

South Armagh LPG
Minutes of Meeting - Tuesday 12th November 2024 at 10am
Sure Start South Armagh, Camlough

Attendees	Apologies
Annie Clarke (SHSCT) - Chair Darren Curtis (CYPSP) Joanne Patterson (CYPSP) - Minutes Caroline Potter (Bolster Community / FSH) Claire Loughran (NMandDD Council) Gemma McKeown (YES, Magnet YAC) Raquel Rodrigues (Volunteer Now)	Abbie Hayes (WAAD) Cillian O'Hagan (Start 360) Joanne Murphy (EWO) Maria Hamill (N&M ALC) Caroline Wilson (Sure Start SA) Conor McArdle (Sure Start SA) Dan Greenaway (Cedar Foundation) Clara O'Callaghan (Volunteer Now) Lizzy Smyth (SOPYC) Maria Keenan (Clanrye Group) Robert Glusek (Sure Start SA)

Agenda Item	Discussion	Action - By Whom
Welcome, Apols., Mins. 17/09/24	Annie welcomed all to the meeting. Apologies noted, per above. Previous Minutes agreed.	JP to upload Minutes to CYPSP website
Self-Care Session	<i>Supported by the PHA through the Clear Project.</i> Group conversation on the 'Connect' element of Take 5. Discussion included hybrid working with need for organisations to actively encourage staff to stay physically connected, importance of taking time-out for self, how volunteering can connect, and how living in a rural area can present barriers to connecting. Pre- & Post- Session Evaluations completed. Two workshops to be offered to LPG members for Jan. 2025: (i) Introduction to Self-Care and (ii) Introduction to Compassion/Empathy Fatigue	Inspire Take 5 'Connect' Worksheets to be sent by JP Flyer to be shared
Action Planning 2024-27	BSO Interpreting Service have been considering how to overcome the language barriers and access to interpreting services across NI and are looking at piloting an initiative in the SHSCT Area, to recruit more interpreters through schools, colleges and other local organisations - Online Briefing Session forthcoming.	DC to provide further info., when available

FSH Update	Caroline (Bolster Community / FSH): 26 referrals so far in Nov, more envisaged. Current themes: domestic violence, school refusal, teens not engaging with services, parental misuse of alcohol & drugs and its impact on children & young people, behavioural & emotional support and lack of autism support. Generally, the needs they are seeing are much higher than and have passed early intervention stage.	GMcK to check & confirm with CP if they can offer home visits to young people
Member Agency Updates	<p>Annie (SHSCT): Low uptake for Step 2 Drugs & Alcohol Intervention in SHSCT Area. PHA actively seeking referrals into service: Dunlewey, Extern, ASCERT & Inspire currently on the hub. WAAD Lislea Event has been postponed. New Support Worker, Eileen McGivern, now available to deliver Taster Sessions across a variety of themes.</p> <p>Raquel (Volunteer Now): Youth Participation Officer engaging with local young people and organisations. Recently supported Council's Footsteps In The Forest event, with positive volunteer uptake. Encouraging young people aged 10+ to register for Youth Impact Awards. Upcoming VOLT session running in Newry area for Volunteer Car Drivers. Weekly Conversation Café takes place in Centred Soul for newcomers & others.</p> <p>Gemma (Youth Engagement Service, Magnet YAC): New Youth Project starting on Tue evenings in Bessbrook for 12-14 years. Carrying out detached youth work in Bessbrook in partnership with EA Youth Service. Seeking a venue for Jonesborough 13-15 year old Young Women's Group. Celebrating International Men's Day on 23rd Nov with an event in Killeavy Youth Club for 11-14 year old young men from NMandDD Area. Take A Hike Event on 24th Nov, young men 16+ invited to attend. New group in Carrickcruppen ongoing on Wed evenings.</p> <p>Claire (NMandDD Council): 12-Week Football Programme with EA Youth Service in Killeavy with health & wellbeing off-pitch activities and transport available. Travel a major barrier to participation with young people. Outreach programme with SOPYC in Silverbridge from Oct to Dec with smaller group. Supporting Amazing Abilities in</p>	JP to circulate all links after meeting + Relevant flyers to be included in next 'FYI'

Member Agency Updates	<p>Silverbridge on a Fri evening offering peer support for parents and activities for primary school aged children. DAERA Rural Micro Grans recently opened. List of family-friendly Christmas Events recently released. Linking with Norbrook on their food & toy Annual Christmas Appeal, with distribution organised through local charities. International Men's Day Event taking place in Belleek Country House.</p> <p>Caroline (Bolster Community): Delivering ParentPlus ADHD Programme in Newry & Portadown. ParentPlus Special Needs being delivered in St. Paul's High School. Further info. on their Sip & Shop Christmas Event on Facebook.</p>	Contact CL if you know of any families in need
Loneliness	New standing item included on the Agenda, for the purpose of two-way feedback between the LPG & TILT (Tackling Isolation & Loneliness Together) Group, via Annie. An emphasis was put on loneliness, across all age groups, at the recent Health Summit.	DC to confirm inclusion on N&M LPG Agenda
AOB	<p>Ygam Gaming & Gambling Awareness Workshop this Thursday - Register directly. Click HERE to register for RAISE Information and Engagement Events</p> <p>Parentline Pathways Booklet launched by Parentline NI on Monday to coincide with Parenting Week 2024 - Call 0808 8020 400 to request a FREE copy - Spread the word!</p> <p>Community Dental Service Oral Health Training Sessions, for (i) Practitioners & School Staff and (ii) Parents & Caregivers, taking place on Wednesday 20th & 27th November 2024 - See e-mail recently circulated by DC for registration links.</p> <p>The NSPCC are currently recruiting for volunteers for online mentoring sessions with young people - See flyer in 'FYI'.</p> <p>Click HERE to confirm your membership of the South Armagh LPG.</p>	<p>Register on Ygam flyer</p> <p>JP to circulate all links & reports to members</p>
Next Meeting	<p>Dates for next year's South Armagh LPG Meetings proposed - Meetings to take place at 10am, with formats TBC in due course - Complete corresponding member survey HERE.</p> <p>Many thanks for your participation!</p>	Please accept Outlook Invite