

'Parenting in a Pandemic' OBA

March 2021

Health and Wellbeing Service

Context and background

Northern Area Children and Young People's Strategic Partnership (CYPSP) Locality Planning Groups (LPGs) carried out a needs survey with children/young people and parents (CYP) in 2020. Mental health/emotional wellbeing was identified as the top need by children/young people (CYP) and parents.

We worked in partnership with
The training took place online to meet Covid restrictions.

CYPSP Outcomes

This aligned with CYPSP Outcomes, in particular:

- Children and young people are physically and mentally healthy

How much did we do?

We coordinated a 1 hour workshop for parents/anyone working with parents which was delivered by Siobhan Wilson Mc Glinchey.

60 registered for the training with _____ attending the session.

How well did we do it?

The average rating given by those completing the evaluation was 4.8 out of 5



What was the best thing about this training?

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What could have been better about this training?

Is anyone better off?

“This training was very well organized and was presented so well. it is great when presenters demonstrate application of learning to practice”

“I thoroughly enjoyed the training, I wanted more of it. The facilitator was really interesting, knowledgeable and engaging”

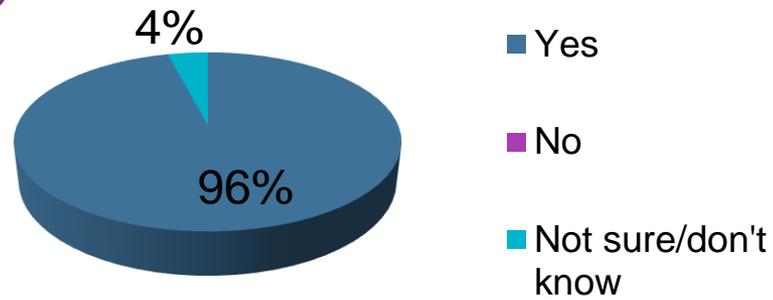
“Brilliant training and fits in very well with our Looked After Children Team Programme”

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Do you feel more equipped to support children and young people with mental health and trauma needs?



“highly recommend this training to others”

“I found it really informative with practical ideas that can incorporate into practice”

“This training gave me an excellent insight into why adverse childhood experiences can impact so badly upon a child's development”

“good resources and slides”

Conclusion

- Training was very positively evaluated with the rating on average 4.8 out of 5. 96% of people completing the evaluation felt more equipped to support children and young people with mental health and trauma needs with only 4% of people saying they were not sure / don't know.
- There was a noticeable reduction from the number of people registered to those who attended the training. This seems to be a feature of online training courses.
- Some people had connection issues which affected the value of the training for them.
- There may be benefits in a mixed delivery method going forward with online and face to face sessions
- There seems to be an ongoing interest and need for trauma and mental health awareness amongst staff working with children and young people