

CYPSP Locality Planning Group

Tuesday 9 May 2023 at 10.30am via Microsoft Teams

- Present:** Kate McDermott NHSCT (Acting Chair)
Bronagh McCrory, NHSCT
Pippa Campbell, Mae Murray Foundation
Paula McLaughlin, NICMA (Northern Area)
Anita Hurley, NICHI, CWSAN
Nicola McCoy, Family Support Hub
Lynda Millar, Building Communities Resource Centre
Jenni Archer, Causeway Coast and Glens Borough Council
Veronica Kelly, School Nursing, NHSCT
Lisa Edgar, Bytes
Sharon Kirk, Dalriada Surestart
Elaine Donnelly, Sure Start
Aileen O'Hara
Helen Christie, CRUN
Bebhinn McKinley, Causeway Coast and Glens Borough Council
Geraldine Quinn, NHSCT, Note taker
- Speaker:** Yasmin Geddis, Zachary Geddis Break The Silence Trust (ZGBTST)
- Apologies:** Rhonda McMullan, Barnardos
Andrew Millar, Start360

1. Welcome and Introductions

Kate welcomed everyone to the meeting and informed the group that Michele is stepping down as Chair of Causeway CYPSP. Kate will act as Chair for today's meeting. Kate thanked Michele for her contribution to CYPSP and wished her all the best. A round of introductions were made.

2. Minutes of Last Meeting

Any changes / amendments of the last meeting minutes (Tuesday 8th November 2022 at 10am), please forward to Bronagh / Kate.

Action: All

3. Guest Speaker – Yasmin Geddis (ZGBTST)

Kate introduced today's guest speaker – Yasmin Geddis from the Zachary Geddis Break the Silence Trust.

Yasmin said that ZGBTST was founded in 2017 following the death of Yasmin's brother Zachary. Zachary had suffered with mental health problems since his teenage years. People spoke to Yasmin about their stories after she had spoken at her brother's funeral. ZGBTST is situated in Loughanhill Industrial Estate, funds for the first year coming from a cycle race to raise funds and money was secured from the National Lottery for further three years. Some of the work the ZGBTST are involved in is mentoring one-to-one, having guest speakers and workshops. In conjunction with Ashes to Gold ZGBTST are running a course on women's safety. ZGBTST also offer

postnatal support service and in association with Lodge Health run workshops regarding ASD and ADHD. The Trust are also running a Summer Scheme. The summer scheme will be sponsored by Hayes Travel Association, and will run Monday-Friday 1 week in July and 1 week in August.

ZGBTST have dealings with CAMHS Crisis Team and Yasmin sits on the LAC meetings.

In 2022, the Trust started an online referral service where anyone can refer a client so long as they have gained permission from the client. There is an adult and youth referral from. Yasmin's presentation will be forwarded to Bronagh for dissemination. Future work for ZGBTST is drugs and alcohol, young people with eating disorders, holistic treatments.

Kate thanked Yasmin for her contribution to today's meeting and said it was very informative. Deirdre recognised Yasmin's achievements as EA have used ZGBTST's services.

4. Causeway Locality Budget

Bronagh said that as agreed at the last meeting the LPG is going forward with activities funding. Anyone not in agreement, please get in touch with Bronagh. June's meeting will look at the standards – date of meeting 13th June 2023 at 10.30am in Coleraine. ASD Speaker Lisa Curlett will be in attendance and lunch will be provided.

5. Children and Young People Mental Health Research

Bronagh said that regarding the young people mental health research, the top three main areas of need identified are emotional health and wellbeing, body image and loneliness. Participants felt the best way for them to improve their MH was through exercise, hobbies and spending time in nature. Bronagh to pull together 200+ responses and thanked everyone for encouraging people to complete the survey.

6. CYPSP Causeway LPG Action Plan

Action Plan meeting to be held on 11th May in CRUN at 10am, please get in touch with Bronagh if you wish to attend.

Action: All

7. Family Support Hub Update

Nicola informed the group that there is a decrease in services regarding Network Personnel and Barnardos Early Intervention Team. Clare and Pamela have met with Jayne Colville, ASD Service Improvement Co-ordinator regarding use of hubs to capture referrals.

8. CYPSP News

The CYPSP Locality Group produce weekly updates via email to share with its members. Kate asked if people were happy with the format or whether they

would prefer a fortnightly newsletter, a show of hands was asked for in Microsoft Teams – more than half of those attending agreed to CYPSP News. Anyone with any changes to be made, please get in touch with Kate.

9. Members' Updates

Lisa Edgar from BYTES Youth Hubs, were granted funding by EA in April, they have produced two leaflets. Lisa to share with Bronagh for dissemination.

Action: Lisa

10. Any Other Business

PANTS NSPCC Week

Bronagh will be sending out information week beginning 12th June regarding NSPCC Pants Week. Deirdre asked which age group this applied to, Bronagh stated up to P3 age. Bronagh to pass on Deirdre's interest to Emma.

Action: Bronagh

11. Date and Time of Next Meeting

Tuesday 13th June 2023 at 10.30am to incorporate ASD Services.

Yasmin offered the use of ZGBTST's boardroom for the meeting.