

DRUG AND ALCOHOL SUPPORT SERVICES

WESTERN HEALTH AND SOCIAL CARE TRUST AREA

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This publication can also be downloaded from www.drugsandalcoholni.info



Services for Adults

HURT

Range of therapeutic support services for adults with substance misuse issues/difficulties.

[Open Access](#)

HURT

Tel: 028 7136 9696

Oak Healthy Living Centre

Drop In Service / [Open Access](#)

The Lite House, Lisnaskea

Tel: 028 6772 3843

info@oakhlc.com

ARC Fitness

Addiction Recovery Coaching

[Open Access](#)

Tel: 07510 47559

arcfitnessni@yahoo.com

Low Threshold Services

For those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

[Open Access/Self Referrals Accepted](#)

ARC Healthy Living Centre (SOLACE) Fermanagh

Tel: 028 6862 8741

DePaul Ireland (Foyle Haven) Derry

Tel: 028 7136 5259

First Housing

Tel: 028 8225 2730 (Ramona House - Omagh)

Tel: 028 7137 1849 (Floating Support - Derry)

Tel: 028 7136 1156 (Damien House - Derry)

Apex Housing Derry

Tel: 028 7126 7957 (The House in the Wells)

Tel: 028 7136 2689 (Foyle Valley House)

Inspire Addiction Services

Focusing on recovery and inclusion by empowering and supporting people to achieve their goals.

Tel: 028 828 39240

addictionservices@inspirewellbeing.org

www.inspirewellbeing.org

Steps to Change

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

ASCERT

Tel: 028 8244 8170 Tel: 0800 254 5123

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP/Health Professional Referrals](#)

WHSC

Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

Tel: 028 6638 2073 (Enniskillen)

Tel: 028 8283 5453/5365 (Asha Centre, TFH, Omagh)

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

[Addiction Service Referrals](#)

Asha Centre, TFH, Omagh, Detox Unit

Tel: 028 8283 5453/5365

Northlands

6 week residential rehab programme.

Tel: 028 7131 3232

Young People/Family

Enniskillen Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

Find Centre

Tel: 028 6632 5559

Derry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

Our Space

Tel: 077 5485 6792

clare@nwys.ie

HURT Drug and Alcohol Lifeskills Programme

HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

[Open Access](#)

HURT

Tel: 028 7136 9696

Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

[Targeted at At-Risk/Vulnerable Groups](#)

ASCERT

Tel: 028 8244 8170 or Tel: 0800 254 5123

Steps to Cope/ Hidden Harm

For young people aged 11-25 who have been impacted by parental substance use and mental health problems.

[Open Access/Self Referrals Accepted](#)

ASCERT

Tel: 0800 2545123

www.stepstocope.co.uk

stc@ascert.biz

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

ASCERT & Start 360

Tel: 028 7137 1162

Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

Start 360

Tel: 028 7137 1162

DAMHS (Drug & Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

WHSC

Tel: 028 7186 5238

Specific Groups

Needle and Syringe Exchange Sites

Lloyd's Pharmacy

1 Ebrington Terrace, Derry

Tel: 028 7134 2454

28 Belmore Street, Enniskillen

Tel: 028 6632 2202

Superdrug

Ferryquay Street, Derry

Tel: 028 7126 3334

Mourne Pharmacy (Medicare)

8a Beechmount Ave, Strabane

Tel: 028 7188 5548

Gordon's Pharmacy

Unit 2, 57-61 Main Street, Limavady

Tel: 028 7776 3438

Older People

Domiciliary Outreach Programme

[Open Access/Self Referrals Accepted](#)

WHSC

Tel: 028 7131 4239

Group Support

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

Tel: 028 9035 1222

www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

Tel: 028 9068 2368

www.alanonuk.org.uk

Alateen

Group Support for Teenagers

Tel: 028 9068 2368

www.al-anon.org/for-alateen

Narcotics Anonymous

12 Step Programme/Group Meetings

Tel: 0300 365 1010

www.na-northernireland.org

Community/Stakeholder Support

Western Drug & Alcohol Coordination Team/ Connections Service (WDACT Connections)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 0800 254 5123 (ASCERT)

www.drugsandalcoholni.info

connections@wdact.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

Tel: 0800 254 5123

Regional Service Users Network

Tel: 028 7136 6363

In Crisis? Call

Lifeline

FREE 24/7 HELPLINE
0808 808 8000



"Addressing drugs and alcohol together"