

**Newry & Mourne LPG**  
**Minutes of Meeting - Wednesday 4<sup>th</sup> December 2024 at 10am**  
**Via Zoom Video Conference Call**

<b>Attendees</b>		<b>Apologies</b>
Karen Clarke (Home-Start N&M - Chair)	Teresa Kearney (Magnet YAC)	Jacinta Linden (Bolster Comm.)
Joanne Patterson (CYPSP - Minutes)	Annie Clarke (SHSCT)	Kerrie Cartmill (Angel Eyes NI)
Darren Curtis (CYPSP)	Seán Maguire (Newry CCG)	Mark Fell (The Prince's Trust)
Maria Keenan (Clanrye Group)	Ellie McKenna (NICMA)	Ryan Duffy (PSNI)
Anne-Marie Sutherland (SHSCT)	Maria Hamill (Newry ALC)	Sarah Kane (Youth Action NI)
Maureen O'Gorman (EA Youth Service)	Joyce Rainey (Sense NI)	Siobhan Brennan (PIPS)
Caroline Potter (Bolster Community / FSH)	Charlene O'Hara (DfE, RAISE)	Claire Phillips (AWARE NI)
Sarah Gilbert (Little Sunflower)	Lisa Allen (Angel Eyes NI)	Pauline McDonald (YMCI - Newry Food Initiative)
Edel Owens (The WholeFood Hero)	Nicola McAuley (SHSCT, EWTS)	
Karen Sands (Newry Sure Start)	Ronan Garvey (NIACRO)	

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action - By Whom</b>
<b>Welcome, Apols., Mins. 09/10/24</b>	Karen welcomed all to the meeting. Introductions given, as new members present. Apologies noted, per above. Previous Minutes agreed.	JP to upload to CYPSP website
<b>Self-Care Session</b>	<b><i>Supported by the PHA through the Clear Project.</i></b> Conversation focused on the 'Keep Learning' element of Take 5 in Breakout Rooms. Members re-grouped to share topics discussed, including: attending gym, watching documentaries, reading, about how finding free-time is challenging, getting distracted by mobile phones making it hard to switch off, TV as a means of escapism and the importance of being outdoors. Pre- & Post- Session Evaluations completed. Two in-person workshops to be offered to LPG members for Jan. '25: (i) Introduction to Self-Care and (ii) Introduction to Compassion/Empathy Fatigue.	Inspire Take 5 'Keep Learning' Worksheets to be sent by JP  Flyer to be circulated

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<b>FSH Update</b>	Caroline ( <b>Bolster Community / FSH</b> ): FSH received a high no. of referrals during Nov, many on the usual themes around parenting support and behavioural support. Parents continuing to seek support for strategies for a child or children at pre-diagnosis stages of Autism or ADHD. Play therapy requests received but not available through the FSH. Higher no. of self-referrals received compared to last couple of months, but generally referrals come from schools, MDTs, local surgeries & health visiting. Number of referrals already known to Women's Aid : issue of domestic violence is still quite high in most Hubs. December is shaping up to be a busy month.	
<b>Member Agency Updates</b>	<p>Charlene (<b>Department of Education, RAISE</b>): Find out more about this new DfE initiative, <a href="#">HERE</a>. Charlene seeking to engage with community &amp; voluntary groups as well as statutory bodies, to see how they can create a collective impact around tackling educational disadvantage, raising achievement and supporting local children. Programme is funded through the Shared Island fund. Members invited to contact Charlene, if they wish to further discuss anything.</p> <p>Sarah &amp; Edel (<b>Little Sunflower &amp; The WholeFood Hero</b>): Working in collaboration to offer (paid-for) early intervention &amp; emotional wellbeing programmes for children - Find out more about Little Sunflower <a href="#">HERE</a> &amp; The WholeFood Hero <a href="#">HERE</a>.</p> <p>Teresa (<b>Magnet YAC</b>): Poverty as a major issue with some young people staying in their building from 3pm to 9pm daily simply for warmth or to escape conflict at home.</p> <p>Nicola (<b>SHSCT, EWTS</b>): Seeing young people in schools presenting with lots of anxious feelings and physical sensations in their body, linked to energy drinks in some cases.</p> <p>Seán (<b>Newry CCG</b>): Highlighted that youth clubs/groups provide a lot of young people with a gateway into a different type of learning, particularly with regards to life skills.</p>	<p>JP to circulate links after meeting</p> <p>Flyers included in next 'FYI' - Please share widely</p>
<b>Action Planning 2024-27</b>	<b>Ygam Gaming &amp; Gambling Awareness Workshops</b> recently took place. Ygam are available to deliver awareness raising sessions to practitioners/organisations, young people and parents/carers in the SHSCT Area upon request.	E-mail Ygam <a href="#">HERE</a>

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<b>AOB</b>	<p>Visit the <b>EWTS (Emotional Wellbeing Teams in Schools) Section of the Youth Wellness Web</b> <a href="#">HERE</a>, to access a range of resources which have been produced by the EWTS to support students, parents &amp; school staff</p> <p><b>Parentline Pathways Booklet</b> launched by Parentline NI on Monday to coincide with Parenting Week 2024 - Call 0808 8020 400 to request a FREE copy - Spread the word! Download the Parentline NI <b>Emotionally-Based School Avoidance</b> Go-To <a href="#">HERE</a>. Click <a href="#">HERE</a> to view the <b>Inspire Community Training Brochure</b>.</p> <p>The <b>HSCNI Dental Access Scheme</b> aims to improve access to health service dental care for unregistered dental patients experiencing an emergency, urgent, or pressing dental condition - Further info. in today's meeting follow-up e-mail.</p> <p>The final 2024 issue of '<b>FYI</b>' <b>Newsletter</b> goes out tomorrow - Deadline: 2pm today. Click <a href="#">HERE</a> to <b>confirm your membership of the Newry &amp; Mourne LPG</b>.</p>	JP to circulate all links & reports to members
<b>Date of Next Meeting</b>	<p>Dates for next year's Newry &amp; Mourne LPG Meetings proposed - Meetings to take place at 10am, with formats TBC in due course - Complete member survey <a href="#">HERE</a>.</p> <p>Many thanks for your participation!</p>	Please accept Outlook Invite