

East Belfast LPG Meeting

Thursday 19th September 2024
Knocknagoney Community Centre
10am

Name	Organisation	Present	Apology
Caroline Milligan	LPG Coordinator, BHSCT	✓	
Bronagh O'Dwyer	LPG Chairperson, NOW Group	✓	
Roisín O'Neill	Barnardo's	✓	
Josie Gibson	Health Visiting, BHSCT	✓	
Lois Corbett	Outer South & East FSH	✓	
Eileen Mooney	Summerhill Foundation	✓	
Conor Kerr	Prince's Trust	✓	
Ben Webb	Youth Engagement Service, Extern	✓	
Val Rowan	Emotional Health & Wellbeing Team, BHSCT	✓	
Nichola Lockhart	Toybox	✓	
Julia Hughes	Bryson Training and Employability	✓	
Rachel Howe	Victoria Park Primary School	✓	
Andrea Mawhinney	Inner East FSH	✓	
Ciara Corrigan	NIACRO	✓	
Jennifer Heverin	LPG Administration	✓	
Aine Mulvenna	BHSCT		✓
Alice McGlone	Belfast City Council		✓
Amanda Sherwood	BHSCT		✓
Bridget Tiernan	BHSCT		✓
Carol Scullion	Action Mental Health		✓
Christy Donaldson	Action Mental Health		✓
Diane McMullin	Extern		✓
J Wharry	Bloomfield School		✓
Joe McGovern	Extern		✓
Judith Thompson	Toybox – Early Years		✓
Julia Carson	W5		✓
Linda Armitage	East Belfast Community Development Agency		✓
Marcela Vielman	Save the Children		✓
Marie-Therese Cassin	Cedar Foundation		✓
Pamela Hughes	Kids Together		✓
Phil Lindsay	Barnardo's		✓
Sharon Traynor	Radius Housing		✓
Deyna Reaney	Outer South and East FSH		✓
Kathy Watters	Belfast City Council		✓

Summary of Actions:

	Topic	Action	Responsibility
	Therapeutic Services	Invitation to be issued inviting members to join a sub-group to look at gaps in therapeutic services in East Belfast.	Bronagh O'Dwyer / Caroline Milligan

	<p>1. Welcome and Apologies</p> <p>Chair, Bronagh O’Dwyer opened the meeting by introducing Caroline Milligan who is the acting LPG Coordinator for all 4 LPG’s whilst Charlene Mitchell is on maternity leave. A round of introductions then took place.</p>
	<p>2. Previous Minutes from 9th May 2024</p> <p>The Action Point regarding the formation of a Sub-Group to look at therapeutic services has been reinstated.</p> <p>The Minutes were agreed as a true reflection of the meeting and no amendments required.</p>
	<p>4. Matters Arising</p> <p>With regards to the Action Point above – an email will be issued to invite those who wish to participate in forming a Therapeutic Sub-Group to look at the gaps in services in East Belfast.</p>

5. FSH Updates

FSH Area:	Outer South & East Belfast
Timeframe:	May – September 2024
Number of Service Requests Received in timeframe:	95
Number of Service Requests Received to date:	April 24 – March 25 – 130
Source of Service Requests:	36- Self 22- HV 14- School 5- Community 1- Ed Welfare 10- GP 2- Voluntary Org 3- CAMHS 0- Social Worker 1 – Nurse 1 - Community Psychologist
Key Gaps identified: <ul style="list-style-type: none"> • Support for teenagers- one to one, mentoring, counselling. • Support for 2-year-olds and under with potential ASD particularly those who fall outside a SureStart area. • Financial Support • School Avoidance support and support for parents. 	
Key Successes identified: <ul style="list-style-type: none"> • Increased Networking over the summer months, establishing relationships with associate members and better understanding of individual services and support they provide. 	
AOB for Sharing: <ul style="list-style-type: none"> • A rise of enquiries from Dads seeking support and seeking parenting programmes to further their parenting to ensure they can gain contact with their children. 	

