

**South Armagh LPG**  
**Minutes of Meeting - Tuesday 14<sup>th</sup> May 2024 at 10am**  
**Forkhill Community Centre**

Attendees		Apologies
Darren Curtis (CYPSP) - Minute	Lizzy Smith (SOPYC)	Joanne Patterson (CYPSP)
Philip Batt (PAPYRUS)	Caroline Potter (Bolster Community/FSH)	Annie Clarke (SHSCT)
Maria Hamill (N&M ALC)	Dorethy Davidson (SHSCT, MDT)	Caroline Wilson (Surestart SA)
Robert Glusek (Surestart SA)	Siobhan Brennan (PIPS Hope & Support)	Raquel Rodrigues Keenan (Volunteer Now)
Claire Loughran (NMandDDC)	Mairead Hearty (Women's Aid AD)	Joanne Murphy (EA EWO)
		Shannon Creaney (PCSP, NMandDDC)
		Stephanie Armstrong (Home Start)

Agenda Item	Discussion	Action - By Whom
<b>Welcome, Apols., Prev. Mins.</b>	<p>Darren welcomed all to the meeting.</p> <p>Brief introductions given and apologies noted.</p> <p>Further information on the <b>CAWT EASY</b> Project: "The Early Intervention Support Youth Hubs" (EASY) Project aims to establish a cross-border and cross community network, to provide support and interventions to concerned parents/carers/families with a child/children aged 1-17 years presenting with behaviours consistent with neurodevelopmental type conditions such as ASD, ADHD, or who have been diagnosed with a neurodevelopmental disorder".</p>	DC to inform of any updates.
<b>Action Planning 2024-27</b>	<p>2 discussion groups were formed: Lizzy, Phil and Maria (Group 1) discussed the 11+ age group and Robert, Claire, Siobhan, Dorethy, Caroline and Mairead (Group 2) looked at the under 12 age group as well as parents.</p> <p>Group 1: still seeing the impact of COVID and low level engagement, services constrained by lack of flexibility to meet needs. Challenging behaviours in this age group. Splits in friendships affecting emotional wellbeing. Youth clubs having to keep strict</p>	

	<p>opening hours with different age groups so siblings and friends can be separated due to age. Vaping prevalent among 13+ age group as well as using illegal substances.</p> <p>Group 2: Funding and staff recruitment issues as well as long waiting lists. Pressures on families and need for parental support. Operating wellness toolboxes in <b>Women's Aid</b>. WA also have 3 Health Champions who carry out health checks. Need to look at staff's own wellness. Suggestions include linking with <b>Rural Health Partnership</b> (Teresa Nugent), <b>Chest, Heart &amp; Stroke</b>, electric bike session (Robert) and for summer meeting, have a breakfast picnic where everyone can bring an item. Discussion on funding for play groups. Phil mentioned <b>Ulster Garden Villages</b> (<a href="#">HERE</a>) and <b>Lloyds</b> (<a href="#">HERE</a>).</p>	<p>PHA resources <a href="#">HERE</a></p> <p>LPG to discuss further at next meeting</p>
<b>Update from Family Support Hub</b>	<p>Caroline gave update from <b>FSH</b>: issues include challenging behaviours in school and at home and vaping amongst adolescents (students at risk of suspension). Friends Programme operating for 8-11 years and available to promote resilience. Need for EWB support for parents; huge demand for support for families with a child with autism or ADHD – need to feel they are not on their own,. Young men (aged 13-14) behaviour at school is challenging. Support available via <b>Ladswise</b> for 14-16 years. <b>Autism Service</b> attended their first FSH meeting. Difficulties for parents to access support during working house for workshops.</p>	<p>Caroline to provide info on Ladswise for distribution</p>
<b>Making Connections</b>	<p>Claire (<b>NMandDDC</b>): new programme on numeracy through Community Development – bringing numeracy into everyday life. Includes family games, cookery, gardening and orienteering: teaching parents how to help with homework.</p> <p>Siobhan (<b>PIPS</b>): Recruiting for Training &amp; Community Development post (previously held by Aaron). Recruitment ad's can be put into FYI.</p> <p>Caroline (<b>Bolster</b>): Tots &amp; Tea in Markethill was under-subscribed. Parent &amp; carer Connect Groups for older children in Newry run weekly.</p> <p>Lizzy (<b>SOPYC</b>): successful in obtaining Children in Need Big Sky Grant for EWB of children aged 8-12. Getting new tarmac laid in front of Club. Running a programme for</p>	<p>Claire to share details when available.</p>

	<p>12-18's through the Arts Council – 12 young people creating Health &amp; Wellbeing Messages outside the Club. Working towards OCN Level 1 in Youth Work.</p> <p>Mairead (<b>Women's Aid</b>): funding ends in August for Wellbeing Programme: positive outcomes from this providing a safe space to build resilience. Great support from Annie and Deirdre (<b>SHSCT PWB Team</b>) for Lottery funding application. Huge number of referrals – 357 on yesterday's waiting list including for refuge – recent high demand and have to prioritise. Services at Daisy Hill and Craigavon Hospitals, <b>IRIS</b> project links with local GP's.</p> <p>Robert (<b>Sure Start</b>): Getting ready for summer. <b>Men's Health Awareness Week</b> in June. Doing cooking sessions with Dad's including Pizza Night and Juice Bar.</p> <p>Maria Hamill (<b>N&amp;M Area Learning Community</b>): First meeting, came to listen to all.</p> <p>Dorethy (<b>SHSCT MDT Team</b>): Katy from the team is running the <b>Autism Group</b> in Rathfriland. Always open to any suggestions for collaborative work.</p> <p>Phil (<b>Papayrus</b>): First meeting. Very busy. Development Officers in Derry and in this area. Staff have moved on. Ongoing engagement with <b>SRC</b>, doing <b>Stress Busters</b> prior to exam time, 3 times a year. If anyone else wants to host a stand, contact Phil or through Locality Team.</p>	
<b>Feedback on Action Plans</b>	<p>Darren gave brief update:</p> <p><b>Sextortion Sub Group</b> met with <b>Safeguarding Board for NI</b>. Happy to promote their <b>Online Safety Hub</b> for all relevant resources and information.</p> <p><b>Southern Area Outcomes Group</b> have their <b>Planning Workshop</b> on 25<sup>th</sup> June to help formulate their <b>Action Plan</b> for 2024-27. Darren to report back at next meeting.</p>	Link <a href="#">HERE</a>
<b>AOB</b>		
<b>Date of Next Meeting</b>	<p><b>Tuesday 17<sup>th</sup> September 2024 at 10am via Zoom.</b> Calendar invite will be sent out.</p> <p>Many thanks for your participation!</p>	