

## Newry & Mourne LPG Minutes of Meeting - Wednesday 21<sup>st</sup> June 2023 at 10am Newry Youth Resource Centre

Attendees		Apologies
Darren Curtis (CYPSP - Acting Chair)	Seán Maguire (CCG)	Pauline Hunter-Graham (Mae
Joanne Patterson (CYPSP - Minutes)	Annie Clarke (SHSCT)	Murray Foundation)
Eleanor McKenna (PIPS Hope and Support)	Elaine Toal (Libraries NI)	Rosie Weir (The Prince's Trust)
Pauline McDonald (Newry Food Initiative)	Maria Keenan (Clanrye Group)	Matthew Williams (Volunteer Now)
Clara O'Callaghan (Volunteer Now)	Teresa Kearney (Magnet YAC)	Dearbhlá Mulholland (Bosco Youth)
Paula Mathers (Brain Injury Matters)	Karen Clarke (Home-Start N&M)	Blanaid Bruce (Radius Housing)
Sarah McGennity (Youth Action NI)	Rosie Carey (EA Youth Service)	Patrice McCrory (Arbour Housing)
Sarah Gilbert (Little Sunflower)	Maria Hamill (N&M ALC)	

Agenda	Discussion	Action - By
Item		Whom
Welcome,	Darren welcomed all to the meeting, as Acting Chair.	JP upload
Apols.,	Apologies noted, per above.	Mins to
Mins.19/04	Previous Minutes agreed.	CYPSP site
Update	No Bolster Community representatives in attendance.	DC to follow
from FSH		up
Discussion	Needs raised during meeting, as follows:	
on Unmet &	• Poor footfall from public at recent events attended. Organisations reap the networking	
Emerging	benefits from attending but less engagement with public (COC)	
Needs	<ul> <li>Post-pandemic attitude to volunteering has changed: older people still fear COVID risks, younger people still anxious about mixing in groups, adults opting to work more hours due to cost of living crisis or have developed new interests during lockdown to fill time.</li> </ul>	

Discussion on Unmet & Emerging Needs  Action Plan 2021-24	Associated expenses also a factor. (COC) Clanrye Group similarly seeing volunteer numbers fall with struggle to cover associated fuel costs. (MK)  • More young people working from a younger age with uncreased drop-out from programmes for 14-15 yrs. Recent good weather has also seen lower programme uptake: young people opting to socialise with peer groups instead. (SM)  • PSNI in ABC Council Area recently raised the issue of increase in reported sextortion incidences (DC). Various local incidences raised by members were briefly discussed.  • Loneliness and communicating with others are prevalent for some young people. (SMcG)  • Mobile Libraries will be off-road during summer, presenting a loss to rural communities. (ET)  Click HERE to download the 'Your Journey Through Disability' Guide, a resource for parents and families produced by the CYPSP in partnership with parents and key organisations, which was launched at Stormont towards the end of May. The resource is live and will be updated regularly	Submit relevant information for inclusion to cypsp@hscni.
	55 attendees have taken part in the recent <b>School Uniform Recycling Toolkit</b> online briefing sessions. Contact Darren to receive a digital copy of the resource. <b>Mental Health &amp; Emotional Wellbeing Resource for Students, Parents/Caregivers &amp; School Staff</b> will launch later in year - CYPSP currently liaising with designer.	net
Member Agency Updates	Annie (SHSCT): 55-60 men attended last week's Men's Health Week 5-a-side event at Newry City AFC. Limited copies of current Men's Health Week 'Action Man Manual' available-download HERE. This week is Carer's Week: Action For Children Young Carers NI website HERE. Last week was Loneliness & Infant Mental Health Weeks. Mapping local chatty bench locations and adding more Kindness Boxes linking primary schools with care homes.  Paula (Brain Injury Matters): Received funding to continue Peer Mentoring programme. 'My Invisible Brain Injury' Video (FB HERE / YouTube HERE), website HERE, Children and Youth Service Referral Form HERE. Anyone can make a referral. Family-based support available.  Maria (Clanrye Group): Delivering the Employ Me programme for ages 16+ (re)enter world of work and need support. Programme will provide qualifications, employability support and additional health and wellbeing support.	JP to circulate all links flagged by members after meeting + Any relevant flyers to be included in next issue of 'FYI'

## Member Agency Updates

Clara (**Volunteer Now**): Local volunteering opportunities available for young people during summer and beyond advertised in NMandDD Council Events Calendar <u>HERE</u>. Planning a Funding Fair during Good Relations Week. Clara to share further details when available. One Young World seeking volunteers for forthcoming conference in Belfast: further info. in 'FYI'.

