

# South Belfast LPG Meeting

# Shaftesbury Community & Recreation Centre 97 Balfour Avenue, Belfast, BT7 2EW

# Thursday 21st March 2024 at 10am

Name	Organisation	Present	Apology
Natasha Brennan	South LPG Chair	✓	
Charlene Mitchell	LPG Coordinator	✓	
Áine Groogan	Forward South Partnership	✓	
Marie McGarry	Forward South Partnership	✓	
Karen Sykes	Princes Trust	<b>√</b>	
Gemma McCauley	Barnado EIFSS	✓	
Karolina Morgan	CASA FSH	<b>√</b>	
Chloe McCann	Toybox Project	✓	
Alison Robinson	South Belfast Sure Start	<b>√</b>	
Róisín O'Neill	Barnados	<b>√</b>	
Natasha Bronan	LORAG	✓	
Lois Corbett	Hub Coordinator Outer South and East	<b>✓</b>	
Clare Humphrey	Barnados	<b>✓</b>	
Michelle McDonagh	LORAG	✓	
Angela Johnson	BHSCT		<b>✓</b>
Ben Hanvey	BHSCT		<b>√</b>
Bridget Tiernan	BHSCT		<b>√</b>
Bronagh O'Dwyer	Now Group		<b>√</b>
Catherine Beatty	BHSCT		<b>√</b>
Emily Kennan	Forward South Partnership		<b>√</b>
Gillian Boyd	Cedar Foundation		<b>√</b>
Joan Devlin	Belfast Healthy Cities		<b>√</b>
Joy Poots	South Belfast Sure Start		<b>√</b>
Joy Robinson	Aware NI		<b>√</b>
Judith Divers	Mencap		<b>√</b>
Marie-Therese Cassin	Cedar Foundation		✓
Michelle Muldoon	Now Group		✓
Pamela Hughes	Kids Together		✓
Peter Bryson	Save the Children		<b>√</b>
Phil Lindsay	Barnado's		✓
Sandra Cullen	BHSCT		✓
Sinead Campbell	Advice NI		✓
William Olphert	Chinese Welfare Association		✓
Kelly McAtamney	BHSCT		✓

Sandra Lawler	EANI		<b>√</b>
Nuala McStravick	Bryson Energy		<b>✓</b>
Angela Johnston	GVRT		✓
In Attendance			
Jennifer Heverin	LPG Administration, BHSCT	✓	
Charlotte Gunton LPG Administration, BHSCT		✓	

Topic	Action	Responsibility
School Avoidance	Survey and/or workshops to be set up to look at this issue in more depth.	Natasha Brennan / Charlene Mitchell

Action		
by:		
	1. Welcome and Introduction	
	Chair, Natasha Brennan opened the meeting by welcoming those present and facilitating a round of introductions.	
	2. Previous Minutes from 1 <sup>st</sup> February 2024	
	The minutes were agreed as a true reflection of the discussion and no amendments were required.	
	3. Presentation – Áine Groogan, Forward South Partnership Forward South Partnership is an independent charity that works with community, schools, business, public and private sector partners to help regenerate and sustain a healthy South Belfast. FSP aims to contribute to peace building and tackling paramilitarism through community connectedness, raising aspirations, improvements to emotional wellbeing, and empowerment.	
	FSP delivers workshops from nursery age to post primary including garden workshops, art therapy and play therapy. They also offer CPD training for staff including cultural competency, TIP, ACE's, and sensory.	
	FSP have been very successful through engaging with 2300 children and 800 parents each year, exceeding annual targets. Evaluations have shown significantly high number of beneficiaries reporting:	
	<ul> <li>Improved emotional wellbeing</li> <li>Increased numbers of people accessing and receiving supports</li> <li>Better community connections</li> <li>Improved aspirations about education, self, and the future</li> <li>Increased confidence at core transition points through education.</li> </ul>	
	4. Presentation – Claire Humphrey, Barnardo's	
	Thrive which formed in 2018, is a collaboration of schools, churches, and parents and communities to help improve outcomes for children and young people allowing them to thrive. They help people build aspire for their goals, improve their wellbeing but most importantly give young people the skills to attain their goals, for example helping them get their GSCE's so they can become employed or go onto college.	
	Their approach is a collection impact approach including having a common agenda, shared measurement of achievement, mutually reinforcing activities, continuous communication and backbone support, all of which are essential for their success and have a knock on effect for each other.	

Thrive have 9 partners at present and they need to provide £25,000 minimum each annually to a common pot which is held by the EA who then redistribute to all the other partners. Thrive report everything they do so everyone can see the outcome of the
entire funding.

#### 5. FSH Updates

FSH Area:	SB1 Hub
Timeframe:	February – March 20th
Number of Service Requests Received in timeframe:	February: 29 March: 45 Total: <b>74</b>
Number of Service Requests Received to date:	352
Source of Service Requests: October & November	Community Self School Health Visitor Camhs GP

### **Key Gaps identified:**

Play/Art Therapy

Increase in referrals requiring interpreting services.

