

Information Update 20/02/25



**Online Safety Training
Needs Analysis**
Survey for the children's workforce

Scan the QR code or visit the link to participate.
www.surveymonkey.com/r/OnlineSafetyTrainingNA



 NATIONAL CHILDREN'S BUREAU
 **SBNI**
Safeguarding Board for Northern Ireland

Online Safety Training Needs Analysis - Children's Workforce Survey launches on Safer Internet Day

The National Children's Bureau, commissioned by the SBNI, has launched a training needs analysis survey for the children's workforce as part of the NI Executive's Online Safety Strategy [Action Plan](#). Your input will help to understand the current experience of learning and development in online safety and identify future training and development needs.

<https://www.surveymonkey.com/r/OnlineSafetyTrainingNA>

If you have any information you would like to share across our Locality Planning Group members in Belfast please email to:
LocalityPlanning@belfasttrust.hscni.net

An NI Bereavement Network Children and Young People (CYP) Engagement event will be held in the Junction Conference Centre, Dungannon on **Friday 28 February 2025** from **10.00am** until **12.30pm**. The workshop will be in a hybrid format with the option of attending in-person (limited to 60 attendees) or on-line.

The Network is keen for children and young people; parents; and teachers to be represented at the event – please consider sharing with those you are in contact with that may be interested.

The purpose of the ‘Have Your Say’ event will be to capture the bereavement experiences of CYP including the support that was offered to them; what helped them most; what they think could have helped; and what is likely to help in the future.

The discussions at the event will help inform the development of a CYP Bereavement Charter to act as a ‘building block’ for the 10 year Bereavement Strategy should the necessary resources become available for this work in the future.

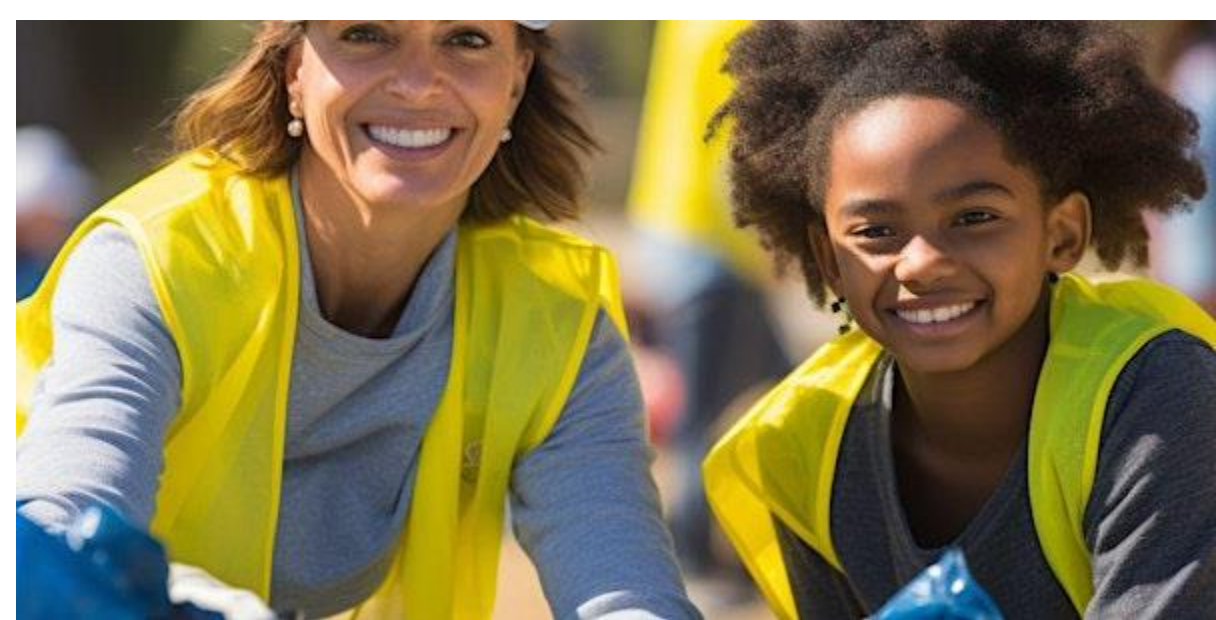
If you are interested in registering or finding out more- email Gary at E:
Gary.Tedford@health-ni.gov.uk



Bereaved NI

NI Bereavement Network

[Children and Young People - Bereaved NI](#)



Monday, 24 February

The Future of Volunteering in North Belfast

Come join us to discuss how volunteering is shaping the future of North Belfast - let's brainstorm ideas and make a difference together!

As we have been progressing through the North Belfast Partnership thematic group meetings, it has become apparent that many groups feel there is a lack of support for both the voluntary groups and supporting volunteers. Therefore, we have decided to host a conference on 'The Future of Volunteering in North Belfast'. It is essential we hear from all our organisations representatives, and we can have the full picture of what is needed In North Belfast to fully support volunteering moving forward.

The Future of Volunteering in North Belfast
The Lansdowne Hotel on
Monday 24th February 2025
At 10am

Please click on the link below to book your place.

