

IYNI Support Calendar 2022/23



Welcome to the IYNI Parenting Programmes Support Calendar 2022-2023

What is IYNI?

IYNI is the strategic co-ordination project for the implementation of Incredible Years® programmes across Northern Ireland. The project is managed regionally by the National Children's Bureau (NCB) and supported at local level by Child Development Intervention Co-ordinators (CDICs) based in each of the Health and Social Care Trusts. All of this activity is funded by the Public Health Agency (PHA).

IYNI aims to promote, encourage and support a culture of fidelity and high quality implementation of Incredible Years® programmes.

Who can apply for these events?

Applications are welcomed from Incredible Years® parenting programme group leaders and their managers as well as those interested in bringing Incredible Years® into their setting. **You can apply for places through your local CDICs on a first come, first served basis.** Places are limited per Trust area. Some eligibility criteria may apply.

What other tailored support is available?

As well as the events listed in the calendar, CDICs in each of the Health and Social Care Trust areas of Northern Ireland offer a range of other support packages to agencies delivering or hoping to deliver Incredible Years® programmes. These include:

- **Advice** on deciding if these programmes are right for your service and guidance on what's involved in a high quality implementation.
- **A lending library** of programme resources, cameras and tripods. Access to recording equipment is key in unlocking supervision opportunities for staff.
- **Group Leader training** with an accredited Mentor to enable your staff to deliver Incredible Years® programmes in your own setting.
- **Peer coaching** - IY's guided self-reflection model of supervision for group leaders, based on video observation and linked to enhanced outcomes.
- **Accreditation support** - a fantastic CPD opportunity for group leaders which also acts as a quality assurance mechanism by enhancing practice fidelity.

At a glance ... 2022

Regional Practice Sharing Event	<ul style="list-style-type: none"> Monday 12th September, 2pm – 5.30pm
Pre-School/Basic ‘Update Your Skills’	<ul style="list-style-type: none"> Monday 26th September, 10am – 1pm
Measuring Impact Training	<ul style="list-style-type: none"> Thursday 6th October, 10am – 12.30pm
ASLD ‘Update Your Skills’	<ul style="list-style-type: none"> Thursday 13th October, 10am - 1pm
Pre-School/Basic ‘Update Your Skills’	<ul style="list-style-type: none"> Thursday 10th November, 10am – 1pm
Advanced Impact Reporting	<ul style="list-style-type: none"> Tuesday 15th November, 10am – 12.30pm
Peer Networking Meet Up	<ul style="list-style-type: none"> Wednesday 23rd November, 10am – 1pm
Baby ‘Update Your Skills’	<ul style="list-style-type: none"> Monday 5th December, 1pm – 4pm
Peer Coach Informal Meeting	<ul style="list-style-type: none"> Date to be confirmed

At a glance ... 2023

Why Choose IY?	<ul style="list-style-type: none"> Monday 16th January, 10am – 1pm
Implementation Fidelity Workshop	<ul style="list-style-type: none"> Tuesday 31st January, 10am – 1pm
Peer Networking Meet Up	<ul style="list-style-type: none"> Thursday 2nd February, 10am – 1pm
Measuring Impact Training	<ul style="list-style-type: none"> Thursday 7th February, 10am – 12.30pm
Advanced Impact Reporting	<ul style="list-style-type: none"> Thursday 2nd March, 10am – 12.30pm
Consultation Day for Pre-School Basic	<ul style="list-style-type: none"> Thursday 30th March, 10am – 3.30pm

Regional Practice Sharing Event

This annual event brings IY Group Leaders, Managers and Commissioners together with expert speakers and workshop facilitators to reflect on the implementation journey and successes to date. **We are delighted that our keynote speaker this year is Dr Carolyn Webster-Stratton, Incredible Years Programme Founder.**


Monday 12th September 2022

- 2pm – 5.30pm
- Online via Zoom
- Closing date for applications – Monday 5 September 2022

Why Choose IY Programmes?

This session presumes no prior knowledge of The Incredible Years® suite of programmes. We'll look at the many programmes on offer, share research on the associated outcomes and explore what 'organisational readiness' is required to sustain IY parent programmes. The session is suitable for agencies and practitioners who are new to Incredible Years®, as well as to funders or commissioners interested in evidence-based parenting and family support.

Monday 16th January 2023

- 10am – 1pm
 - Online via Zoom
 - Closing date for applications – Monday 9th January 2023
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Implementation Fidelity Workshop

With an increasing focus on using evidence-based interventions to best meet the needs of our communities and client populations comes the responsibility to ensure that we deliver them in practice as the developers and researchers intended, in other words, with 'fidelity'.

This half day training session supports managers and administrators in their efforts to introduce, embed or scale-up evidence based interventions by exploring the theory of 'implementation science', explaining the link between fidelity and outcomes and identifying practical ways of bridging the 'science to service' gap and creating enabling contexts for success.

Tuesday 31st January 2023

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Tuesday 24th January 2023

Peer Networking Meet-Up for IY Group Leaders

An open meet up for all IY Parent Group Leaders based in Northern Ireland regardless of which programmes you deliver. This is a great chance to make new connections, hear more about what's happening in the world of Incredible Years®, and to share challenges and solutions for delivery.

