

Armagh LPG
Minutes of Meeting - Thursday 9th March 2023 at 10am
Via Zoom Video Conference Call

Attendees		Apologies
Darren Curtis (CYPSP - Acting Chair)	Catherine McCormack (SHSCT)	Michael McKenna (Youth Action NI)
Joanne Patterson (CYPSP - Minutes)	Eleanor McKenna (PIPS)	Rachel Scroggie (WAAD)
Stephen Maginn (Relate NI - Speaker)	Edel Ferson (ABC Council)	Sophie Lester (ABC Council)
Adrian Hutchinson (EA Youth Service)	Mia Murray (ArKe Surestart)	Bernie Diver (The Prince's Trust)
Caroline Williamson (Barnardo's PosAbility)	John Beattie (Triangle Housing)	Stephen Harland (Ark Housing)
Ann-Marie Baxter (Barnardo's NI / FSH)	Paula Mathers (Brain Injury Matters)	
Glenda McMullen (Armagh Foodbank)	Lottie McCullagh (CACD)	

Agenda Item	Discussion	Action - By Whom
Welcome, Apols., Prev. Mins. 12/01	Darren welcomed all to the meeting, as Acting Chair. Apologies noted, per above. Previous Minutes agreed, with one minor amendment made to the EA Youth Service member agency update.	JP to upload Minutes to CYPSP website
Presentation: Stephen Maginn from Relate NI	Stephen presented to the group on the free Relationships & Sexuality Education for 15-16 Yrs delivered by Relate NI across the SHSCT Area. Info. HERE . Relate NI's Golden Threads programme offers free relationships & mental wellbeing workshops and is available in ABC Council Area only. Info HERE E-mail Stephen Maginn to further discuss.	JP to share programme flyers & presentation
FSH Update	Ann-Marie (Barnardo's NI / FSH): FSH continues to be busy but open for referrals (Click HERE to access online form). Referrals have become more complex. Several referrals recently regarding sexting & sharing of inappropriate images. Few referrals to help Ukrainian families settle into the area. FSH is not a crisis/emergency service and not in a position to provide financial assistance to individuals/families. FSH is losing Bolster Disability Services and Family Group Conferencing: over 10% of their monthly referrals for these services at times so this will present related challenges in the future.	

Discussion on Unmet & Emerging Needs	<p>Needs raised during meeting, as follows:</p> <ul style="list-style-type: none"> • PSNI recently called EA Youth Service to report a significant increase in recent reporting of sextortion crimes. Education on the subject is available, but some young people still making the decision to sext. (AH) A relatively recent phenomenon on sharing of inappropriate images is a TikTok challenge which encourages young people to 'flash'. (EMcK) • Feedback from young people about a new drug on the scene on a par with spice (THC laced with another substance) which is added to vapes. Starting to see changing behaviours in their own youth settings. This drug is hard to detect. (AH) • FSH continues to receive referrals for Play Therapy but no local related service provision. (AMB) • Sure Start have been getting feedback from parents on access to services for children with additional needs, particularly that there is no afterschool provision once they have reached 12 years. (MM) 	JP to record needs raised / DC to escalate to SOG
Action Plan 2021-24	Planning Group Meeting recently took place for the Feel Good Armagh 9 th & 10 th June events. Thanks to those members involved in the group. All members encouraged to circulate the Save The Date flyer with their contacts/network. Meeting tonight in the Epicentre with young people to help shape the 10 th June young people's event. Registration for information stalls opens on 31st March 2023 and the planning group will meet to finalise details on the format, timings and related logistics.	JP to re-share flyer Subgroup to feedback at next LPG Meeting
Member Agency Updates	Adrian (EA Youth Service): Epicentre is the main local service base, with Briegeen also there to offer local area youth service provision. Coming to the end of current Annual Action Plan & 3-Year Development Plan cycles and have carried out planning and research for the incoming year, with reviews taking place for staff and volunteers.	JP to circulate all links after meeting + Relevant flyers