Seán (**Newry CCG**): Supporting local community associations with funding applications for summer programmes. Holiday grants available from Henry Smith Fund: find out more <u>HERE</u>.

Elaine (**Libraries NI**): Details on summer workshops & events on Facebook page <u>HERE</u>. Reading Well Shelf Help Resource available <u>HERE</u>, providing quality-assured information and advice to help young people understand and manage their mental health.

Sarah (**Little Sunflower**): Recently launched a new interactive, animated, digital, early intervention emotional wellbeing programme for children ages 6-10 years. Contact Sarah for further info. Youth Start programme will be running in the future and will be Newry-targeted.

Teresa (**Magnet YAC**): Received funding via Youth Action to deliver creative projects for members. Youth Pride events across weekend of 30<sup>th</sup> June to 2<sup>nd</sup> July, but a lot of the activities will be in-house due to funding restrictions. See 'FYI' for upcoming Youth Blast programmes.

Sarah (**Youth Action NI**): Working with school leavers in summer (1-to-1 & groups) delivering Lifemaps programme. Exploring barista training and taster days followed by residential.

Karen (**Home-Start N&M**): All services will continue as normal over summer, bar group work, with exception of targeted groups who they feel will need ongoing support.

Pauline (**Newry Food Initiative**): Aiming not to duplicate other local food poverty support services. Operating for 6 months, distributed approx. 240 food packages in this period, as well as vouchers. 50 families received emergency parcels. Working closely with Maurice Rocks from the SHSCT to best manage incoming requests. Open for referrals and the foodbank will stay open over the summer (Monday & Friday, 10am to 1pm).

Rosie (**EA Youth Service**): Volunteers being trained to help with summer provision. T-BUC Camp closing date today: 60 spaces available, 130 applications received. Children With Disability Team project delivered over summer but is a closed group. Core provision continues.

Maria to link up with Pauline to receive referral vouchers

Member Agency	Eleanor (PIPS Hope & Support): Available to deliver Gimme 5 in schools and in the community. Can also deliver mental health & suicide prevention workshops locally.	
Updates	Maria ( <b>N&amp;M Area Learning Community</b> ): Attending today's meeting to learn about support services available locally, to share with others in the N&M ALC Group. Asked about training in resilience and mental health for young males 18-24.	
AOB	CYPSP continues to map initiatives, services or activities to help address the current <b>cost of living crisis</b> . Created a <b>Guide to Locality Planning Based Resources and Practical Support for Families and Children</b> . If your service carries out any relevant service or work, please contact Una Casey from CYPSP, via e-mail, <u>HERE</u> , to request a template to complete. Download the live version of this document <u>HERE</u> .  Visit the <b>CYPSP Youth Wellness Web</b> <u>HERE</u> - Info. & resources are housed in age-specific	JP to circulate various CYPSP links & reports to members
	sections and there are also dedicated Parent & Teacher and Training zones.  Visit <b>CYPSP Translation Hub</b> <u>HERE</u> . E-mail <u>valerie.maxwell@hscni.net</u> to further discuss general submission requirements for the Translation Hub. Online briefing session upcoming Further details to follow.	members
	<b>E-cigarette/Vaping Training</b> dates released for 2023: funded by PHA and delivered by Cancer Focus NI. The SHSCT Area training session due to take place next Tuesday from 2pm to 4.30pm in the PWB Training Room at St. Luke's, Armagh. See flyer in 'FYI'.	
	<b>SBNI Online Safety Hub</b> launching soon. Content can be submitted, for verification & inclusion - See related slide in next issue of 'FYI'.	
	Click <u>HERE</u> to access <b>Safer Internet Day Interactive Resource</b> which was produced earlier this year providing useful links for parents/carers and those working with C&YP.	
	Visit the <b>SportNI website section RE: Low &amp; No Cost Sports</b> available across Northern Ireland <u>HERE</u> - If you are aware of any relevant info. for inclusion, e-mail <u>HERE</u> .	
	<b>'FYI' Newsletter</b> going out tomorrow, including a dedicated <b>'Summer Is Coming' Section -</b> Please send relevant info. RE: the Newry & Mourne area by COP today, for inclusion.	
Next Meeting	Wednesday 11 <sup>th</sup> October 2023, at 10am, via Zoom.	
Meeting	Many thanks for your participation!	