

**Newry & Mourne LPG**  
**Minutes of Meeting - Wednesday 11<sup>th</sup> October 2023 at 10am**  
**Via Zoom Video Conference Call**

<b>Attendees</b>	<b>Apologies</b>
Jacinta Linden (Bolster Community - Chair) Darren Curtis (CYPSP) Joanne Patterson (CYPSP - Minutes) Barbara Wallace (Children In Need - Speaker) Katie Wilson (Early Years Toybox) Claire Phillips (Aware) Sarah Gilbert (Little Sunflower) Seán Maguire (CCG) Teresa Kearney (Magnet YAC) Bevín O'Hare (Home-Start N&M) Philip Batt (PAPYRUS) Rosie Carey (EA Youth Service)	Louise Malone (Youth Action NI) Gemma McKeown (Magnet YAC) Andrea Keenan (Clanrye Group) Dorethy Davidson (SHSCT, MDT) Eleanor McKenna (PIPS Hope and Support) Ryan Duffy (PSNI) Pauline Hunter-Graham (Mae Murray Foundation) Shannon Creaney (PCSP / N MandDD Council) Maria Hamill (Newry & Mourne Area Learning Community / ALC) Karen Clarke (Home-Start N&M) Cathy McMahon (CCG) Annie Clarke (SHSCT) Maria Keenan (Clanrye Group)

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action - By Whom</b>
<b>Welcome, Apols., Prev. Mins. (21/06)</b>	Jacinta welcomed all to the meeting. Apologies noted, per above. Previous Minutes agreed.	JP to upload to CYPSP website
<b>Speaker: Children In Need</b>	Barbara presented on the Children in Need Big Sky Small Grant Programme (Invitation Only), aimed at supporting children aged 8-13 growing up affected by 'spatial isolation' with their emotional wellbeing. If your group/service/organisation may be	Presentation to be shared with attendees

	eligible/interested, or if you aware of another which you can recommend fits the criteria, contact Barbara <a href="#">HERE</a> to discuss a possible application.	
<b>Member Discussion RE: LPG Meetings</b>	<p>Small group discussions took place in breakout rooms. Feedback provided, as follows:</p> <p><b>(i) Why do you come to this LPG Meeting?</b> To find out what's happening, to share information, for networking opportunities and meeting new people, to find out about ground-level organisations, to extend our reach, to promote our services, to work in partnership so as to avoid duplication, to receive new information that we mightn't already be aware of.</p> <p><b>(ii) What do we do well as a group?</b> Sharing organisations' resources, newsletter is fantastic, group is inclusive &amp; supportive, welcoming &amp; meeting people, identifying needs &amp; emerging needs and at targeting the issue, communication, opportunities &amp; training, great platform for sharing info. good mix of online &amp; in-person events, connecting for specific resources, during the pandemic this was the one place that info. was shared &amp; received - the LPG was a valid &amp; important platform, the information which comes in the post-meeting follow-up e-mail.</p> <p><b>(iii) What could we do better at / more of?</b> Consistency of attendance, prefer face-to-face meetings which give opportunities for one-to-one conversations.</p>	
<b>Update from FSH</b>	Jacinta ( <b>Bolster Community / FSH</b> ): Extensive referrals continue where the referral may be made for a child but upon triage completion is more concerning parent's own mental health & social anxiety and its impact on family life. Steady increase in referrals particularly in Newry where one parent deceased and families struggling emotionally & practically as a result. Incidences of multiple disabilities amongst very young children puts extreme stress on one parent while the other goes to work. Some support agencies such as Home-Start/Sure Start/Bolster may pick up a referral for a child, but end up working with a family for 12-15 years. Whilst FSH is inundated with referrals, it relies heavily on the collaborative approach of relevant local services & community organisations to help families cope.	