FSH Area:	Inner East Belfast								
Timeframe:	June 2024 – 19 th September 2024								
Number of Service Requests Received in timeframe:	<table> <tr> <td>June</td> <td>27</td> </tr> <tr> <td>July</td> <td>8</td> </tr> <tr> <td>August</td> <td>11</td> </tr> <tr> <td>September</td> <td>16</td> </tr> </table>	June	27	July	8	August	11	September	16
June	27								
July	8								
August	11								
September	16								
Number of Service Requests Received to date:	From 1 st April 2024 – September 2024 331 Total: 115								
Source of Service Requests:	Health Visitors, Self-referrals, GP's, Schools, Community and Voluntary, EWO's, CAMHS, Social Workers, Gateway. Community Paediatrics.								
Key Gaps identified:									
<p>ASD – awaiting assessment support for YP & Children. ADHD pre-diagnosed support for Children. Therapeutic Support – children, young people and adults. Practical Support. Home visiting support.</p>									
Key Successes identified:									
<p>EHWBT – programmes for children, YP and parents who are awaiting ASD assessment.</p>									
AOB for Sharing:									
<p>None</p>									

Following the Hub Updates a discussion then took place around anxiety based school avoidance and pressures regarding socialisation and easy access to all news and world issues can all feed into a young person's anxiety. The matter is being raised at BAOG level as it is a citywide issue.

Another discussion took place around families being placed in temporary accommodation. At present there is no temporary housing in Belfast and therefore families are being moved outside the city. This has a huge impact on children, especially those at school. Some parents are having to travel many miles to bring their children to school in Belfast as they want to keep continuity for them, but it is at a financial and mental cost.

6. Members Updates

Josie Gibson – Health Visiting

There has been a reduction in 1 and 2 year olds home visits due to staffing issues, which has led to a decline in referrals. However, a Saturday clinic is now being run by Bank staff so this will probably lead to an increase in referrals again.

There is also a Health Visitor helpline operating Monday – Friday 9am-5pm.

The Henry Programme is a 12 week programme for families to help with fussy eating/obesity. There are 1-2-1 sessions available at home and they will look at topics such as meal prep, finances, behavioural issues and the like.

Health Visiting also run a toileting programme. If someone has a small group that would like to avail of this a course can be arranged.

Judith Thompson – Toybox, Early Years

The programme is now operating across Belfast as works with 0-4 year old children from the Roma community. It is hoped the programme can expand further into work with newcomer families.

Julia Hughes – Bryson Training and Employability

If anyone is working with a family with a young person aged 16+ who has left school with no further plans for education or employment Bryson can assist.

	<p>7. LPG Updates</p> <p><i>Locality Planning Consultation</i> CYPSP released their 6 priorities which were discussed and worked upon at the Coffee Morning on 16th July. Caroline extended her thanks to everyone who attended and their useful input. For those who were unable to attend a questionnaire was issued. All the information received is currently being collated and will be fed back to CYPSP. The LPG plans can then be looked at.</p> <p><i>LPG Update/Newsletter</i> The weekly LPG Update email has undergone a new format. Feedback was sought on how people feel about this and if they would be happy about this being issued fortnightly. The consensus was positive with most people expressing that they found the update very useful.</p>
	<p>8. A.O.B</p> <p>No other business was discussed and Bronagh thanked all those who attended today.</p>

2024/25 Dates for East Belfast LPG Ordinary Meetings

DATES	TIME	VENUES
25 th January	10am	78 Mersey Street
14 th March	10am	Microsoft Teams
9 th May	10am	Knocknagoney Community Centre
19 th September	10am	Knocknagoney Community Centre
21 st November	10am	Knocknagoney Community Centre
9 th January	10am	Knocknagoney Community Centre
6 th March	10am	Knocknagoney Community Centre
1 st May	10am	Knocknagoney Community Centre