

Sure Start NI

Number of Sure Start Projects



- Sure Start works in the **top 25%** most deprived wards
- Employs over 1,200 staff across multi-disciplinary teams



G-old Community Partnership



Health and
Social Care

Women's Aid
CAUSEWAY & MID-ULSTER

27 Old Coagh Road
Cookstown
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T: 028 8676 9300
causewayandmidulsterwomensaid.org.uk



Believe in
children
Barnardo's



Sure Start Families . . .

Mental Health

Physical Health

Isolation

Education

Same Sex Parents

Access to Services

Lone Parents

Divided Communities

Housing Issues

Family Breakups

Rurality

BME Families

Poverty

Special Needs

Blended Families

Domestic Violence

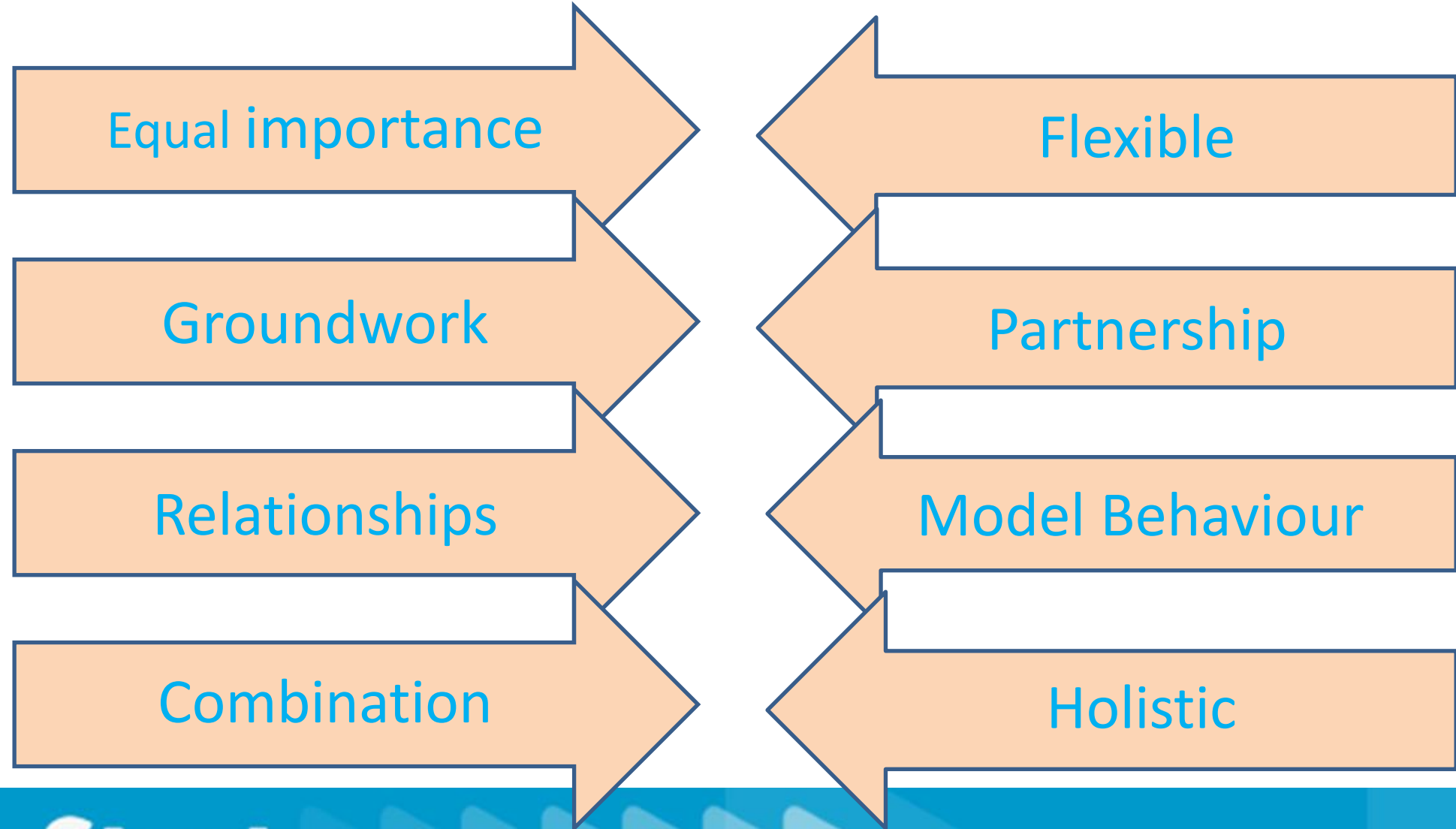
Extended Families

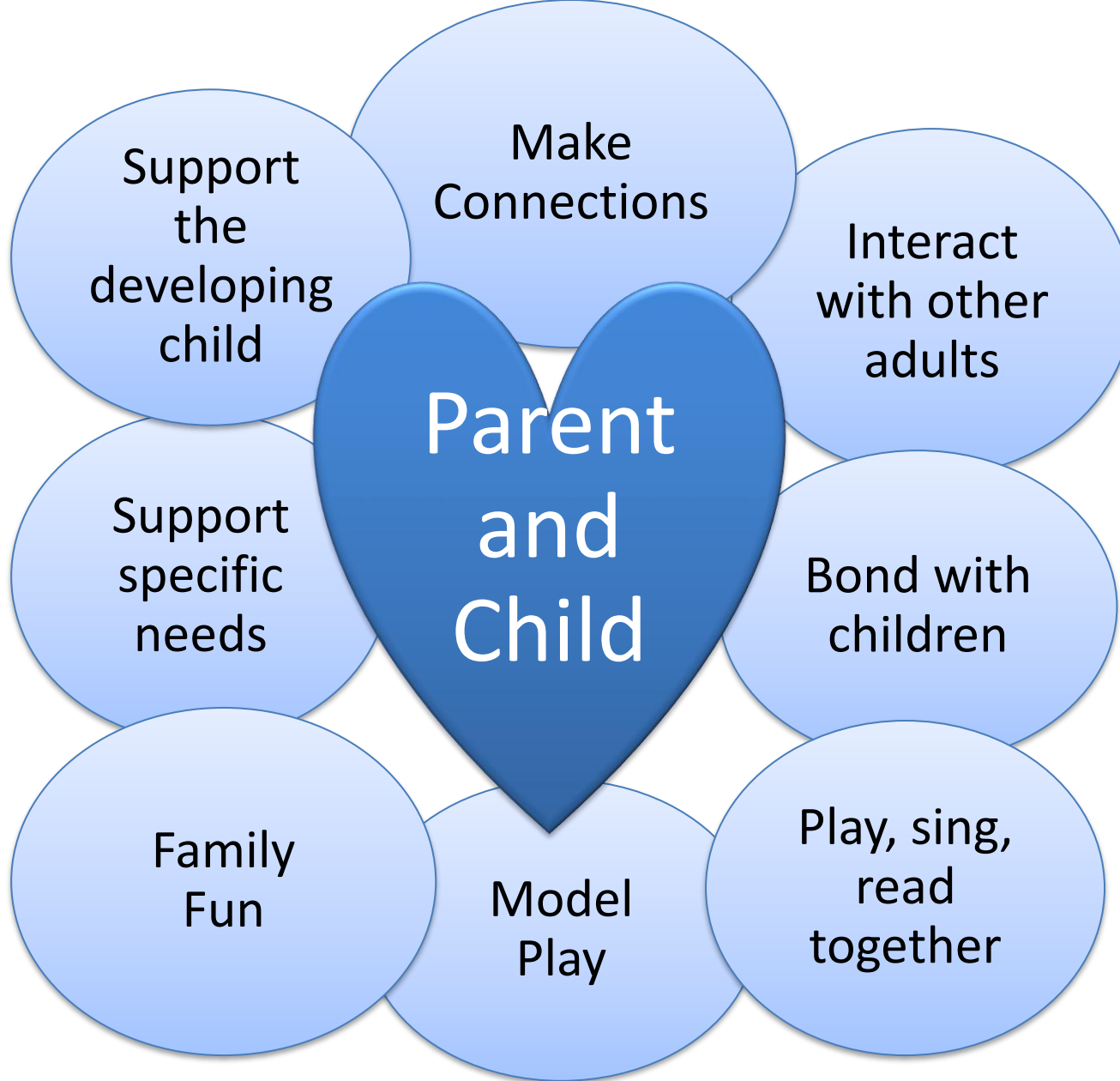
Limited Family Support

SureStart

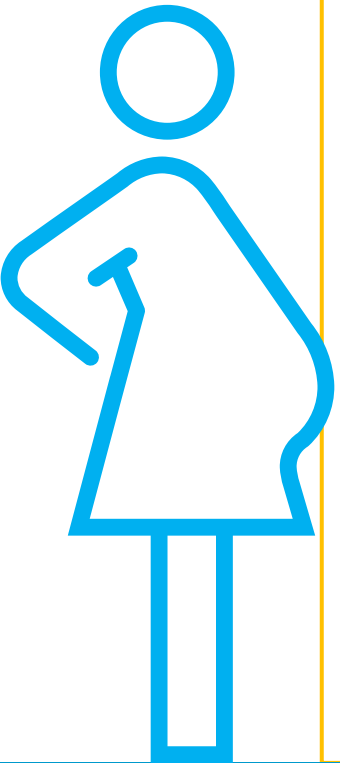


Our Approach

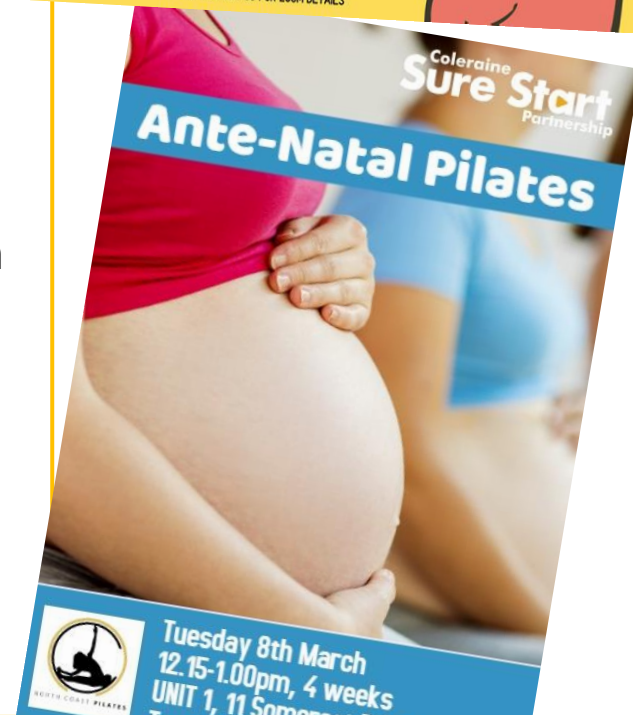




Antenatal Stage



- Support and information provided to parents-to-be to reduce anxiety experienced perinatally due to the prospect of giving birth and parenting an infant whilst isolated during a pandemic.
