

Banbridge LPG
Minutes of Meeting - Wednesday 25th January 2023 at 10am
Via Zoom Video Conference Call

| Attendees | | Apologies |
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| Darren Curtis (CYPSP - Acting Chair) | Lisa Grant (NIACRO / FSH) | Lucinda Love-Teggarty (FutureProof) |
| Joanne Patterson (CYPSP - Minutes) | Nicole Madden (Clanrye Group) | Norah Hughes (Find Help NI) |
| Stephen Maginn (Relate NI) | Frances Haughey (ABC Council) | Lisa Stewart (Star Surestart) |
| Adrian Hutchinson (EA Youth Service) | Michael Hart (SHSCT) | Gwen Bartley (PCSP / ABC Council) |
| Karen Conn (Barnardo's Nova) | David Alderdice (SHSCT) | |
| Chris Clague (New-Bridge Integrated College) | | |

| Agenda Item | Discussion | Action - By Whom |
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| Welcome, Apols., Mins 16/11/22 | Darren welcomed all to the meeting. Apologies noted, per above. Previous Minutes agreed. | JP to upload to CYPSP website |
| Presentation: Stephen Maginn from Relate NI | Stephen presented to the group on the free Relationships & Sexuality Education for 15-16 Year Olds being delivered by Relate NI across the SHSCT Area - Info. HERE . Relate NI's Golden Threads programme offers free relationships & mental wellbeing workshops and is only available in the ABC Council Area - Info. HERE . E-mail Stephen Maginn or Kellie O'Dowd to further discuss. | JP to share programme flyers & presentation |
| FSH Update | Lisa (NIACRO / FSH): Referral trends similar to previous update. Banbridge & Craigavon FSH have already reached their annual target, with a few reporting months still to go. Increase in referrals for school refusal, particularly in the Craigavon area more recently, and a lot of these young people still on the waiting list for Educational Welfare Services - Schools are putting support mechanisms in place (mentoring & counselling services), but those who aren't attending school cannot avail of these services. Continuing to receive referrals from Community Paediatricians for children on the waiting list for ASD | |

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| FSH Update | <p>& ADHD Assessments - A new Single Point of Entry Team has been formed for Emotional Health & Wellbeing, similar to the hub and which will triage children on waiting lists into services & timely supports. Increase in complexity of referrals. Number of inquiries not leading to referrals have increased significantly during January. Recently been made aware that the Barnardo's Family Group Conferencing Service is now ending and will be a major loss / service gap in in the Banbridge & Craigavon Area – Appreciation expressed for their contribution to supporting families.</p> | |
| Discussion on Unmet & Emerging Needs | <p>Needs raised during meeting, as follows:</p> <ul style="list-style-type: none"> • Lot of people visiting their offices in crisis for the price of heating & electricity and desperately waiting on their £600 energy payment coming through. (NM) • Increase in the use of foodbanks in the area. (LG) • Lack of local provision of social & recreational opportunities for young people with disabilities and more complex needs. (DA) | |
| Action Plan 2021-24 | <p>Darren presented the work on the Schools Resource Leaflet for Students, Parents & School Staff. It was agreed that it would be useful to have a digital & printed version, for circulation in school communities. (LPG budget is available for design & print.) Resource to be finalised pre-summer, for circulation in local schools in September.</p> <p>Click HERE to view the trailer for the 'Resilience' Documentary: CYPSP can offer a free facilitated screening & workshop to member organisations - Contact Darren.</p> | CC to get feedback from New-Bridge students |
| Member Agency Updates | <p>Karen (Banardo's Nova): Continuing to provide therapeutic trauma support for children & young people.</p> <p>Nicole (Clanrye Group): Engaging with St. Vincent de Paul and Salvation Army to offer fuel & electricity support where they can, almost too little too late for some families already in crisis. Reducing intake of referrals for some Family Foundations & Employability Programmes, until they hear back on funding for new financial year. Currently offering recreational programmes, such as walking groups, art therapy, cooking, and health & wellbeing sessions.</p> | JP to circulate all links after meeting + Any relevant flyers to be included in next 'FYI' |

