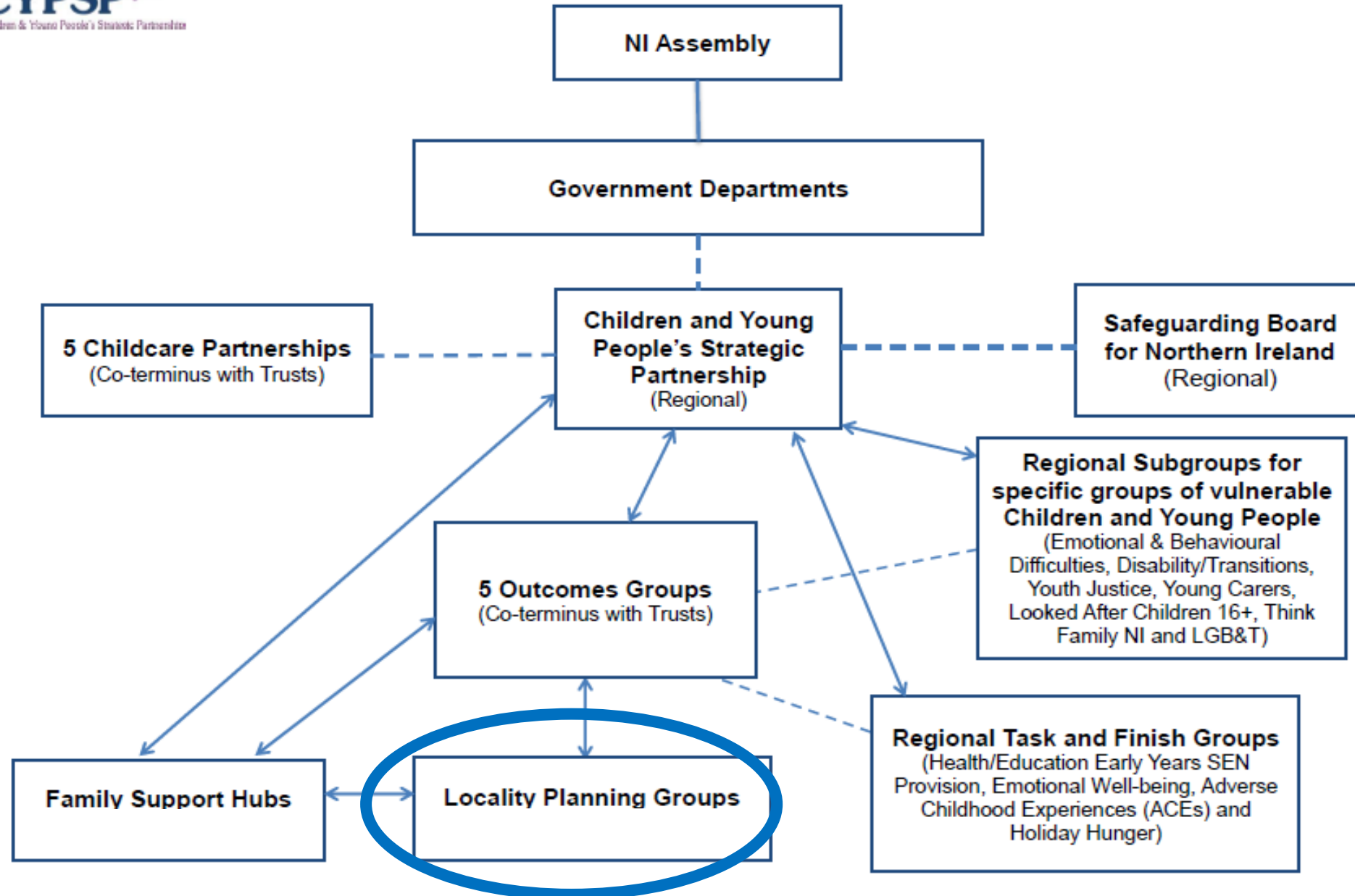


Locality Planning Groups Working Together



What are Children and Young People's Strategic Partnership Locality Planning Groups?



