

**Contributing to Developing Happy, Healthy Children &
Young People
15 June 2022
Tullyglass House Hotel**

Opening Address	Dr Karen McWhinney – on behalf of NOAG Chair
NHSCT Infant Mental Health Strategy	Susan Gault MBE
Midwifery – Getting Ready for Baby	Jackie O'Neill Shauna McPeake
Promoting IMH on the Neonatal Unit: Trauma-Reducing Interventions Neonatal Unit Antrim Area Hospital	Clinical Sister Leanne Richmond and Dr Aiveen Higgins
Health Visiting – UNICEF Baby Friendly Project; Star Babies; Infant Massage; Henry project	Pamela McBride
SureStart and SLT	Elaine Donnelly
Moving Forward – Development of the next 3-5 year IMH strategy	Susan Gault MBE
Anchor - (Attune to Self and others; co-regulation) Delivered by Una McCann	
11.40am – 11.55am Comfort break	
Primary Age Focus	
Roots of Empathy	Emma McElhone
Barnardo's – PATHS	Mairead Ewart
Move and Breathe (Transform emotion/energy, raise joy and happiness, prepare for digestion and cultivate connection)	



12.45pm-1.45pm - Lunch & Conversations with Delegates & Exhibitors / Take 5 Animations

Express (Energy, Feelings)

Locality Planning Groups

Bronagh McCrory
Lynsey McVitty
Sinead McCormick

Family Support Hubs

Fiona Stanton

Fresh Minds Education

Aine Wallace

Post Primary Age Focus

Relax (rest, restore, reflect)

CYPSP – Youth Wellness Web

Valerie Maxwell
Yvonne McNeill

School Nursing: Text a Nurse and Abbey College Project

Janet Clingen

Take 5/Solihull

Chris Lindsay

YES Project Start 360

Gerry McVeigh

Transitions – USEL and CRUN

Joseph McDonnell
Michele Loughery

Closing Remarks

Maxine Gibson

Delegates to complete evaluation forms and visit information area