

Youth Led Mental Health Panel

Want to take Action on Mental Health?

Are you aged 13-24 years old and living in Northern Ireland?

Do you want to have your say on youth mental health?

Gain new experiences and make a difference?

Be a part of Action Mental Health's Youth led Panel through our group, which will meet every few months, or as part of our wider membership panel.



YOUTH
MENTAL
HEALTH
PANEL



@amhNI

Zoom Sessions

Come join Laura and Caiti for our zoom info sessions.

When: 15th/16th/22nd of November 2022

Time: 7pm-8pm

Hit the link below to let us know you are interested and we will send you a zoom invite and more information.

LEARN MORE



Register to our zoom [here](#)

Young People/Parents/Teachers/Carers

To find out more about our youth panel join us at one of our zoom sessions (info above).

You can also email us for further information at:
youthpanel@amh.org.uk.

Parental consent for participation in the Core Panel will be required for those under the age of 16.



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