

CYPSP Locality Planning Group

Tuesday 13th September 2022 via zoom at 10am

Present: Michele Loughery (Chair)
Kate McDermott NHSCT
Bronagh McCrory, NHSCT
Paula McLaughlin, NICMA (Northern Area)
Una Forsythe, MDT SW
Michelle McGlade-Buick, Parenting NI
Lynda Millar, 21 Training
Stephanie McMullan, Solas
Anita Hurley, NICHI, CWSAN
Kori McLaughlin CYPSP (speaker)
Geraldine Quinn, NHSCT, Note taker

Speaker: Kori McLaughlin, CYPSP Youth Wellness Hub

Apologies: Kiri McLaughlin, Fresh Minds Education
Nicola McCoy, Family Support Hub
Elaine Donnelly, Surestart
Alex Larsen, NHSCT MDT
Rhonda McMullan, Barnardos
Ruth English SW MDT
Joan Davis FMNI

1. Welcome and Introductions

Kate welcomed everyone to the meeting and introduced Michele as the new Chair of Causeway CYPSP.

2. Minutes of Last Meeting

Any changes / amendments of the last meeting minutes (Tuesday 17 May 2022), please forward to Bronagh / Michele.

Action: All

3. Matters Arising

Michele mentioned Youth Voice Conference and deferred discussion to the next meeting for Deirdre to inform.

Save the Children OBA report card – Kate to resend.

Action: Kate

Update - Save the Children are supporting Ukrainian families, 10 households with 26 children being supported. Kate will inform the group of any up-to-date regional information.

School Uniform Initiatives – Bronagh liaised with Jenny Archer, Causeway Coast and Glens Borough Council to compile a list of school uniform initiatives in the area.

Cost of Living Crisis Conference held in the Vineyard – Anita attended and felt it was a great networking opportunity.

Una Forsythe found that in Ballymoney High School free meals are on the decline since move to online, parents may be unaware they have to apply yearly. An event was held to show parents how to apply – one person attended. It was felt that it was an opportunity to look at other schools to see if there is a trend.

Alcohol Misuse – Michele stated that there is an increase in alcohol consumption with young people, alcohol is cheaper and easily accessible. Start360 to speak to young people.

4. Guest Speakers – Kori McLaughlin, CYPSP Youth Wellness Hub

Kori spoke of the CYPSP Youth Wellness Web, designed by young people for young people – central information point. There are three sections within the webpage: Age 8-10, 11-15 and 16+. Issues covered include bereavement, bullying etc. Easy to navigate, includes contact helplines. There is also a Parent/Teacher zone including resources/training materials for parents and teachers. The training zone is split into each Health and Social Care Trust area showing free mental health training that is available.

Kori or Valerie Maxwell will share information on the webpage, ensuring no endorsements and the information is up-to-date and relevant.

5. Causeway Locality Budget

Bronagh mentioned the budget last year for funding applications was £2,000. Five projects were given £400. Possible amount could be less this year, as room hire for meetings needs to be taken out of the budget. Expressions of Interests to be sent out October time and that funding will be spent before end of financial year.

6. Family Support Hub Update

Bronagh gave the update in Nicola's absence. At the moment the Family Support Hub are reviewing partnership agreements. If anyone has still to complete, please forward to FSH email.

Bronagh mentioned that there is an issue with using interpreters. It was suggested using the Big Word but Kate said this was for use within the Trust.

7. CYPSP Causeway LPG Action Plan

Bronagh will update the action plan and send round draft paper to the subgroup to agree and finalise. The main priorities will remain the same as the previous year - mental health/emotional wellbeing, education, sports and fitness, and health. Under education, staff training is available with regards to trauma and under the health section, poverty to be included.

Action: Bronagh

8. Members' Updates

Michele informed the group about loneliness and young people, statistics show loneliness affects young people, a local university research to be carried out as to what loneliness means for them.

Una stated that Sara-Jane O'Donnell asked if information be passed on regarding training on Autism and ADHD on Wednesday 14th September 2022 in Long Commons Base from 7pm – 8.30pm. Bronagh to forward flier for dissemination.

Action: Bronagh

Michelle McGlade-Buick spoke about project working with parents, listening to their voices, interested in services that are parent led, hear their experiences, launching next week, expression of interest to be forwarded to Bronagh for dissemination.

Action: Michelle

Venue for Future Meetings

The next date for Causeway CYPSP is 8th November 2022 at 10am. Bronagh to send out email asking for suggestions for venues.

Action: Bronagh

9. Any Other Business

Kate mentioned available training – Incredible Years Training, ACES Level 1 and 2, Solihull, Parent Plus – anyone wishing to attend, please contact Kate.

Action: All

OCN 2½ days Loneliness training in conjunction with NRC – training is planned for November but the course is fully booked.

10. Date and Time of Next Meeting

Tuesday 8th November 2022 at 10am.