<p>Member Agency Updates</p>	<p>Caroline (Barnardo's NI): Planning for Summer Scheme, to run across 2 weeks for their Sixth Sense group and young people referred through SHSCT. Transition Scheme running during summer with something available each week of summer. Also planning a residential with new cohort of young people. Staff ratios is a challenge due to the range of complex needs of the young people which sometimes limits space. Thanks to Eleanor & Aaron at PIPS who delivered very successful mental health training during January with young people. Referred some young people across to the Epicentre; another link created through Locality Planning: thanks to Rachel in the EA Youth Service for offering such a warm welcome to young people. Thanks to Catherine from SHSCT for providing relevant links to set up groups in summer for young people. Some referrals recently come into their service for Ukrainian young people.</p> <p>Catherine (SHSCT): Kindness Postboxes continue to work very well as an intergenerational initiative. SHSCT PWB Team have been working with Vibe and secured funding for a slow cooker programme targeting local Ethnic Minority families. Vibe have also opened up café on a donation basis in response to the cost of living crisis. Community Health Champion Training coming in the Armagh & Dungannon areas in the near future: see flyer in today's 'FYI'.</p> <p>Edel (ABC Council): Currently awaiting update on Community Development funding running future MUGA programmes. Visit the ABC Get Moving Website HERE, for further details on ongoing local sports-related programmes. Laura is working on a programme to encourage businesses to get their employees moving: further details on website.</p> <p>Paula (Brain Injury Matters): Children and Youth service designed to empower families to support C&YP who have sustained an acquired brain injury. Watch their Peer Mentoring 'My invisible Brain Injury' Video (Facebook HERE / YouTube HERE) which was produced via a pilot programme in 2022 which will be repeated this year. Visit their</p>	<p>to be included in next 'FYI'</p>
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<p>Member Agency Updates</p>	<p>website HERE. Access Children and Youth Service Referral Form HERE. Anyone can refer to Peer Mentoring Programme and 1-to-1 family-based support service (e.g. healthcare professionals, schools/SENCO's, parents, therapists and youth workers) and they also offer an Advocacy Service which provides more practical support (as opposed to therapeutic) for C&YP 0-18 years. Contact Paula for further info.</p> <p>Ann-Marie (Barnardo's NI): Recently met with Vibe Church & EA Youth Service to discuss better links. Attended the International Women's Day yesterday hosted by Armagh Roma & Traveller Support and made some useful contacts as a result. There is availability in their building now for future meetings.</p> <p>Mia (ArKe Sure Start): Second of the Regional Sure Start seminar series took place in Omagh last week focusing on family support and highlighted some of the great work in supporting families, including those with children with additional needs. The events also offer a great networking opportunity. Seeking expressions of interest for their 2-3 year old developmental programmes.</p> <p>Eleanor (PIPS Hope & Support): Thanks to Ark Housing & Triangle Housing for funding support to recent Shoulder To Shoulder programme. Worked with Barnardo's to deliver positive mental health training to young people in the service. Running ASIST training on 20th & 21st April in Lurgan: further details to follow. Keen to run an ASIST Programme in Armagh Area within next 6 months. Please contact Eleanor with details of available venues to accommodate 24 people for 2 days 9am-5pm.</p> <p>Glenda (Armagh Foodbank): January was quieter for foodbank – attributed to additional govt money distributed during winter. Recently contacted a considerable no. of local schools and many agreed to refer relevant families where a food crisis is identified. Trussell Trust Roadshow on 27th April. Aspire will deliver training to volunteers on identifying the causes of mental health. Also up-skilling a volunteer to become a Mental</p>	<p>AMB to send DC contacts to invite to Feel Good Armagh and to check venue for next LPG Mtg</p>
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Member Agency Updates	<p>Health First Aider. Glenda asked if there is an Addiction Team in Armagh (Contact Lydia Scholes, SHSCT Community Addictions Service Coordinator: 07748394223 / 028 3764394). Dunlewey were recommended by members as another relevant contact. Members are encouraged to contact the foodbank to discuss accessing vouchers.</p> <p>Lottie (County Armagh Community Development): Rural community based support network. Involved in delivery of Safe Food initiatives, working through schools targeting families of under 12's delivering 'Making the Best of Your Slow Cooker' programmes across SHSCT, focusing on Co's Down & Armagh. This year focusing on community and keen to participate in relevant events. Hoping to get involved with Feel Good Armagh.</p>	
AOB	<p>Ongoing work on the SHSCT-wide School Uniform Recycling Toolkit and Mental Health & Emotional Wellbeing Resource for Students, Parents/Caregivers & School Staff. Toolkit to be launched soon. Schools Resource will launch later in year.</p> <p>Visit the CYPSP Venue Locator HERE for info. on spaces/rooms available to hire across the SHSCT Area.</p> <p>The PSNI have asked that info. be circulated on Sextortion - Click HERE to visit the dedicated PSNI webpage. Also click HERE to access the Safer Internet Day Interactive Resource which the CYPSP had recently produced, providing useful links for parents/carers and those working with C&YP.</p>	<p>JP to circulate various CYPSP links & reports to members</p> <p>DC to provide updates on any groups & meetings at next LPG meeting</p>
Next Meeting	<p>Thursday 11th May 2023, at 10am (Venue TBC).</p> <p>Many thanks for your participation!</p>	<p>Members to confirm with CYPSP if they have space</p>