- Increased awareness of strong parent and child relationships and the beginnings of this when baby is in the womb.
- Increased parental knowledge of connection to bump and building relationship with unborn baby through all stages of pregnancy through singing, talking & reading to bump, touch, building connection between bump and baby being in the world with his/her parents.



Early Days and Under One

Babbling Babies 4 week Programme

- 100% of those who responded reported they had learnt lots of activities they could do with their child
- 100% reported that prior to the Programme they knew little or nothing about baby brain development, attachment and the importance of talking, singing and playing with their baby – afterwards all reported they knew lots!
- 100% of those who responded enjoy using the songs and rhymes in their own home

I have gained a lot of confidence and learned a lot about rhymes and activities my baby, me and daddy can play!

MESSAGE OF THE MONTH



'TALK and SING wherever we go...that will help my brain to grow!'

Anytime is chatting time

Smile TALK Laugh Sing

changing time
is chatting time



when you change my nappy
Smile **T**alk **L** laugh **S**ing
your smiles help me learn to be happy
your words help me learn to talk

Speech Language and Communication support in SureStart

Smile **T**alk **L** laugh **S**ing

Your words work wonders

Antenatal to 12m

- Supports connection: serve and return interactions; co-regulation
- Concrete and simple
- Easy to do throughout the day
- Messages can be given by the trusted person

G-old Community Partnership

SureStart



Five to Thrive

Early Intervention with Families

"Little things can have a **BIG** impact"

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Barnardo's



Department of
Education
www.education.gov.uk

kca.
KAYE OWENS ASSOCIATES

SureStart

Everything has changed in this house, we are a family that have fun now. I want my children to remember all the fun times when we made memories together rather than remembering a shouty, moaning mum. I love being in my family and in my home now.

I really enjoyed the course and it is sad it is the end of it. However, I have learnt a lot and I feel more positive and stronger about myself and my abilities as a mother.

During the lockdown Sure Start did not forget about us – the whole family loved the packs that were posted or dropped off at the door.