

Banbridge LPG
Minutes of Meeting - Wednesday 22nd March 2023 at 10am
Banbridge Youth Resource Centre

| Attendees | Apologies |
|--|---|
| Lucinda Love-Teggarty (FutureProof - Chair) Nicole Madden (Clanrye Group) Darren Curtis (CYPSP - Acting Chair) Lisa Grant (NIACRO / FSH) Joanne Patterson (CYPSP - Minutes) Karen Ross (PSNI) Paula Mathers (Brain Injury Matters - Speaker) Lisa Stewart (Star Surestart) Chris Clague (New-Bridge Integrated College) Wendy Robinson (Barnardo's Nova) | Michael Hart (SHSCT) Karen Conn (Barnardo's Nova) Frances Haughey (ABC Council) Aaron Spiers (PIPS) Eimear Le Blevec (EA YS) Michelle Weir (Papyrus) |

| Agenda Item | Discussion | Action - By Whom |
|--|---|-------------------------------|
| Welcome, Apols., Mins. 25/01/23 | Lucinda welcomed all to the meeting. Apologies noted, per above. Previous Minutes agreed. | JP to upload to CYPSP website |
| Presentation: Paula Mathers from Brain Injury Matters | Paula presented on the Children and Youth service, designed to empower families to support C&YP who have sustained an acquired brain injury. Watch Peer Mentoring 'My invisible Brain Injury' Video (Facebook HERE / YouTube HERE) Visit website HERE Anyone can make a referral to Peer Mentoring Programme and 1-to-1 Family-Based Support Service HERE . Also offer an Advocacy Service which provides more practical support for children & young people 0-18 years - Contact Paula for further info. | JP to share various links |
| FSH Update | Lisa (NIACRO / FSH): FSH has surpassed contracted targets for referrals this year. Typical referrals on mental health & emotional wellbeing within 5-15 age group. Continue to receive referrals for C&YP at various stages of ASD Assessment. Cases becoming increasingly complex, highlighting pressures within Gateway & FIT. During past couple of months an increase in young people and families working through bereavement issues linked to cancer & stroke. The service gap around therapeutic play continues. | |

| Agenda Item | Discussion | Action - By Whom |
|---|--|--------------------------------------|
| Discussion on Unmet & Emerging Needs | <p>Needs raised during meeting, as follows:</p> <ul style="list-style-type: none"> • Reports of sextortion continued to rise, despite ongoing training, awareness raising in schools and out in the community. (KR) • Seeing a rise in ASB in the Banbridge area, e.g. safety flotation devices being thrown into the river at Solitude Park. (KR) • Zeroing of vaping continues. (LL-T) • Peer pressure: purchase of Prime energy drink is rife at present. (LL-T) • C&YP affected by brain injury can feel isolated in schools. The hidden impacts of a brain injury can affect MH&EW and can also cause fatigue. (PM) • Seeing an increase in families with reduced school hours. (LG) • Envisaging an influx of Surestart out-of-area families, as the cost of living worsens - If there is a family with an exceptional need, please contact Star to discuss. (LS) • 2-3 year-olds very unsettled in current programmes, presenting challenges with nursery/pre-school intakes on social issues and coping strategies. (LS) • Having discussions with Yrs 11 and 12 students feeling anxious/overwhelmed about GCSEs: subject of parental & school pressure was raised. (LL-T) | DC to contact Orla at SBNI for info. |
| Action Plan 2021-24 | <p>Darren provided an update on the Schools Resource Leaflet for Students, Parents & School Staff. Due to be finalised pre-summer for circulation in local schools in September. Print & digital versions to be available for all schools in Southern Trust Area.</p> <p>Click HERE to view the previously released School Uniform Recycling Toolkit, produced by members of the Dungannon & Mid Ulster LPGs. Roll-out of a trust-wide version pending and online briefing sessions will take place during April and open to all schools in the Southern Trust Area.</p> <p>SAOG Planning Day taking place on 5th April, where the Live Action Plan will be discussed, feedback will be provided from Task & Finish Groups.</p> | |