- There are 5 LPGs in the NHSCT- Antrim Ballymena, Causeway, Mid-Ulster, Larne Carrick and Newtownabbey
 - Over 400 members from community, statutory and voluntary sectors.
 - Each LPG meets bi-monthly. We also have sub groups for actions.
- We work with the outcomes group, members, parents, children and young people to identify needs, create an action plan, carry out actions to meet need, evaluate and share learning.
- In 2020 we carried out a survey with children, young people and parents who identified three main priorities:
 - 1. Mental health/emotional wellbeing**
 - 2. Physical activity**
 - 3. Education**
- This formed the basis of our action plans for the next several years.

Mental Health/Emotional Wellbeing

Co-ordinated various mental health/emotional wellbeing training- 72 parents and 79 members

Facilitated 500 connection boxes designed by and for young people 14-25 to combat loneliness and support emotional wellbeing

Solihull, Incredible Years, Parents Plus, Parenting NI programmes to 49 members, 12 schools and 60 parents

Promotion of LGBT training- 70 members

Funding support for bereaved children through 'Bereavement Boxes'

144 members received trauma training

Co-ordinated 10 Children's MH sessions carried out

Over 2000 arts and craft packs to children in emotional need at key points throughout the year - summer and Christmas

Trauma informed schools sessions provided to 10 Northern area schools



Additional funding sourced to provide physical activity programmes to eight member organisations

200 Healthy movers packs and other physical activity equipment provided to pre-school organisations

Funding support to make local beaches more inclusive

A photo competition encouraging children and young people to be active outside

Physical Activity

Multi-skills Sessions for children with Downs Syndrome

A physical activity survey of children and young people

Funding provided for outdoor toy box in local park



Resilience Workshops for
Post-primary school
children sitting their first
exams after lockdown

“Supporting young people in
the return to school
following the Covid-19
lockdown” training - 366
people attended

Education

Promotion of
health and
wellbeing initiatives
in schools

Looking After Me journal given
to 1450 children with additional
MHEW needs to help them
transition to post-primary



Other initiatives

ASD training delivered to 20 parents and members

250 Grow Your Own Veg kits

ADHD training delivered to 17 parents

Save the Children emergency response financial grants- 386 families 913 children

Demystifying Disability Hate crime training- 19 members

Co-ordinated money management training for members and parents

Internet safety training- 150 members attended

Facilitated small grant opportunities

Digital Safeguarding Forum launched. Social media campaign ran

Migration awareness training- 17 members

NSPCC Pants Campaign
1000 resource packs to families
Resources sent to all LPG organisations
All schools received books and resources
376 staff trained
Resources provided for PHN Year 3 review reaching over 600 families
Co-ordinated schools PANTS week
Identified need for additional languages





Members' comments

"Very useful and informative training"

"Will be integrating into my work"

"He goes everywhere with his little rucksack on his back now. He just loves it. He loves to get us to join in, playing with him, especially the ball."

"A fantastic course to have been a part of. I have gained a wealth of knowledge and the ability to discuss with other professionals from varying backgrounds has been invaluable. Amazing trainers!"

"My class have been playing two of their favourite games everyday on the playground and it has been pleasing to see pupils who do not normally play games, lead games."

"For me, the course has created more awareness around Disability Hate Crime. It was something I was oblivious to before the course, it has certainly opened my eyes."

"Gave me a new view on safeguarding and what to look out for with children"

"I gained knowledge about people from different backgrounds and how I could support people from different backgrounds in my work"

"It's very engaging and the children love all the games they play - they've asked me to play them in the afternoon when I've been with them!"

"This training gave me an excellent insight into why adverse childhood experiences can impact so badly upon a child's development"

Parents, children and young peoples' comments

"My kids had great fun getting active outside for the photo competition. The runner up goodie bag was great. It has lots of things to help them stay active outside as they grow"

"Moral support for parents was great as a lot didn't see other parents of children with Downs Syndrome throughout COVID"

"I am over the moon with this box, it has come about when I needed it. Thank you for thinking about me!"

