

Dear whomever this may concern,

We are currently recruiting young people for our SAIL program which will begin November 2022. This program will be based in the Belfast Area (location TBC). It will run for 6 months with days and times to be confirmed once our group has been identified.

SAIL program is for young people between the ages of 16-30 years who have left school or who are preparing to leave school and do not intend to attend any full-time Education Colleges, Day Centres and/ or other training facilities.

SAIL (Social, And Independent Living) programme offers young people with a physical disability and/or mild to moderate learning disability, an interactive and fun learning experience. This community-based programme helps young people build self-confidence and develop self-awareness and provides emotional and practical support during the transition between adolescence and adulthood.

SAIL offers participants an opportunity to develop or improve basic independent living skills and empowers these young people with additional needs to live more independent and confident lives within their chosen community

The program will be planned around the young people's development needs which will be established through a personal assessment plan and staff will converse with young people on the program and have their input during the planning process.

If you wish to make a referral, please complete the application form attached and send it to [nicoleautonomieorg@gmail.com](mailto:nicoleautonomieorg@gmail.com).

For further information please see leaflets attached or contact Nicole Hammond (Youth Development Officer) either via email [nicoleautonomieorg@gmail.com](mailto:nicoleautonomieorg@gmail.com) or via telephone [028 95918051](tel:02895918051).

Regards,

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*Youth Development Officer.*

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