| Agenda Item | Discussion | Action - By Whom |
|------------------------------|--|---|
| Member Agency Updates | <p>Karen (PSNI): Click HERE for further info. on sextortion on PSNI website. Please share this flyer widely. PSNI hoping to work with some young people directly affected by sextortion, to create anonymised video accounts for public circulation. Neighbourhood Teams stretched but still successfully delivering programmes to C&YP. Referrals from schools can be sent to Karen. Karen also requested that any gaps/needs in provision are raised with her, for corresponding diversionary/training action(s) to be taken.</p> <p>Lisa (Star Surestart): Enhanced Wellbeing Training recently delivered to staff, with the aim of Star being able to offer parent groups related practical tools - Visit HERE for further info. on the Wellness Recovery Action Plan (WRAP). Changed some of their targets and services to accommodate issues on the cost of living. Introduced Relax Kids into their service to address the issue of emotional regulation.</p> <p>Nicole (Clanrye Group): Awaiting updates on funding. £600 government payment has been received by most and has alleviated financial pressures, albeit temporarily. Continuing to signpost service-users to counselling services, as appropriate.</p> <p>Lisa (NIACRO): Waiting on confirmation of funding for adult & family services.</p> <p>Chris (New-Bridge Integrated School): Issues of drugs, alcohol, gambling and self-harm continue. 1-to-1 mentoring and signposting offered, as appropriate.</p> <p>Wendy (Barnardo's Nova): Continuing to provide therapeutic trauma support for children & young people. Attending today's meeting to increase knowledge of local services and programmes, for signposting purposes, as has only just started as an intern.</p> <p>Lucinda (Futureproof): BCPP Young Women's 14-Week Programme, in partnership with Parkes Pharmacy, will take place for hard to reach 14-18 year old young women and those who are risk taking. Flyer to follow. Nurture Group also due to commence soon, working with 14-16 year old young women with anxiety and mental health issues who are unable to link into mainstream youth programmes. Flyer to follow also.</p> | <p>JP to circulate all links after meeting + Any relevant flyers to be included in next 'FYI'</p> <p>CC & LL-T to link up for possible joint YGAM Training Workshop</p> |

| Agenda Item | Discussion | Action - By Whom |
|----------------------|---|--|
| AOB | <p>Click HERE for further info. and to download Southern Trust Area specific flyers RE: the Student Text-A-Nurse Service. Details on the recently launched dedicated Parents, Carers & School Staff Text-A-Nurse Service can be found HERE.</p> <p>Southern Drugs and Alcohol Coordination Team (SDACT) Information Workshop taking place on Monday 17th April 2023, from 2pm-4pm, via Zoom Registration HERE.</p> <p>Visit the CYPSP Youth Wellness Web HERE. Info. & resources are housed in age-specific sections and there are also dedicated Parent & Teacher and Training zones.</p> <p>CYPSP Cost of Living Guide - If your organisation carries out any relevant service or work, please contact Una Casey from CYPSP via e-mail HERE to request a template to complete. You can also download the live version of this document HERE.</p> <p>Click HERE to access the Safer Internet Day Interactive Resource which Joanne & Darren produced for this year's Safer Internet Day to provide useful links for parents/carers and those working with children & young people.</p> <p>The recently cancelled Men's Health Network Event is to be re-arranged for a later date Further details to follow from Frances at ABC Council.</p> <p>100th Issue of 'FYI' Newsletter is out tomorrow - If any members would like to submit flyers or a testimonial, please e-mail localityplanning@ci-ni.org.uk by 4pm today.</p> | <p>JP to circulate various CYPSP links & reports to members</p> <p>DC to provide updates RE: any groups & meetings at next LPG meeting</p> |
| Date of Next Meeting | <p>Wednesday 24th May 2023, at 10am, via Zoom.</p> <p>Many thanks for your participation!</p> | |