Wednesday 23rd November 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Wednesday 16th November 2022

Thursday 2nd February 2023

- 10am – 1pm
- Face to face (Venue TBC)
- Closing date for applications - Thursday 26th January 2023



Measuring Impact Workshop

This half day workshop will help you explore how you can measure the impact of IY Parent Programmes and how to use that data to improve your service. Find out about the outcomes measures and tools you can use, how to analyse and report your findings and who to share that powerful information with. The workshop is open to managers, administrators, and group leaders.

Thursday 6th October 2022

- 10am – 12.30pm
- Online via Zoom
- Closing date for applications – Thursday 29th September 2022

Tuesday 7th February 2023

- 10am – 12.30pm
- Online via Zoom
- Closing date for applications – Tuesday 31st January 2023

Advanced Impact Reporting Workshop

This half day workshop builds on our popular 'Measuring Impact' sessions. You will learn how to use Excel to analyse and display your impact data, and use this to demonstrate the impact of your service and support service development and delivery.

Tuesday 15th November 2022

- 10am – 12.30pm
- Online via Zoom
- Closing date for applications – Tuesday 8th November 2022

Thursday 2nd March 2023

- 10am – 12.30pm
- Online via Zoom
- Closing date for applications – Wednesday 23rd February 2023



Programme-specific support for group leaders

IY Baby Parent Group Leaders

Update Your Skills Session

An informal but structured and supportive session for IY Baby Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support and skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

Monday 5th December 2022


- 1pm – 4pm
- Online via Zoom
- Closing date for applications – Monday 28th November 2022

IY Autism Spectrum & Language Delays Parent Group Leaders

Update Your Skills Session

An informal but structured and supportive session for IY Autism Spectrum & Language Delays Parent Group Leaders to refresh or enhance training and delivery skills. Open to those who have yet to deliver and those early in their IY delivery journey as well as more experienced group leaders. This support and skills session will help group leaders continue their journey of delivering with fidelity; recognise the value of recording their sessions; find out more about peer coaching and becoming accredited.

Thursday 13th October 2022

- 10am - 1pm
 - Online via Zoom
 - Closing date for applications - Thursday 6th October 2022
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IY Pre-School Basic Parent Group Leaders

Update Your Skills sessions

An informal and supportive training session to 'refresh' training and delivery skills for IY Pre-school Basic Parent Group Leaders who have yet to deliver and/or those early in their IY delivery journey. This half day training is designed to be a stepping stone to help group leaders continue their journey of delivering with fidelity; start to think about recording their sessions; find out about peer coaching and find out about becoming accredited.

Monday, 26th September 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Monday 19th September 2022

Thursday 10th November 2022

- 10am – 1pm
- Online via Zoom
- Closing date for applications – Thursday 3rd November 2022

Pre-School/Basic Consultation Day

A whole group supervision experience where IY Group Leaders bring a 5-10 minute clip of their delivery for self-evaluation and discussion among their peers. This really motivating full day session is led by an IY Mentor and certified by Incredible Years® Seattle.

Preference will be given to group leaders who are currently recording their deliveries and are happy to share short clips for review.

Thursday 30th March 2023

- 10.00am – 3.30pm
- Online via Zoom
- Closing date for applications – Thursday 23rd March 2023

Peer Coach Informal Meeting

A chance for trained Peer Coaches to meet online for an informal chat with peers and Mentor, review their training and progress, and learn about further opportunities for development.

Date TBC

- Online via Zoom
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How to Apply

Please contact your local Child Development Intervention Co-ordinator to find out more about the support on offer and register your interest.

Any registrations of interest should be submitted in advance of the stated closing date for each event.

Places are limited per Trust and some eligibility criteria may apply so early registrations of interest are encouraged.

A Zoom joining link and further information will be provided in advance of the meeting.

Child Development Intervention Co-ordinator Contact Details

Belfast HSC Trust – Marie McAuley

Health Improvement Team, Graham House, Knockbracken Healthcare Park, Saintfield Road,
Belfast BT8 8BH

Tel: 028 9504 2473

E-mail: Marie.McAuley@belfasttrust.hscni.net

Northern HSC Trust - Kate McDermott

Health & Wellbeing Team, Spruce House, Ballymena BT43 6HL

Tel: 028 2563 5575

E-mail: Kate.McDermott@northerntrust.hscni.net

South Eastern HSC Trust – TBC

Health Development Department, Ards Hospital, Church Street, Newtownards BT23 4AS

Tel: 028 9181 2661

E-mail: please contact your local Trust representative, any other CDIC, or Claire Dorris
cdorris@ncb.org.uk

Southern HSC Trust - Martina McCooey

Promoting Wellbeing Department, St Luke's Hospital, Loughgall Road, Armagh BT61 7NQ

Tel: 028 3756 4462 / 077 9545 0278

Email: Martina.McCooey@southerntrust.hscni.net

Western HSC Trust – Lisa Storey

Health Improvement and Equality Department, Maple Villa B, Gransha Park,
Derry/Londonderry BT47 6WJ

Tel: 028 7186 5127

E-mail: Lisa.Storey@westerntrust.hscni.net

United for a better childhood

The National Children's Bureau brings people and organisations together to drive change in society and deliver a better childhood for the UK. We interrogate policy, uncover evidence and develop better ways of supporting children and families.

Let's work together: 020 7843 6000 | info@ncb.org.uk

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Belfast: The NICVA Building, 61 Duncairn Gardens, BT15 2GB



Part of the family

NATIONAL CHILDREN'S BUREAU

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