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| <u>Action by:</u> | | | | | | | | | | | | | | | | | | |
| | <p>1. Welcome and Introduction</p> <p>Chair, Claire Allen opened the meeting by welcoming those present and facilitating a round of introductions.</p> | | | | | | | | | | | | | | | | | |
| | <p>2. Previous Minutes of 10th January 2023</p> <p>Action Points from the last meeting were addressed:</p> <ul style="list-style-type: none"> - NBCHP Re-Branding Event details to be circulated - Extern's Dry January Information and Events to be circulated <p>Details of both were circulated and the action points completed.</p> <p>All other information in the minutes were deemed to be correct and no amendments required.</p> | | | | | | | | | | | | | | | | | |
| | <p>3. FSH Updates</p> <table border="1" data-bbox="279 1088 1489 2022"> <tr> <td data-bbox="279 1088 734 1162">FSH Area:</td> <td data-bbox="734 1088 1489 1162">Lower North Belfast</td> </tr> <tr> <td data-bbox="279 1162 734 1236">Timeframe:</td> <td data-bbox="734 1162 1489 1236">1st January-16th March 2023</td> </tr> <tr> <td data-bbox="279 1236 734 1386">Number of Service Requests Received in timeframe:</td> <td data-bbox="734 1236 1489 1386">54</td> </tr> <tr> <td data-bbox="279 1386 734 1498">Number of Service Requests Received to date:</td> <td data-bbox="734 1386 1489 1498">1747</td> </tr> <tr> <td data-bbox="279 1498 734 1610">Source of Service Requests:</td> <td data-bbox="734 1498 1489 1610">Community, School, Self, GP</td> </tr> <tr> <td colspan="2" data-bbox="279 1610 1489 1798"> <p>Key Gaps identified:</p> <ul style="list-style-type: none"> • Counselling services for children & young people not meeting CAMHS threshold or being told to contact from GP and managing this expectation from parents </td> </tr> <tr> <td colspan="2" data-bbox="279 1798 1489 1946"> <p>Key Successes identified:</p> <ul style="list-style-type: none"> • Training provided by CAMHS to Hub members around emotional regulation and 'Dealing with Big Feelings' </td> </tr> <tr> <td colspan="2" data-bbox="279 1946 1489 2022"> <p>AOB for Sharing:</p> </td> </tr> </table> | | FSH Area: | Lower North Belfast | Timeframe: | 1 st January-16 th March 2023 | Number of Service Requests Received in timeframe: | 54 | Number of Service Requests Received to date: | 1747 | Source of Service Requests: | Community, School, Self, GP | <p>Key Gaps identified:</p> <ul style="list-style-type: none"> • Counselling services for children & young people not meeting CAMHS threshold or being told to contact from GP and managing this expectation from parents | | <p>Key Successes identified:</p> <ul style="list-style-type: none"> • Training provided by CAMHS to Hub members around emotional regulation and 'Dealing with Big Feelings' | | <p>AOB for Sharing:</p> | |
| FSH Area: | Lower North Belfast | | | | | | | | | | | | | | | | | |
| Timeframe: | 1 st January-16 th March 2023 | | | | | | | | | | | | | | | | | |
| Number of Service Requests Received in timeframe: | 54 | | | | | | | | | | | | | | | | | |
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| FSH Area: | Upper North Belfast FSH |
| Timeframe: | 1 st January – 28 th February 2023 |
| Number of Service Requests Received in timeframe: | January - 28 February - 32 |
| Number of Service Requests Received to date: | 347 |
| Source of Service Requests: | Self-7, school 8, GP 12, community14, HealthVisitor7, Voluntary1 Social Worker1, EISS 1. CAMHS 6, Education Welfare 1, Allied Health Professionals 1. |
| Key Gaps identified: | |
| <ul style="list-style-type: none"> • Increase in the amount of referral for emotional and behavioural support with children waiting assessment. • Play Therapy for primary school age children. | |
| Key Successes identified: | |
| <ul style="list-style-type: none"> • Re-branding of NLDCH at Centre for Culture and Arts Centre. • Peer support meeting with Belfast Family Support Hub Co-ordinators to offer support with the current pressures. • Meeting with Maura at Cancer Lifeline to visit their new building and update on current services. • Meeting with Claire Shields and new family support worker. Update on new supports around ASD/ADHD supports at Grace Family Centre. • Lead body meeting with Hub Chairs and co-ordinators. • Smile Sure Start cost of living fayre at Duncairn Community Centre. • Training Intercultural Competencies at the Whiterock Daycentre. | |
| AOB for Sharing: | |
| <ul style="list-style-type: none"> • Small amount of Tesco and Lidl vouchers available from March. • Small amount of Play Therapy banked with Jigsaw. | |

4. Members Updates

Laura Feeney, Save the Children

Training was delivered in late January for primary schools in North Belfast. There are a total of 10 schools across the North locality involved in the Families Connect Programme which is a course for Primary 1 children that focus' on their social and emotional wellbeing.

The Building Blocks Programme is an early years scheme with Glenbrook and Smile Sure Starts. There has been £6,000 allocated to this to help support families in need to ensure a child has everything they need in the home to enable them to thrive.

Diane McMullin, Greater Shankill Partnership

A new website has been launched for parents around drug and alcohol information and support. The information is based around findings from a survey the Greater Shankill Partnership carried out with young people. It includes the signs to look out for, how to have these difficult conversations with your child, enquiring as to why this drug use is happening and what are the long term consequences. There is also a lot of information around being vulnerable.

After Easter there will be an information pack available for young people advising them on topics such as what to do if they see or are involved in a situation on the street – how should they react, what are they to do and what will happen.

They also run targeted and general information programmes.

<http://www.gsyc.uk/parents-dotguide>

Karen Willis, Action Mental Health

AMH have received funding from the Department of Communities for service delivery to children, young people and adults within the BT14/15 postcode area.

There is always a strong uptake for children through primary schools, but if anyone has any groups of young people or adults in need of the service, AMH can work alongside the organisations or schools to develop suitable and relevant sessions.

5. LPG Update

BAOG

Last meeting was postponed until April so no further update until then.

Training

In last meeting in January requests were made for suggestions on training topics that may be useful. There was not a lot of feedback on this so the data from the FSH's was examined and one main topic that emerged across all Hubs citywide was anxiety-based school avoidance. As a result Children in Northern Ireland are going to deliver a training session based on this topic. Dates to follow.

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| | <p>Action Planning Planning is continuing and another date for the sub-group will be arranged before the next LPG meeting in May.</p> <p>Summer Planning The next LPG meeting is scheduled for 9th May and it is hoped that by this date some information will be available on potential summer schemes that may be running in the area. However this topic will be added to the next agenda to discuss in more detail.</p> |
| | <p>6. A.O.B</p> <p>No other business was discussed and the meeting drew to a close with Claire thanking those in attendance.</p> |

2023 Dates for North Belfast LPG Ordinary Meetings

| DATES (Tuesdays) | TIME | VENUES |
|---------------------------|-------------|-----------------|
| 10 th January | 10am | Microsoft Teams |
| 21 st March | 10am | Microsoft Teams |
| 9 th May | 10am | TBA |
| 20 th June | 10am | TBA |
| 5 th September | 10am | TBA |
| 7 th November | 10am | TBA |