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| <p>Member Agency Updates</p> | <p>Chris (New-Bridge Integrated School): School as busy as ever. Open Day on 21st Jan showcased plans for new school build. Lot of 1-to-1 mentoring sessions with issues on mental health and family issues, so responding to this and signposting. New counsellor starting next week, one day per week, through Links counselling. GEMS NI will carry out some targeted work with a group of Year 12 & 14 boys on upskilling them for life after school. Chris finds the LPG meetings very useful for signposting both students & parents on local services & supports. The school is planning on delivering a dedicated assembly during Children’s Mental Health Week to raise awareness of the same.</p> <p>Frances (ABC Council): Currently responding to cost of living crisis. Keep Warm Packs distributed along with period poverty resources and baby items: delivered over 350 packs within the ABC Council & Dungannon Areas. 11 partners organisation assisted with distribution of oil stamps. Focusing on slow cooker initiatives, healthy eating, shopping on a budget, with the aim of hitting all current target issues.</p> <p>Adrian (EA Youth Service): Banbridge Youth Resource Centre continuing to offer a safe & warm space for local young people. REACH programme scheduled out across Children’s Mental Health in the ABC Council area, working with both primary & secondary age groups, to raise awareness on mental health & emotional wellbeing.</p> <p>David (SHSCT): Focusing on trying to develop opportunities for young people with disabilities in the Banbridge Area, so trying to identify where they can expand currently existing local services to offer a provision for young people with more complex needs. Also looking at the community development side of things.</p> <p>Michael (SHSCT): Linked with Autism NI in Banbridge to develop a programme of activities to support carers - Healthy cooking on a budget coming. Parents reported safety in the home as an issue, so preparing Home Safety Packs for distribution to families. Cost of living crisis a major concern for local carers. Waiting on the energy support payment is increasing stress levels in parents/carers, so exploring relaxation & exercise activities. Also looking at the possibility of offering gym classes or vouchers.</p> | <p>JP to send link to CYPSP MH&EW Resource & Youth Wellness Web</p> |

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| AOB | <p>CYPSP Guide to Locality Planning Based Resources and Practical Support for Families and Children continually being updated - If your organisation carries out any relevant service or work, please complete the corresponding template and return to Una Casey, via e-mail, HERE - Download the live document HERE.</p> <p>YGAM Gaming & Gambling Awareness Training Sessions (x1 Face-To-Face in Armagh and x1 via Zoom) taking place on 2nd & 8th February - Register via links in flyer which will be circulated after today's meeting.</p> <p>The School Uniform Recycling Toolkit, piloted in Mid Ulster last year is due to be rolled out trust-wide in 2023, with online briefings to be offered.</p> <p>Click HERE for further info. RE: the Text-A-Nurse service - Please share widely. Details on the dedicated Parents & Teachers no. to follow, once launched via the PHA.</p> <p>Visit the CYPSP Youth Wellness Web HERE - Info. & resources are housed in age-specific sections and there are also dedicated Parent & Teacher and Training zones.</p> <p>Click HERE to view/download the CYPSP Southern Area Locality Planning Groups Emotional Wellbeing & Mental Health Resource for Children & Young People - Although this resource was produced a couple of years ago, the majority of the organisations included are still operating in the SHSCT Area today - Please share.</p> <p>Issue 97 of 'FYI' going out next Thursday. Newsletter will have a strong focus on Children's Mental Health Week, so members invited to share relevant info. Deadline for member submissions: Next Tuesday.</p> | <p>JP to circulate various CYPSP links & reports to members</p> <p>DC to provide updates RE: any groups & meetings at next LPG meeting</p> |
| Date of Next Meeting | <p>Wednesday 22nd March 2023, at 10am, in Banbridge Youth Resource Centre.</p> <p>Many thanks for your participation!</p> | |