

Banbridge LPG
Minutes of Meeting - Wednesday 5th February 2025 at 10am
Via Zoom Video Conference Call

Attendees		Apologies
Lucinda Love-Teggarty (Futureproof) - Chair	Lisa Grant (NIACRO / FSH)	Chris Clague (New-Bridge College)
Darren Curtis (CYPSP)	Karen Conn (Barnardo's NOVA)	Nicola Mahood (ABC Council)
Joanne Patterson (CYPSP) - Minutes	Glen Dickson (ABC Council)	Sarah Aiken (ABC Council)
Dan Greenaway (Cedar Foundation)	Gina Cochrane (EA Y.S.)	Gwen Bartley (ABC PCSP)
Naj Basketfield (PIPS Hope & Support)	Jessica Wylie (SHSCT, EWTS)	Kevin Quigley (EA Youth Service)
Nathaniel Mack (The King's Trust)	Karen Ross (PSNI)	
Frances Haughey (ABC Council)	Elaine Toal (Libraries NI)	

Agenda Item	Discussion	Action - By Whom
Welcome, Apols., Mins. 27/11/24	Lucinda welcomed all to the meeting. Brief introductions made, as new members present. Apologies noted, per above. Previous Minutes agreed.	JP to upload Minutes to CYPSP website
Self-Care Session	<i>Supported by the PHA through the Clear Project.</i> Discussions on 'Take Notice' element of Take 5 took place in breakout rooms. Members shared things they are thankful for, including: healthy/happy kids, coffee, signs of spring and a good start to the day. Pre- & Post- Session Evaluations completed. All Introduction to Self-Care and Introduction to Compassion/Empathy Fatigue in-person sessions have now taken place.	Inspire Take 5 Booklet to be circulated by DC
Action Planning 2024-27	CYPSP have been successful, through the SHSCT PWB Team, in obtaining more hard copies of all ' Take A Healthy Selfie ' resources - Available by e-mailing localityplanning@ci-ni.org.uk . Download digital copies HERE .	
FSH Update	Lisa (NIACRO / FSH): Almost hit yearly target for referrals, already reached this month's quota: key challenge to help families access support as quickly as possible given capacity	

FSH Update	issues. Ongoing referrals trends include emotional wellbeing, school anxiety and school avoidance. Self-referrals and CAMHS referrals increasing. Recent flip in age group of referrals, from 5-10 to 11-16. Where families previously needed support with children awaiting assessment for ADHD & ASD, now a wave of referrals for those now receiving a diagnosis and needing related support. Referrals seeking financial support for families around Christmas and for grandparents looking after their children full-time, either in informal ways or in kinship placements. Continuing to receive referrals from families already open to social services. Continuing to link families into Portadown Gets Active.	
Member Agency Updates	<p>Elaine (Libraries NI): Range of mental health & emotional wellbeing focused resources available through local library: Shelf Help, Reading Well for Children Collection, Read Yourself Well, Libraries NI hosts free events to celebrate Children's Mental Health Week</p> <p>Lucinda (Futureproof): Various ASD-led groups running at centre. Upcoming Autism NI Parent Information Event on Monday 17th February. If anyone is aware of any young people who are members of the LGBTQIA+ community, contact Lucinda to discuss a potential new group opportunity within their centre.</p> <p>Gina (EA Youth Service): Destruction of property within their centre has recently been occurring. Young women being fearful of some of the boys in the centre. Young Women's Programme now running on a Tuesday night.</p>	<p>JP to circulate all links after meeting + Relevant flyers to be included in next 'FYI'</p> <p>GC, LL-T & FH to link up on Young Men's Programme</p>
AOB	<p>Upcoming event on School Avoidance: Moving On Together, hosted by the Parent Participation Service, taking place on Tuesday 25th March 2025. (Listen to the Parentline NI 'Managing Anxiety Based School Avoidance' Podcast Episode HERE.)</p> <p>This week's 'FYI' Newsletter will have a special focus on Children's Mental Health Week - Send all relevant flyers by 4pm today.</p>	JP to circulate all links & reports to members
Next Meeting	<p>Wednesday 19th March 2025, 10am, at Banbridge Youth Resource Centre.</p> <p>Many thanks for your participation!</p>	Please accept Outlook Invite