



Southern Health
and Social Care Trust



Two Hour Session on Brain Development For Parents of Babies, Toddlers & Young Children

Learning about your baby/child's brain development may support to:

- Cope with a crying baby
- Manage your baby to settle/soothe
- Normalise and manage tantrums/anxiety
- Enjoy tummy time, play and mealtimes
- Build a positive relationship with your baby/child

What does it cover?

- How the baby's brain develops in the context of a relationship with Parent/Carers.
- Activities to support the parent-child relationship
- Early Social and Emotional Development/Language Skills/Turn Taking/Tantrums/Separation anxiety/Building Early Resilience

When is it on?

Tuesday 30th August 10am-12md via Zoom

How do I apply?

For further information or to book a place please contact

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