

# Nurture in nature

A training opportunity to facilitate play in natural outdoors

Date: Thursday 26th September 2024

Time: 10.00am - 2.00pm

Location: Kinnego Bushcraft Centre, Oxford Island, Lurgan, Craigavon



## Activities include

- Forest School Theory
- Talking stick
- Sit Spot
- Natural fun activities
- Skills - fire lighting, using ropes
- Environment & Conservation
- Resources
- Importance of safe play

The woodland environment provides a unique opportunity for children, young people and adults to explore our natural environment, play, learn and socialise together for wellbeing.



This introductory training is available to practitioners working to support families in the Southern Trust. It is funded by the Trust Promoting Wellbeing Physical Activity Lead and places are limited to 15.

To express your Interest please click [here](#)