

### North Belfast LPG Meeting

#### **Microsoft Teams**

# Tuesday 10<sup>th</sup> January 2023 at 10am

| Name                 | Organisation                           | Present      | Apology      |
|----------------------|--|--------------|--------------|
| Charlene Mitchell    | LPG Coordinator, BHSCT                 | √            |              |
| Claire Allen (Chair) | New Lodge Duncairn Community Health    | ~            |              |
|                      | Partnership                            |              |              |
|                      |  |              |              |
| Edith McManus        | Lower North FSH                        | $\checkmark$ |              |
| Ellen Farren         | Barnardo's                             | $\checkmark$ |              |
| Gabi Mornhinweg      | BHSCT                                  | $\checkmark$ |              |
| Julie Jamieson       | New Lodge Community Health Partnership | $\checkmark$ |              |
| Karen Hillis         | Action Mental Health                   | $\checkmark$ |              |
| Diane McMullin       | Extern                                 | $\checkmark$ |              |
| Jenny Carson         | Belfast City Council                   | $\checkmark$ |              |
| Ricky Mehaffy        | The McDonald Centre                    | $\checkmark$ |              |
| Wendy Stewart        | Action Mental Health                   | $\checkmark$ |              |
| Julie Kinnear        | Upper North FSH                        | $\checkmark$ |              |
| Ciara Scollay        | MACS NI                                | √            |              |
| Pól Brennan          | Connected Community Care               | √            |              |
| Caroline Milligan    | BHSCT                                  | √            |              |
| Joe McGovern         | Extern                                 | ✓            |              |
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|                      |  |              |              |
| Duncan Morrow        | Ulster University                      |              | $\checkmark$ |
| Gareth Maguire       | Sport Changes Life                     |              | $\checkmark$ |
| Michele Muldoon      | NOW Group                              |              | $\checkmark$ |
| Niamh Rainey         | NOW Group                              |              | $\checkmark$ |
| Phil Lindsay         | Barnardos                              |              | $\checkmark$ |
| Sharon Quinn         | Lighthouse Charity                     |              | $\checkmark$ |
| Sinead Campbell      | Advice NI                              |              | $\checkmark$ |
| Debbie Sterrit       | BHSCT                                  |              | $\checkmark$ |
| Ashley Galway        | Currie Primary School                  |              | $\checkmark$ |
| Richard McLernon     | Belfast City Council                   |              | $\checkmark$ |
| Mary Hunter          | Heart Project                          |              | $\checkmark$ |
| Paul Barton          | Ashton Centre                          |              | $\checkmark$ |
| Keeva Watson         | ROC                                    |              | $\checkmark$ |
|                      |  |              |              |
| In Attendance        |  |              |              |
| Jennifer Heverin     | LPG Administration, BHSCT              | $\checkmark$ |              |
|                      | · · · · · · · · · · · · · · · · · · ·  | 1            |              |
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| Торіс       | Action  | Responsibility    |
|-------------|---|-------------------|
| Re-Branding | Invitation to be circulated around North LPG  | Claire            |
| Event       | members                                       | Allen/Jenifer     |
|             |   | Heverin           |
| Dry January | Details of Extern's events and information to | Diane             |
|             | be circulated.                                | McMullin/Jennifer |
|             |   | Heverin           |
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| <u>Action</u><br>by: |  |
|----------------------|--|
|                      | 1. Welcome and Introduction  |
|                      | Chair, Claire Allen opened the meeting my welcoming those present and facilitating a round of introductions.   |
|                      | 2. Previous Minutes of 8 <sup>th</sup> November 2022   |
|                      | The two action points from the previous meeting have been completed. No amendments were required and the minutes were agreed to be an accurate reflection of the meeting.  |
|                      | 3. Presentation – Ricky Mehaffy, The McDonald Centre   |
|                      | Ricky Mehaffy is the Business and Development Manager of The McDonald Centre. The centre is located at Crusaders ground, Seaview. However, The McDonald Centre is an entirely separate entity from Crusaders, they simply share the same building. |
|                      | Their 3 main areas of focus are:<br>1) Education and Employability<br>2) Health and Wellbeing<br>3) Social need in the area  |
|                      | They have a few rooms of various sizes that can be utilised by community groups and organisations as well as for running their own programmes.   |
|                      | The McDonald Centre have acquired electricity and gas vouchers for the area and they are hoping to interact with other local community groups to ascertain the best areas, families etc., to target.   |
|                      | For further information, contact Ricky at rickymehaffy@mcdonaldcentre.com  |
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#### 4. FSH Updates

