

## **Causeway CYPSP Locality Planning Group**

Tuesday 22 March 2022 via zoom at 10am

**Present:** Kate McDermott NHSCT (Acting Chair)  
Bronagh McCrory NHSCT  
Chris Lindsay Education Authority  
Veronica McKinley, NACN  
Kyleigh Lough, Mae Murray Foundation  
Deirdre Bradley, Education Authority  
Tracy Wishart, Aware  
Paula McLaughlin, NICMA  
Una Crowe, Causeway Down Syndrome Association  
Jessica Linden, Family Support Hub  
Joan Davis, Family Mediation NI  
Ruth Nelson, Start 360  
Gabrielle Quinn, Causeway Coast and Glens Council  
Sharon Kirk, Dalriada Surestart  
Pippa Campbell, Mae Murray Foundation  
Michele Loughery, YEAR Project  
Geraldine Quinn, NHSCT, Note taker

**Apologies:** Helen Christie, BRAKE  
Linda Millar, 21 Training

**1. Welcome and Introductions**

Kate welcomed everyone to the meeting.

**2. Minutes of Last Meeting**

Any changes / amendments of the last meeting minutes (25 January 2022), please forward to Bronagh / Kate.

**3. Matters Arising**

No matters arising

**4. Guest Speaker – Veronica McKinley, NACN & Joan Davis, Family Meditation NI**

Veronica gave up an update on NICHI Health Alliance. Health Alliance came in to being after NICHI project funded by Public Health Agency. Health Alliance was established in 2009 with three NICHI workers employed in NACN, CWSAN and CRUN. Veronica and Clare McKay work in Northern Area Community Network. The aim of NICHI is to strengthen links using community development to address health and wellbeing issues through signposting. Promote best practice for community and individuals, partnership working and engagement with stakeholders.

Health Alliance share information with local community groups, have a centralised information system including information on health and social wellbeing improvement issues and promoting funding streams.

In April 2015 Health Alliance website was launched to include local events, programme of training with a regular free e-zine sent to members.

Veronica said that if anyone wishes to become a member, go to Health Alliance website and click on become a member.

Veronica agreed to share her presentation with the CYPSP Locality group.

### **Guest Speaker - Joan Davis – Family Meditation NI**

Joan mentioned that people get meditation and counselling mixed up. Joan defined meditation as more forward facing and counselling more looking back.

Family Meditation NI work covers the areas of family disputes, separated parents (HSCB funded), elder meditation and finance meditation. The main work is with separated parents.

Their aim is to promote family meditation as the approach when families separate. There are 7 full and part time staff, 17 sessional meditators and 6 board members. The service is NI wide and is placed in all 5 Trusts.

The process involves a pre-meditation assessment meeting where they meet their mediator. Parents bring their agenda to meeting as mediator does not have an agenda. The main beneficiaries of meditation are the children, parents and society where there is a reduction in the use of CAMHS, GPs and health service. Any queries to [enquiry@familymeditation.org.uk](mailto:enquiry@familymeditation.org.uk)

Joan agreed to share her presentation with CYPSP Locality group.

### **5. Causeway Locality Budget**

Bronagh thanked those present for their applications. Five projects x £400 to be rolled out before end of March 2022. Recipients of the funding are Cross and Passion College, Mae Murray Foundation, Causeway Down Syndrome Association, SOLAS and Fresh Little Minds.

### **6. Activities Programme Project Update**

Kyleigh gave an update of the inclusive beach at Portstewart Beach. Pippa to attend meetings when Kyleigh is otherwise engaged. The inclusive beach will be launched at Easter time with training commencing at start of the month. Kyleigh mentioned that all work has been completed. If anyone would like to avail of equipment, please contact Pippa.

Una, Chair of Causeway Down Syndrome Support Group spoke of their programme where they run a multi-skill physical activity session every Monday evening where parents and children get opportunity to meet together, this has proved successful.

**7. CYPSP Causeway LPG Action Plan**

Action Plan is developed each year commencing April 2022 – March 2023. Last year the main priorities were mental health/emotional wellbeing, education, sports and fitness, and health. Kate asked if anyone would like to be involved in a subgroup to take forward the action plan, to leave their names in the chat function.

**8. Save the Children Family Support Project Update**

Within the Northern area from January – March 2022, the Trust and the local councils helped assist with alleviating poverty with an emergency fund. Demand was great and this year it is expected that demand will be higher owing to fuel and food price hikes.

Causeway Locality from February – March 2022 47 children and 23 families were referred. Investment from the Trust was £8,000. Feedback from Causeway to say they are inundated with referrals. Save the Children are allocating new funding. Kate to share the report with CYPSP at the next meeting.

**9. Family Support Hub Update – Jessica Linden**

Jessica works for Action for Children in their Coleraine and Moyle support hubs. Jessica said that there has been increased demand with a record number of families referred. Barnardos have accepted referrals from Action for Children but it was felt there is a need for support for children with autism as there is long waiting lists. Jessica is looking to extract data from the annual evaluations of the hub.

**10. Any Other Business**

CYPSP Locality Updates – Bronagh shares the updates with CYPSP database every Friday. Anyone looking information disseminated, please forward to Bronagh.

Welcome to Gabrielle Quinn from Causeway Coast and Glens Borough Council and Katrine McDermott NHST as new members to CYPSP.

**11. Date and Time of Next Meeting**

Tuesday 17<sup>th</sup> May 2022 at 10am via zoom.