middle of the summer holidays so it may be better to do a face to face in October, however this will be advised closer to the time.</p>
	<p>7. Any Other Business</p> <p>No other business was discussed and the meeting drew to a close with Claire thanking all those in attendance.</p>

2022 Dates for North Belfast LPG Ordinary Meetings

DATES (Tuesdays)	TIME	VENUES
8 th February	10am	MS Teams
5 th April	10am	MS Teams
7 th June	10am	MS Teams
2 nd August	10am	TBA
4 th October	10am	TBA
6 th December	10am	TBA