Increase in referrals for housing support: houses too small for numbers living in the household or poor living conditions.

#### **Key Successes identified:**

Ongoing support for parents with cost-of-living pressures – receipt of gas/electric/Tesco vouchers

AOB for Sharing:

Open for Mindfulness Programme

FSH Area:	Outer South & East Belfast
Timeframe:	23 <sup>rd</sup> Jan- 14 <sup>th</sup> March
Number of Service Requests Received in timeframe:	104
Number of Service Requests Received to date:	April 23 – March 24 - 362
Source of Service	46- Self
Requests:	7- HV 6- School 16 - Community 2- Ed Welfare 5- GP 7- Voluntary Org 3- CAMHS 0- Social Worker 3- Nurse

## Key Gaps identified:

- Support for teenagers- one to one, mentoring
- School avoidance/ refusal
- Therapeutic support, mindfulness
- Long waiting lists for counselling that exceed hub time scale Key Successes identified:

- COL funding
- Great partnership working within hub

### **AOB for Sharing:**

• Recruiting for new OSEB coordinator underway.

FSH Area:	South Belfast II CASA FSH
Timeframe:	February and March (until 21/03/2024)
Number of Service Requests Received in timeframe:	69
Number of Service Requests Received to date:	272 this financial year
Source of Service Requests:	Top referrers: Self-referrals, EWO, Schools Voluntary Organisation, Health Visitors, GP

#### **Key Gaps identified:**

- Anxiety/ low mood support for children/ young people
- Behavioural issues Post Primary School age Awaiting ASD / ADHD assessment.
- Behavioural issues Primary School age Awaiting ASD / ADHD assessment.
- ASD / ADHD diagnosis Primary School age- group activities

#### **Key Successes identified:**

- BHSCT (BCC Hardship Found) Winter Support has been distributed to the families
- AOB for Sharing:
- The number of requests for support with anxiety-based school avoidance for primary school age is growing; three factors are common in all the referrals: a child awaits ASD or ADHD assessment, has mental health issues and has low school attendance or a lack of attendance at school. There is no service available which could meet holistically all the needs of these families.

#### 6. Members Updates

#### Marie McGarry – Forward South Partnership

- A dementia café for carers takes place in Ormeau Road Library from 10am-12 midday.
- Belvoir Older & Active is held at midday on Fridays.

#### 7. LPG Update

#### i) LPG Membership

In order to have an up to date LPG mailing list and to comply with GDPR regulations, a Microsoft form has been circulated. It is vital that all members wishing to remain part of the Locality Planning Groups complete this list by <u>19<sup>th</sup> April 2024</u>. If you do not complete your name will be removed from the mailing list and membership will cease.

#### ii) CYPSP

A reminder that The CYPSP Youth Wellness Hub and Translation Hub are available and have a range of resources.

<u>Translations – Children and Young People's Strategic Partnership (CYPSP) (hscni.net)</u> <u>Youth Wellness Web – Children and Young People's Strategic Partnership (CYPSP) (hscni.net)</u>

#### ii) Training

Vape Training will be taking place on 10<sup>th</sup> April in Whiterock Health Centre. Information has been circulated, booking is essential.

A scoping exercise will be completed shortly to identify any gaps in training, training needs and member feedback.

#### iv) Asylum seeking families/ Dispersal Programme

Asylum Seeking Families / Dispersal programme out of hotels and into communities was raised at the most recent Belfast Area Outcomes Group meeting. Mears Housing are accessing a lot of community accommodation to facilitate the dispersal programme across NI. This is going a growing concern – families are being moved place to place with very short notice and often times into areas already in deprivation therefore chances to integrate and of employment is limited. It was felt that this was an important issue that should be raised with the Family Support Hubs who may be impacted by developments. For families with children who do not receive leave to remain as there is no deportation policy, the Health Trusts that families are located within will be required to provide support.

#### v) School Avoidance

Emotional based school avoidance can have a huge impact on not only the child or young person but also the family, with a parent often having to come out of work to look after the child at home.

Following a discussion it was agreed that an LPG sub-group will be formed to look at this area in more detail. It was suggested that a scoping survey be carried out gather all the information and numbers then follow this up with workshops.

#### 8. A.O.B

No other business was discussed and Natasha thanked all who attended.

# 2024 Dates for South Belfast LPG Ordinary Meetings

DATES (Wednesday)	TIME	VENUES
18 <sup>th</sup> January	10am	Shaftsbury Community &
		Recreation Centre
21st March	10am	Shaftsbury Community &
		Recreation Centre
23 <sup>rd</sup> May	10am	TBA
TBA July	10am	TBA
26 <sup>th</sup> September	10am	TBA
28 <sup>th</sup> November	10am	TBA