

CYPSP Locality Planning Group

Tuesday 10th October 2023

Present:

Lynsey McVitty NHSCT (Chair)
Bronagh McCrory NHSCT
Yasmin Geddis ZGBTST
Amy Merron ZGBTST
Stephanie Scott Coleraine Surestart
Kate Harrison Women's Aid
Meghan Campbell Action for Children
Bebhinn McKinley Causeway Coast and Glens Borough Council
Sara Haller Common Youth
Sharon Kirk Dalriada Rural Surestart

Apologies:

Veronica McKinley Health Alliance
Paula McLaughlin NICMA
Stephanie McMullan Solas
Elaine Donnelly Coleraine Surestart
Sheena Morrison Aware NI
Katrine McDermott NHSCT
Pippa Campbell Mae Murray Foundation
Deirdre Bradley EANI

1. Welcome and Introductions

Lynsey introduced herself as interim chair and welcomed everyone, followed by a round of introductions.

2. Minutes of Last Meeting

The last meeting was to look at Causeway CYPSP's Performance against CYPSP standards. Minutes of the May meeting agreed.

3. Children and Young People's Mental Health Research

Bronagh has compiled a report on the research. Three years since research was last carried out into needs of parents and children, much less response from Causeway. Current research had 200 + responses. Key areas included social activities, safe spaces to meet/ body image/ School transitions support/ LGBTQIA+. Bronagh to circulate report.

Action: Brongah

4. CYPSP Standards

CYPSP Standards were discussed in June – looked at performance of the group against regional standard set out by CYPSP, and online Microsoft form has been produced and will be circulated to members to complete.

5. CYPSP Activities Funding

£2000 budget. Focus on activities. Closes Friday 10th Nov up to £400 per group. Applications must fit with CYPSP action plan. Those submitting applications must be members and have attended at least one meeting

6. Presentation – Common Youth

Common Youth presentation. Services – Clinic/ Training for professionals/ school education. For anyone under 25 or anyone working with this age group. Counselling available in Coleraine – appointment based. Common youth do a range of different educational courses including online digital misogynistic course. Educational programmes are based around UNESCO and NI Curriculum guidelines. Clinic Services include contraception/STI testing (2 weeks after intercourse) and Treatment/ Counselling/ Information and Psychosexual Counselling. C-Card training (condom distribution scheme) and traffic light (safeguarding)/ How to talk to young people/ sex questions and Bespoke training which is approx. ½ day £200 and Full day £500 also noted was that Emma McElhone is NHSCT sexual health lead.

7. Family Support Hub update

Megan noted. Referrals have increased – school anxiety/ school based avoidance. Working with regional coordinator re long waiting lists. Two successful recruitment campaigns for staff. Lost support for carers for Christmas and can't support provision of toys this year currently -Yasmin suggested the ZGBT may be able to offer some assistance with this. Yasmin and Megan to connect with each other re this. Crisis Fund also on hold currently.

8. Member Updates

Kate Women's Aid – refuge in Coleraine and Cookstown, support for children squeezed because of funding issues, lost CYP project due to lack of funding, keen to link with other groups and organisations in the area. Yasmin ZG received funding for alternative Christmas, may be able to assist Family Support Hub with toys – Megan and Yasmin to connect. ZGBTST funding for youth worker to end in December. There was a wider conversation across the group in relation to the impact of funding cuts to groups particularly those working children and young people and that there appears to be a lack of recognition for the benefits of early intervention work. Surestart – parenting programmes oversubscribed currently, incredible babies (Ballymoney) Nurturing family (Ballycastle), recruiting for a number of positions currently. Bebhinn McKinley CP mentioned upcoming Community Engagement Platform event.

9. Chair Position Vacant

Lynsey detailed role of chair and vice chair and that chair could attend regional/northern level meetings. She advised anyone interested to contact Bronagh or herself.

- 10. Date and Time of Next Meeting**
Tuesday 12th Dec @10.30 am venue tbc.