

CYPSP Locality Planning Group
Tuesday 7th March 10.30 2023 Portrush Youth Centre

Present: Michele Loughery (Chair)
Bronagh McCrory, NHSCT
Deirdre Bradley Education Authority
Nicola McCoy Family Support Hub
Pippa Campbell Mae Murray Foundation
Johnathan Ashe Education Authority
Lynda Millar 21 Training
Andrew Millar Start 360
Kate McDermot NHSCT
Una Forsythe MDT NHSCT
Collette Donaghy Youth Service
Bebhinn McKinley CC&G Council
John McCleod Solihull
Lisa Edgar Bytes Project

Speaker: John McCleod Solihull Approach

Apologies:

Chris Lindsay Education Authority, Katrine McDermott NHSCT, Alex Larsen MDT Lead, Stephanie McMullan Solas, Jenni Archer CC&G Council, Sharon Kirk Surestart, Catherine McClogan Aware NI, Elaine Donnelly Surestart, Sheena Morrison Aware NI

1. Welcome and Introductions

Michele welcomed everyone to the meeting.

2. Minutes of Last Meeting

Any changes / amendments of the last meeting minutes, please forward to Bronagh / Michele.

Action: All

3. Matters Arising

All actions from previous minutes carried out, information on events sent out.

4. Guest Speaker – John McCleod Solihull

Question on how new staff can be trained in Solihull and existing staff updated. Options include – whole staff approach, refresher courses and multi user licence. NHSCT have some spaces on the 2 day foundation course face to face which close next Weds 15th of March.

The multi user license enables people to log on and access an extensive variety of courses for free. When people register they then have unlimited access. Courses include 'Impact of the Pandemic on Teenagers' and 'Understanding your Child's Brain.' The Safeguarding board are providing this access until next year. Follow the QR code and use the code Families NI to register. It is possible to register from a mobile too. Further courses are also being developed for professionals such as doctors, psychologists and nurses such as 'Understanding your Wellbeing in high pressured environments' The courses have to be paid for in the rest of the UK.

5. Causeway Locality Budget

Bronagh mentioned the projects funded in 22/23 and asked the group their opinions on how the 23/24 funding should be spent. There was a general consensus that the small grants programmes were a useful way of spending the money. It was commented that the extra financial support for groups was much needed at this time and also that it was a visible way for the CYPSP LPG to have impact on the local community. It was also highlighted that it would be beneficial for members to partner on projects in future.

6. Counselling Services for Children

Members voted in favour of allocating the remainder of the 22/23 budget to counselling sessions for children. Sessions funded will be delivered by Links Counselling services. 10 sessions for £500 will be funded by the LPG this will be matched by the NHSCT who will fund a further 10 sessions in the Causeway area. Bronagh and Michele looking at directory

Action – Bronagh and Michele

7. Family Support Hub Update

Nicola updated on Causeway Family Support Hub their March meeting will be held on the 21st in person at 10am. Claire Larkin from FSH and Pamela Sweeney have been linking with Jayne Colville NHSCT ASD Leads on ASD supports for people on the waiting list for ASD assessment. FSH linking with MDT Lead in Causeway to examine gaps in services and are also partnering with the Hummingbird Project.

8. CYPSP Locality Action Plan

Bronagh highlighted the need for a sub group to be brought together to discuss the current action plan. It was agreed this would take place after Easter – Deirdre, Nicola, Una and Pippa agreed to be part of this group.

Action - Bronagh

9. Any Other Business

Kate mentioned the free Relationship & Sexuality Education workshop available. Bronagh to send out **Action – Bronagh**

Causeway Neurodiversity group which is being facilitated by MDT SW Sara Jane O Donnell has gained Charity status. The group now meets on a monthly basis. There are drop ins in Coleraine (2nd Thursday of the month) and Ballymoney (4th Thursday of the month.) Jude Morrow OT attending the drop in on the 20th. National autistic society for teenlife. Summer activities Joey Dunlop quiet time swimming with support from Mae Murray foundation online private forum and information page on facebook too. Teenlife involvement to support teenagers. Info to be shared **Action – Bronagh**

Education Authority International Women's Day event on 8th of March on equality, health, tech, sustainability. Also holding a drop in event on the 25th of March for parents and young people to try out the centre and also give their opinions on unmet need. This event is for post primary YP. Info to be shared **Action – Bronagh**

Youth Voice Johnny would like to present at next meeting as new cohort of 14 / 15 year olds to join Youth Voice.

Causeway Downs Syndrome Support Group has obtained funding of £10,000

Community Family Support 21 Training ending BCRC new role

Bebhinn Community Planning QR code to be shared to input into community plan and have update on Lodge Hotel community planning event - good feedback **Action – Bronagh, Bebhinn**

Pippa Winter Inclusive Beaches Portrush being launched Wednesday afternoon. Carrying out inclusive beach cleans

10. Date and Time of Next Meeting

The next date for Causeway CYPSP is Tuesday 9th of May at 10.30am venue TBC