

North Belfast LPG Meeting

Via MS Teams

Tuesday 6th September 2022 at 10am

Name	Organisation	Present	Apology
Charlene Mitchell	LPG Coordinator, BHSCT	✓	
Claire Allen (Chair)	New Lodge Duncairn Community Health Partnership	✓	
Alanna McGarry	Ashton Centre	✓	
Caroline Milligan	Glenbrook Sure Start, BHSCT	✓	
Chelsea Parkinson	Bryson Energy and Employability	✓	
Ciara Corrigan	NIACRO	✓	
Edith McManus	Lower North FSH	✓	
Fionnuala Black	Ashton Centre	✓	
Karen Hillis	Action Mental Health	✓	
Margaret McDonald	BHSCT	✓	
Paul Baron	Ashton Centre	✓	
Pól Brennan	Connected Community Care	✓	
Stephen Reid	The Vine Centre	✓	
Rebecca Whitehouse	Macs NI	✓	
Julie Kinnear	Upper North FSH	✓	
Julia Carson	W5	✓	
Joe McGovern	Extern	✓	
Judith Harvey	W5	✓	
Wendy Stewart	Action Mental Health	✓	
Gareth Maguire	Sport Changes Life		✓
Gillian Boyd	Cedar Foundation		✓
Julie Jamieson	New Lodge Community Health Partnership		✓
Justine Fricker	EANI		✓
Katrina Newell	Ashton Centre		✓
Keeva Watson	Redeeming Our Communities (ROC)		✓
Laura Feeney	Save the Children		✓
Martina McIlkenny	PIPS Charity		✓
Natalie Killough	BHSCT		✓
Niamh Rainey	NOW Group		✓
Phil Lindsay	Barnardo's		✓
Richard McLernon	Belfast City Council		✓
Sinead Campbell	Advice NI		✓
In Attendance			
Jennifer Heverin	LPG Administration, BHSCT	✓	

	Topic	Action	Responsibility
1.			
2.			

<u>Action</u> <u>by:</u>	
	<p>1. Welcome and Introduction</p> <p>Claire Allen opened the meeting by welcoming those present and facilitating a round of introductions.</p>
	<p>2. Previous Minutes of 7th June 2022</p> <p>The Minutes from 7th June were examined and found to be an accurate reflection of the meeting and no amendments were required. There were also no action points from this last meeting.</p>
	<p>3. Presentation – Judith Harvey, W5</p> <p>Judith Harvey is the Head of Learning and Engagement for The Odyssey which includes W5 and a new project Life @ W5 (Learning Innovations For Everyone).</p> <p>W5 is a science and discovery centre focusing on science and technology in the real world with the aim to excite people about these topics through over 200 interactive exhibits. However, an issue was identified that young people who were not involved in this sector or have achieved qualifications in different areas were finding it difficult to identify career pathways and employability options in this field or where they could go to get advice and some further training outside a formal education setting. As a result a new 20,000ft² learning space within The Odyssey will be launched in September.</p> <p>The purpose of this space is to provide young people with opportunities to engage with digital technology and its real world application e.g., using Minecraft as a tool and showing how this can be applied to AI diagnostic techniques within the health and life sciences sphere and in turn linking into the huge employability sector with NI.</p> <p>Life @ W5 will be working with a range of industrial partners such as Microsoft and recreating their DreamSpace educational facility which is based in Dublin. They will also be working with Almac from a health and life sciences perspective, collaborating with Belfast Harbour as well as The Nerve Centre. A range of programmes will be developed to cater for KS2 right the way through school, alongside programmes for women returners and community engagement.</p> <p>They are currently trying to raise awareness and forge links with industry. A range of programmes can be offered, tailored and linked to employability routes.</p> <p>For further information please contact Judith Harvey at judith@theodyssey.co.uk</p>

4. Presentation – Chelsea Parkinson, Bryson Training and Employability

The Bryson 'Skills for Life and Work Vocational Pathway Programme' is funded by the Department for the Economy and is a full time vocational training programme with 10 wide-ranging subjects available.

Eligibility criteria is that the young adult must have completed their formal education, therefore be 16yrs+ and live in the Greater Belfast area. There is further specific criteria for 18-23yr olds. No entry qualifications are needed. The programme is ideally for young adults who have had school disengagement and have perhaps left school without qualifications or even for those who have qualifications but have other barriers that prevent them for moving onwards.

The participants can achieve a Level 1 certificate in their chosen subject and also the opportunity to work towards Level 1 qualifications in essential skills such as numeracy, literacy and IT alongside Level 1 in Personal Life Skills and Employability. A work placement can also be arranged in relation to their chosen vocational subject.

Benefits of the programme include a weekly payment of £40, a travel entitlement, a £65 enrolment bonus after 4 weeks and a further bonus on completion of the course. One of the other key benefits offered by the programme is the support given – classes are limited to 10-12 people as well as the availability of dedicated support and mentoring as well as an in-house counsellor if required.