| SH Area:  | Lower North Belfast                                  |
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| limeframe:  | 1 <sup>st</sup> November – 31 <sup>st</sup> December |
| Number of Service<br>Requests Received in<br>timeframe:   | 47   |
| Number of Service<br>Requests Received to date:   | 1693   |
| Source of Service<br>Requests:  | Community, School, Sure Start, self                  |
| Key Gaps identified:  |  |
| <ul> <li>Fuel poverty support</li> <li>Counselling services foll<br/>CAMHS threshold</li> </ul> Key Successes identified: | owing from children & young people not meeting       |
| <ul><li>Financial Support given</li><li>Garden in a Box project</li></ul>   | to families at this stressful time                   |
|   |  |
| AOB for Sharing:  |  |
| -   | ing rolled out in North Belfast w/c 9/1/23           |
| -   | ing rolled out in North Belfast w/c 9/1/23           |
|   | ing rolled out in North Belfast w/c 9/1/23           |
| AOB for Sharing:<br>• Fuel poverty scheme be  | ing rolled out in North Belfast w/c 9/1/23           |
| -   | ing rolled out in North Belfast w/c 9/1/23           |
| -   | ing rolled out in North Belfast w/c 9/1/23           |

|   | FSH Area:   | Upper North Belfast FSH  |  |
|---|---|--|--|
| Requests Received in timeframe:       November - 56         Number of Service       287         Requests Received to date:       Self-44, school 10, GP 2, community9, Gateway 1         Source of Service       Self-44, school 10, GP 2, community9, Gateway 1         Requests:       Visitor7,Nurse2,Voluntary3 Social Worker1, EISS         Key Gaps identified:       •         •       Increase in the amount of self-referral for behavioural support and financial.         Key Successes identified:       •         •       Meeting with Claire Allen and Edith McManus to talk about current winter pressupport.         •       Meeting with Fiona Hamilton from Cliftonville Community Regeneration Forum discuss their PYDP programme and an update on the Family Support Hub Se         •       LPG meeting in Currie Primary School.         •       Meeting with staff at YEHA to introduce myself and update on their services.         AOB for Sharing:       •         •       The Advice Staff in the Vine Centre- have further vouchers available for gas, | Timeframe:  | 1 <sup>st</sup> November 2022-22 <sup>nd</sup> December 2022   |  |
| Requests Received to date:       Source of Service         Source of Service       Self-44, school 10, GP 2, community9, Gateway 1         Visitor7,Nurse2,Voluntary3 Social Worker1, EISS         Key Gaps identified:         • Increase in the amount of self-referral for behavioural support and financial.         Key Successes identified:         • Meeting with Claire Allen and Edith McManus to talk about current winter pressupport.         • Meeting with Fiona Hamilton from Cliftonville Community Regeneration Forum discuss their PYDP programme and an update on the Family Support Hub Se         • LPG meeting in Currie Primary School.         • Meeting with staff at YEHA to introduce myself and update on their services.  | Requests Received in  |  |  |
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|   | AOB for Sharing:  |  |  |
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| 5. Members Updates   |
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| <i>Claire Allen - New Lodge and Duncairn Community Health Partnership</i><br>The NLDCHP are changing their name and are holding a re-branding event on Monday<br>16 <sup>th</sup> January at 12.30pm in The Duncairn Centre for Culture & Arts, Duncairn Avenue,<br>Belfast, BT14 6BP.   |
| Everyone is invited to come along for soup and a sandwich and to hear about their re-<br>branding journey.   |
| <b>Diane McMullin - Extern</b><br>Extern are hosting Dry January and have a number of events running across the month including one looking at the impact of alcohol usage. It is a regional even taking place in Banbridge and Cookstown where a leading psychologist and family support services will be in attendance. Steps to Cope is another programme which is aimed at young people whose parents drink alcohol. |
| Following on from Dry January will be Feel Good February which will pick up on the lessons learned from alcohol free January and will include online yoga sessions and mocktail recipes.   |
| 6. LPG Action Planning   |
| Next Action Planning meeting will be scheduled in shortly.   |
| There is the possibility of some funding for training being made available through the Trust. Feedback is required on what areas of training members think would be beneficial – either citywide or area specific. Please send suggestions to LPG Coordinator Charlene Mitchell (charlene.mitchell@belfasttrust.hscni.net).  |
| 7. A.O.B   |
| No other business was discussed and the meeting drew to a close with Claire thanking all those in attendance.  |

# 2023 Dates for North Belfast LPG Ordinary Meetings

| DATES (Tuesdays)          | TIME | VENUES          |
|---------------------------|------|-----------------|
| 10 <sup>th</sup> January  | 10am | Microsoft Teams |
| 7th March                 | 10am | Microsoft Teams |
| 9 <sup>th</sup> May       | 10am | ТВА             |
| 20 <sup>th</sup> June     | 10am | ТВА             |
| 5 <sup>th</sup> September | 10am | ТВА             |
| 7 <sup>th</sup> November  | 10am | ТВА             |