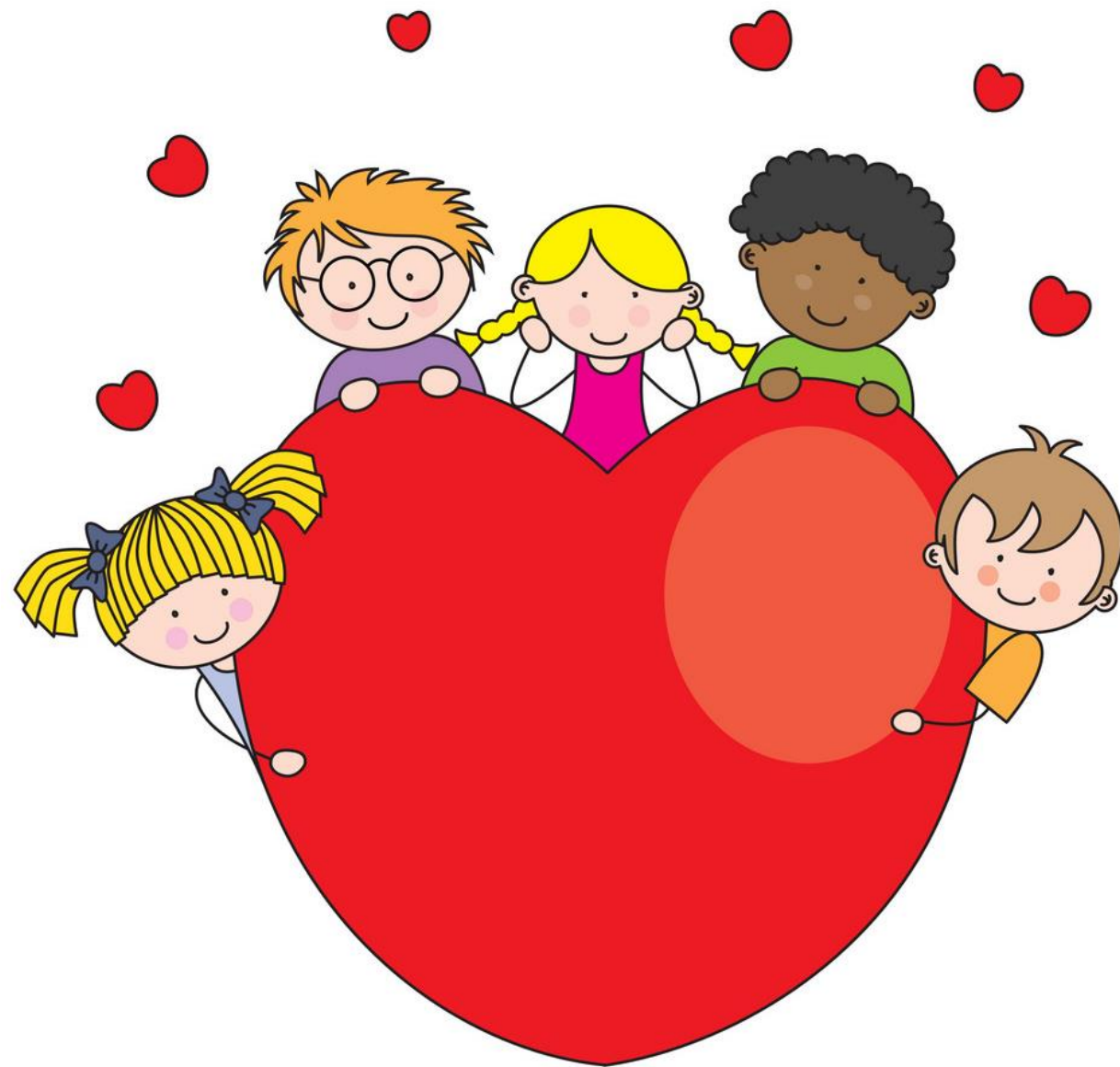
"Kids loved meeting up making new friendships while learning new skills, taking turns etc."

"It has given me something to focus on and I am enjoying taking care of them as they begin to grow"

"(It helps to) build yourself up instead of tearing yourself down"

"The munch club has been a big hit with my boys. They love making the food & they are enjoying the sports activities too. It really is a great initiative!"

"I made all the meals suggested with the assistance of my youngest two children. One of which has a very limited diet and he made and ate his own burger! Never has he attempted to eat any burger before today. Unbelievable!"



If anyone is interested in joining a locality planning group in your area contact:

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