

# **CYPSP Locality Planning Group**

Tuesday 17th May 2022 via zoom at 10am

**Present:** Kate McDermott NHSCT (Acting Chair)

Bronagh McCrory, NHSCT

Chris Lindsay, Education Authority

Pippa Campbell, Mae Murray Foundation

Tracy Wishart, Aware

Una Crowe, Causeway Down Syndrome Association

Meabh Austin, Fareshare

Helen Christie, Brake Project CRUN

Katrine McDermott, NHSCT Sharon Kirk, Dalriada Surestart Michele Loughery, YEAR Project Byronie Dang, PHN, NHSCT Stephanie McMullan, Solas

Anita Hurley, NICHI

Geraldine Quinn, NHSCT, Note taker

**Apologies:** Jessica Ritchie, Family Support Hub

Ruth English, NHSCT MDT

Kiri McLaughlin, Fresh Minds Education

Veronica McKinley, NACN Ruth Nelson Start 360

## 1. Welcome and Introductions

Kate welcomed everyone to the meeting.

#### 2. Minutes of Last Meeting

Any changes / amendments of the last meeting minutes (Tuesday 22 March 2022), please forward to Bronagh / Kate.

#### 3. Matters Arising

No matters arising

# 4. Guest Speakers – Meabh Austin, Fareshare & Pippa Campbell, MaeMurray Foundation

#### Meabh Austin, Fareshare

Meabh introduced herself as the Development Manager of Fareshare. Meabh spoke about Fareshare which is operated by Homeless Connect and has been operational since 2010. Fareshare tackle food hunger and food waste, they do not provide food to individuals. Food is redistributed to charities who make the food into meals. Fareshare receive surplus food from Tesco, Asda and Lidl, the reasons could be damage to packaging or seasonal lines. Food is delivered to warehouse in Mallusk, Newtownabbey. Fareshare have 58 volunteers and 14 members of staff, 5 temperature controlled distribution



vans. 170 charities - 33,340 vulnerable people benefit from the scheme which equates to 1.6 million meals.

Meabh stated that there is no registration or membership fee to join Fareshare. The charity only pays for the food received – 45p per kilo. Anyone wishing to join, please contact <a href="clare.oneill@fareshareni.org.uk">clare.oneill@fareshareni.org.uk</a> On receipt of application form, Fareshare carry out a kitchen/premises inspection. Meabh said that use of Fareshare can be on an ad hoc basis with a minimum order of 50kg.

#### Pippa Campbell, Mae Murray Foundation

Pippa spoke about the Inclusive Beaches initiative that Mae Murray Foundation are undertaking. In order for inclusivity at beaches, infrastructure was examined and guarantee there were changing places, parking and equipment to use on the beach.

Mae Murray Foundation provide equipment to users which include beach chair, beach crutches, pushchair and floating chairs. Membership is free and also free to affiliate members. Pippa spoke of surf days and open water swimming. To become an affiliate member, the organisation must organise a day out, pass on information re Mae Murray Foundation and share social media posts.

Pippa mentioned that they are looking for bank staff, minimum age 18. There is an event launch of Inclusive Beach at Portstewart Strand on 26<sup>th</sup> May 2022

#### 5. Causeway Locality Budget

Bronagh thanked those present for their applications. Five projects x £400 rolled out before end of March 2022. Recipients of the funding are Cross and Passion College, Mae Murray Foundation, Causeway Down Syndrome Association, SOLAS and Fresh Little Minds. Una from Causeway Down Syndrome Association updated the group saying that the multi-skill sessions have ended. Una said it was good to meet face-to-face and it is hoped to start up again come September. Una said that the money was very much appreciated.

Stephanie from SOLAS stated that before exam time, pupils were offered 2 meditation sessions and 2 yoga sessions. Meditation went down well, Stephanie said that some of the pupils have not sat a formal exam and that anxiety levels were high. The yoga session scheduled for May, the young people are unable to fit in, going to reschedule next year to fit in before exams.

# 6. CYPSP Causeway LPG Action Plan

Members had come together to draft an action plan which is in the early stages. The notes of the meeting have not been completed, the minutes and draft action plan to be shared with members.

Action: Kate/Bronagh



# 7. Save the Children Family Support Project Update

Within the Northern area from January – March 2022, the Trust and the local councils helped assist with alleviating poverty with an emergency fund. Over 9 week period, 228 households were referred with 547 children supported. The criteria is that families must have a child under 6 years of age to be eligible.

In Causeway Locality 25 households were referred with 52 children supported.

In total, 71% were lone parent households with over 50% having families with health condition or disability and 54% living in social housing.

The project will run until June. Kate to share report card with members.

Action: Kate

# 8. Children's and Young People's Conference

The conference will be held on 15<sup>th</sup> June 2022 in the Tullyglass House Hotel, Ballymena. It will be a celebratory event regarding health and wellbeing of young people. Registration is via Eventbrite.

# 9. Any Other Business

Nominated Chair of Causeway CYPSP

Michele Loughery has accepted the role of Chair of Causeway CYPSP, this will take effect from September 2022.

#### Updates

If anyone has any updates to share or wish to present, please contact Bronagh with suggestions.

Action: All

#### 10. Date and Time of Next Meeting

Tuesday 21st June 2022 at 10am via zoom.