For further information please contact Chelsea Parkinson on Chelsea.parkinson@brysonenergy.org

5. Presentation – Karen Hillis, Action Mental Health

Karen Hillis is the Service Manager for Action Mental Health's Regional Menssana Team which operates across Northern Ireland. This service focus' on children, young people and adults in an early intervention post and delivers a range of educational and training programmes to children and young people across the province. Some of the programmes are as follows:

Little Healthy Me – aimed at P1-P4 and delivered as 3 x 1hr sessions across 3 days.

Healthy Me – P5-P7 delivered as 1 x 3hr session within one day

Provoking Thought – for ages 11-25yrs delivered online or in person covering a range of specialist topics as well as mental health awareness. These are 60min or 90min sessions.

Mindset – aimed at 14-17yr olds or adults aged 18+. The online session lasts 2.5hrs and the in-person session lasts 3hrs. It includes understanding mental health and resilience techniques.

Mindful Carers – aimed at 14-17yr olds or adults aged 18+ and offers 1:1 as well as group support, resilience programmes and drop-in sessions. Offered online and in-person.

Your Emotional Wellbeing – 6wk resilience programme for adults aged 18+. The 2hr session can be via Zoom or in-person and covers topics such as coping with change, self-esteem, confidence and managing stress.

To book any of these courses or for further information please contact Karen Hillis at

E: khillis@amh.org.uk

M: 07590 444630

W: <https://www.amh.org.uk/services>

6. FSH Updates

FSH Area:	Lower North Belfast
Timeframe:	1 st June 2022-1 st September 2022
Number of Service Requests Received in timeframe:	88
Number of Service Requests Received to date:	1591
Source of Service Requests:	Self, GP, CAMHS, Community

Key Gaps identified:

- Continuing to receive referrals for Counselling when this may not be the most appropriate services so services overstretched

Key Successes identified:

- Signed up Hope counselling as new member
- Attended Developing a Child's Brain training with Ed Sipler
- Huge increase in referrals for financial support

AOB for Sharing:

- Concerns from parents about children & young people being on reduced hours in school

Julie Kinnear is the very newly appointed Upper North FSH Coordinator and she gave a brief update. There have been 81 referrals since June for a range of counselling and mentoring services. Increased requests for financial support also noted as well as asylum seeker families looking ahead for winter clothing.

7. Members Updates

Fionnuala Black – Ashton Centre

Fionnuala gave an update Ashton's Uniform Shop. Uniforms were collected from the end of the school term, freshly laundered ready for redistribution. The need was phenomenal and 390 uniforms were supplied in August. People came from all over the city, not just North Belfast. A huge increase was noted from 2019 when the uniform shop last took place.

It was also found that the uniforms offered a gateway for families to be signposted to other services.

Charlene Mitchell – LPG Coordinator

Charlene stated that issues have been raised in some of the other FSH's around asylum seekers living in hotels. Concerns were noted around children not getting any breakfast and having to walk long distances to school, also no suitable food available for weaning babies. These issues among others were raised at the June BAOG meeting and will be raised again at the September BAOG meeting. In the meantime contact is trying to be made with Red Cross to establish what they offer and what the expectation on the community organisations are. There is some work taking place behind the scenes regarding this and the LPG will be updated as and when more information is available.

Caroline Milligan – Glenbrook Sure Start

Caroline had a few points to raise:

- i) *School Uniforms* – suggested schools and the Department of Education should be lobbied regarding the high cost of school uniforms.
- ii) *Fuel Costs* – it is not only families that are being impacted but also community organisations which in turn dictates how and where services can be delivered if costs are doubling.
- iii) *Little Learners Programme* – this collaboration with Glenbrook and East Belfast Sure Starts, Department of Education and Solas are running a pilot programme supporting 2-3yrs olds with social communication difficulties and hoping to organise a second year for the children taking them into their preschool year.

8. LPG Update

Charlene Mitchell noted that a new LPG Action Plan is required. Rather than add these potentially lengthy discussions into the LPG meetings, a sub-group will be created to focus on the new 3 year plan.

The first meeting will be an agreement of the priorities and it is hoped that this will take place mid-October, however further information will follow.

9. A.O.B

- Any news or information that you wish to share in the LPG Update Email please send to localityplanning@belfasttrust.hscni.net
- The next North Belfast LPG meeting is planned for Tuesday 8th November and will be a face to face meeting.

No other discussions took place so Claire Allen thanked everyone for attending and the meeting drew to a close.

2022 Dates for North Belfast LPG Ordinary Meetings

DATES (Tuesdays)	TIME	VENUES
8 th February	10am	MS Teams
5 th April	10am	MS Teams
7 th June	10am	MS Teams
6 th September	10am	MS Teams
8 th November	10am	TBA