<b>Discussion on Unmet &amp; Emerging Needs</b>	<p>Needs raised during meeting:</p> <ul style="list-style-type: none"> <li>• CCG had a small pot of funding for emergency need and various community organisations had utilised this, but there are still families really struggling due to the cost-of-living crisis, particularly those working and renting privately. Political stalemate is not offering any solutions to current issues. (SM)</li> <li>• Feedback from teachers in local primary schools is that the emotional need from children in local schools is critical this year. (SG)</li> <li>• Increase in young SEN children (15-18 months old) waiting to see a professional for an assessment/diagnosis with parents struggling emotionally &amp; physically. (BOH)</li> </ul>	<p>DC &amp; JL to continue to escalate issues to the SOG</p>
<b>Action Plan 2021-24</b>	<p><b>‘Your Journey Through Disability’ Guide</b> available to download <a href="#">HERE</a> - This resource is live and will be updated regularly. E-mail <a href="mailto:cypsp@hscni.net">cypsp@hscni.net</a> to submit relevant info.</p> <p><b>2 Vaping Awareness Sessions</b> organised by CYPSP and delivered by ASCERT, via Zoom on 19<sup>th</sup> and 22<sup>nd</sup> June - View Scorecard <a href="#">HERE</a>.</p> <p><b>Southern Trust Area School Uniform Recycling Toolkit</b> released in May. Collating feedback from participating schools to share good practice and evaluate.</p> <p><b>Mental Health &amp; Emotional Wellbeing Resource for Students, Parents/Caregivers &amp; School Staff</b> currently at design stage and to be released within the next month, providing relevant go-to contact info. &amp; resources.</p> <p>EA Youth Service, PSNI and SHSCT Sexual Health Team have met to discuss an online campaign to raise awareness on the issue of <b>Sextortion</b>. Young people will be involved in content planning and duplication of other existing campaigns will be avoided.</p>	
<p><b>Member Agency Updates</b></p> <p><b>Member Agency Updates</b></p>	<p>Jacinta (<b>Bolster Community</b>): Silent Disco on We 25<sup>th</sup> Oct in the Bank Vault Nightclub: please spread the word to encourage attendance in support of the young people who have been involved in organising the event.</p> <p>Philip (<b>PAPYRUS</b>): Attended yesterday’s Mental Health Expo in Belfast and shared a link to various related research papers.</p> <p>Theresa (<b>Magnet YAC</b>): Massive increase in the no. of young people vaping in their centre: Gemma showing a related Netflix documentary to their young people.</p>	<p>JP to circulate all links flagged by members after meeting + Any relevant flyers to be included in ‘FYI’</p>

<b>AOB</b>	<p><b>Incredible Life Carers Information &amp; Wellbeing Event</b> in Seagoe Hotel on Tue 24<sup>th</sup> Oct, 10am - 2pm. (Targeted at parents &amp; caregivers of children with additional needs.)</p> <p>Info on <b>Child Bereavement Support Services</b> recently sent to CYPSP from <b>Find Help NI</b> (Visit the Find Help NI website <a href="#">HERE</a>). Also visit the <b>Family Support NI</b> website <a href="#">HERE</a>, for info. on a wide range of support services available to C&amp;YP and families in NI. See the <b>Youth Wellness Web</b> <a href="#">HERE</a> for info. on bereavement support for all ages.</p> <p>CYPSP is continuing to map initiatives, services or activities that help address the current cost of living crisis in their <b>Guide to Locality Planning Based Resources and Practical Support for Families and Children</b> - Download the live version of this document <a href="#">HERE</a>.</p> <p><b>Recordings of the recent CYPSP Translation Hub &amp; Youth Wellness Web Online Training</b> sessions (30 minutes in length) will be made available in due course - Visit the TH <a href="#">HERE</a> and YWW <a href="#">HERE</a>.</p> <p>Visit the <b>CYPSP Parent Support Page</b> <a href="#">HERE</a> to view all upcoming <b>Evidence-Based Parenting Programmes</b> being delivered in the SHSCT Area.</p> <p>Members encouraged to invite relevant colleagues to consider joining the Newry &amp; Mourne LPG - Flyer, for sharing, to follow.</p> <p>Jacinta asked members to consider nominating themselves as Vice-Chair of the Newry &amp; Mourne LPG to be sent to Darren.</p>	<p>JP to circulate various CYPSP links &amp; reports to members</p> <p>DC to provide updates on any groups &amp; meetings at next LPG meeting</p>
<b>Next Meeting</b>	<p><b>Wednesday 6<sup>th</sup> December 2023, at 10am, in Newry Youth Resource Centre.</b></p> <p>Many thanks for your participation!</p>	