

CAUSEWAY LPG ACTIVITIES FUNDING

2021/2022



BACKGROUND

Causeway CYPSP Locality group aimed to improve the outcomes for the Children and Young People in the local area against the eight high level outcomes as set out in the Children's & Young Peoples plan.

Proposals were sought for projects/activities that aim to target any of the top 3 needs identified in our parents & young person's survey:

Mental health & emotional wellbeing

Physical activity

Education

4 projects were funded at £400 each



CAUSEWAY DOWNS SYNDROME SUPPORT GROUP – MULTI SKILLS SESSIONS

- This project used sports based multi skills sessions to develop children and parent's skills. Sporting games and skills were used to increase participation and help teach children skills such as turn taking and cooperation. Parents formed relationships with each other and it was a social project for all. Both children and parents gained confidence. Parents benefitted from seeing how their children thrived in this environment. Children made their own friendships learned how to take instruction and got fitter and healthier.
- The support this project offered was greatly appreciated by parents as 2020 had been a challenging time for them. Parents stated that it was beneficial to spend time with families who had also experienced the difficulty of having a child with special needs during the pandemic.

FRESH MINDS EDUCATION – BEAREAVEMENT

- Bereavement boxes were created for bereaved children in the Causeway area - children involved in the project's improve mood and sense of purpose was improved. They were able to make something positive following a painful experience which helped with their grieving process. They supported their peers and were able to design the boxes themselves, it was positive that they knew the resources would be used going forward to support others in the same position as them.

CROSS AND PASSION COLLEGE – JOINING THE DOTS PROJECT

- Workshops with all year 8s across both schools (identified above) developed and promoted a sense of community within home, school and the partner school communities. Workshops focused on developing a clear understanding of how we respond when put under pressure/stress and the importance of, and implementation of Take 5 within the school and wider school community to mitigate against this. The project helped with the development of self-care, resilience, leadership, and problem-solving skills for individuals and across our school community.
- The project helped participants have the ability to self-regulate and manage their emotional wellbeing whilst increasing connections within the year group. Children developed develop resilience, leadership and problem-solving skills.

MAE MURRAY – INCLUSIVE BEACH

- This funding contributed towards an all-terrain wheelchair which will be based at Portstewart Strand. This enabled disabled young people to participate at the beach; enjoying a day at the beach with their family, something we all take for granted. Not only did disabled children benefit but the carers and siblings will also are no longer excluded from the beach environment. Processes are now in place to enable members to loan equipment on a day/s that suit them throughout the season therefore the positive outcomes of this project will be ongoing.

HOW MUCH DID WE DO?

4 projects

£1600

196
participants

HOW WELL DID WE DO IT?

- Improved physical wellbeing for children with disabilities
- Improved mental wellbeing for carers
- Improved family relationships for families with a disabled child
- Increased outdoor participation at the beach
- Better peer relationships for parents of a child with special needs
- More connections for year 8 pupils
- Increased confidence in year 8 pupils
- Sense of pride for bereaved children

