

South Armagh LPG
Minutes of Meeting - Tuesday 14th January 2025 at 10am
Via Zoom Video Conference Call

Attendees		Apologies
Annie Clarke (SHSCT) - Chair	Lizzy Smyth (SOPYC)	Claire Loughran (NMandDD Council) Dorethy Davidson (SHSCT, MDT) Raquel Rodrigues Keenan (Volunteer Now)
Darren Curtis (CYPSP)	Caroline Wilson (Sure Start SA)	
Joanne Patterson (CYPSP) - Minutes	Maria Hamill (N&M ALC)	
Caroline Potter (Bolster Community / FSH)	Clara O'Callaghan (Volunteer Now)	
Gemma McKeown (YES, Magnet YAC)	Karen Donnelly (Education Welfare)	
Eleanor Ellerslie (Cruse Bereavement)	Dan Greenaway (Cedar Foundation)	
Stephanie Armstrong (Home-Start N&M)	Charlene O'Hara (DfE, RAISE)	

Agenda Item	Discussion	Action - By Whom
Welcome, Apols., Prev. Mins. 12/11/24	Annie welcomed all to the meeting. Apologies noted, per above. Previous Minutes agreed. Gemma confirmed that they cannot offer home visits to young people at present. BSO Interpreting Service Pilot discussions ongoing.	JP to upload Minutes to CYPSP website DC to update
Self-Care Session	<i>Supported by the PHA through the Clear Project.</i> Session on 'Take Notice' element of Take 5 in breakout rooms. Members shared what they are thankful for, including family & related support networks, supportive work colleagues and good health. Limited spaces available on upcoming Introduction to Self-Care and Introduction to Compassion/Empathy Fatigue sessions.	Inspire Take 5 Booklet to be circulated by DC Flyer to be circulated
Action Planning	Emotional Wellbeing Task & Finish Group meeting 4/2/25 on MS Teams at 2pm.	AC to send link to MH
FSH Update	Caroline (Bolster Community / FSH): Referral trends continue: behavioural & emotional support for primary school aged children, particularly anxiety, and pre- & post- support ADHS & Autism. Referrals requesting bereavement support for same age group, limited 1-1 support available. Bolster operating waiting lists for Autism Support & Emotional	

FSH Update	Resilience Programmes. School refusal referrals high again post-Christmas. Increase in referrals where 10/11 year olds are being physically violent towards parents & siblings. There is a major gap in therapeutic play intervention.	
Member Agency Updates	<p>Annie (SHSCT): PWB Team working in partnership with Quays Shopping Centre holding health information stands as part of Wellbeing January Campaign (17th, 24th & 31st January from 12.30pm to 2.30pm) - Contact Annie to book. NMandDD Council's Call 1 Financial Assistance 2025-2026 opened yesterday, closing 12pm 24th Feb. Local groups can contact Annie or Claire (claire.loughran@nmandd.org) for support/assistance in applying.</p> <p>Clara (Volunteer Now): Increase in volunteering opportunity requests from South Armagh Area. Starting to look more at Family & Youth Volunteering due to incoming requests from parents. Organising a walk in partnership with Women's Aid Armaghdown, on 2nd March, aiming to connect women linked in with WAAD to relevant services in the Newry Area - Contact Clara to get involved.</p> <p>Gemma (Youth Engagement Service, Magnet YAC): New EA Worker in Bessbrook Area is Ryan Crilly. Creative Connections Programme for young people with ASD aged 16-18/19 and International Women's Day Event (Workshops for young people 14-16)</p> <p>Charlene (Department for Education, RAISE): Find out HERE about the new DfE initiative aiming to raise achievement to reduce educational disadvantage. Indication soon on funding allocated to each locality and super output area. Keen to make working connections in Bessbrook area. Aiming to set up Locality Reference Groups.</p> <p>Eleanor (Cruse Bereavement): Manages Children & Young People's Service and Somewhere For Us. Run peer support focused sessions (Grief Ally sessions for post-primary school age and Bereavement Buddy for P4 to P7 age). Offer both school & community training in the area.</p>	<p>JP to circulate all links after meeting + Relevant flyers to be included in next 'FYI'</p> <p>Members welcome to e-mail CO'H to further discuss</p>

Member Agency Updates	<p>Dan (Cedar Foundation): Continuing to provide a variety of programs and social activities for young people under 18 with diagnosis of autism/physical disability/learning difficulties. Offering range of referral pathways for ADHD & ASD Support which their organisation across the SHSCT Area.</p> <p>Maria (Newry & Mourne ALC): Not heard back from SHSCT on Vaping Referral Form.</p> <p>Karen (Education Welfare Service): Newly appointed into South Armagh Area based in Newry Teacher's Centre and linking into LPG for support networks.</p>	KD to connect with LS & GMcK post-meeting
Loneliness	<p>SRC reporting isolation amongst young people, anxiety also impacting on ability to complete courses, so Loneliness Partnerships working alongside SRC to proactively address these issues.</p> <p>SHSCT and NMDDC launching a landing page on Council website through TILT initiative: information on support and advice in relation to Loneliness and Social Isolation in one place. Signposting service by umbrella organisations with 5 main categories included (Young People, Older People, General Population, Training & Resources and Research). If your organisation has a specific loneliness/isolation piece, send it to Annie. As an individual or organisation visiting the site, if you cannot find what you're looking for, there will be an onward referral form that Council and Trusts will follow up on.</p>	Further details to follow from AC and to be included in 'FYI', when available
AOB	<p>FREE Chest, Heart & Stroke Vaping Webinar for Parents & Teachers taking place on Wednesday 29th January 2025 at 6pm - Click HERE to register.</p> <p>If anyone is interested of availing of FREE accredited Gaming & Gambling Awareness Training for their organisation, contact Darren, to be put in contact with Shaun at Ygam.</p> <p>Visit the Bereaved NI Website HERE.</p>	JP to circulate all links & reports to members
Next Meeting	<p>Tuesday 25th March 2025, 10am, Sure Start South Armagh, Camlough.</p> <p>Many thanks for your participation!</p>	Please accept Outlook Invite