<https://www.eventbrite.co.uk/e/the-future-of-volunteering-in-north-belfast-tickets-1234477448279?aff=oddtcreator>

The conference will be followed by lunch at 12noon. Please let us know if you have any dietary requirements.



PlayBoard NI are holding online information sessions on Wednesday 5th March at 10:30am and 3:30pm. The half hour sessions will outline programme content and benefits to your setting.

Who is it for? 4-9 year olds

Where is it delivered? Across Belfast City Council Area

Who can take part?

- Primary schools
- School-age childcare settings
- Community Groups

What is involved?

- Children's play sessions
- Practitioners training
- Parents stay and play sessions

Email: playfulminds@playboard.co.uk to book your place



Healthy Start is Digital!

The Healthy Start Scheme enables eligible pregnant women and families with children under the age of four who meet the qualifying criteria to claim pre-loaded Healthy Start cards that can be used to purchase milk, fruit and vegetables or infant formula milk. In addition to the pre-paid card, those entitled to the Scheme may also avail of free vitamins.

This Scheme provides financial support to eligible families to enable purchase of products which will help provide additional healthy nutrition for growing children, including:

- plain cow's milk,
- infant formula based on cow's milk,
- fresh, dried, and tinned pulses (e.g. peas, beans, or lentils)
- fresh, frozen, and tinned fruit and vegetables

In April 2022, the previous paper voucher scheme was replaced with a prepaid card and all applications are now made online. Cards are topped up every 4 weeks and recipients will receive one of the following rates:

- £4.25 each week of pregnancy from the 10th week
- £8.50 each week for children from birth to 1
- £4.25 each week for children between 1 and 4

(Money will stop when the child turns 4, or if recipients no longer receive the qualifying benefits)

Vitamins are available for pregnant women, breastfeeding women with baby under one year and children under 4. Vitamins come in an 8-week supply and are issued by the Business Services Organisation directly to the claimant via post.

The Department of Health is working to raise awareness of the Scheme. Community organisations and HSC professionals (including health visitors, midwives, social workers, Allied Health Professionals, etc) can help ensure that entitled individuals/families are aware of the Scheme and encourage them to apply to receive the financial support available. Please advise families you are working with of the Scheme and signpost to the link below:

For more information and to apply for Healthy Start visit
www.healthystart.nhs.uk

If you are unable to apply online you can call the NHS Healthy Start helpline on 0300 330 7010

Other useful links:

Northern Ireland Healthy Start promotional material is available via [Healthy Start scheme | Department of Health \(health-ni.gov.uk\)](http://Healthy Start scheme | Department of Health (health-ni.gov.uk))

NHS Business Services Authority promotional material and guidance which is available via [NHS Business Services News \(nhsbsa.nhs.uk\)](http://NHS Business Services News (nhsbsa.nhs.uk))

University of Ulster Healthy Start Awareness Video via pure.ulster.ac.uk/ws/portalfiles/portal/136908344/UU_HEALTHY-START-CAPTIONS.mp4

Free Three Week Money Management Course

In

Glen Community Complex

Tuesdays 25th February, 4th March and 11th March

10:00am – 12:00pm

Course Is Open To Anyone Aged 18+

Sessions will focus on basic finances, household and day to day life finances. It will include having a better understanding of Credit, Taxes, Bills, Mortgages and Financial Planning.

Everyone Is Welcome!

For Further Information

Phone: 02890 585544

Email: mdsarsfield@yahoo.co.uk

SAVE THE DATE

“HEAR OUR VOICES”

The Northern Ireland Commissioner for Children and Young People (NICCY) Youth Panel invites you to a day for and with young people exploring the right to a clean, healthy and sustainable environment.

SAT. 29TH MARCH
11.00 AM - 3.30 PM

Greenmount Campus, College
of Agriculture, Food & Rural
Enterprise (CAFRE)

Open to all 14-21 years. Transport will be provided from Antrim Station if needed.

For further information please contact Karin on
07966 202184 or at karin@niccy.org

Image by Matthew Donnelly
in Wonders and Legends of Lough Neagh
By Sharon Arbuthnot



NICCY
PROMOTING THE RIGHTS OF
CHILDREN & YOUNG PEOPLE





Department of
Health

An Roinn Sláinte

Máinnystrie O Pouste

Department of Health - Consultation for automatic support being provided under the Help with Health Costs scheme for Universal Credit recipients

Summary

The purpose of this consultation is to outline the potential changes to the eligibility criteria for automatic support being provided under the Help with Health Costs scheme for Universal Credit recipients.

<https://www.health-ni.gov.uk/consultations/help-health-costs-consultation>

Consultation description

The Help with Health Costs scheme provides individuals, primarily on low incomes, with help towards the cost of dental treatment, eyesight tests, glasses or contact lenses, and travel costs for Health and Social Care (HSC) treatment, on referral by a doctor or dentist. Individuals in receipt of certain legacy benefits are entitled to help from the scheme without having to make an application, that is they are ‘automatically passported’.

This is not the case for individuals in receipt of Universal Credit as the legislation has not been amended to reflect its introduction in Northern Ireland, therefore it is not an automatically passporting benefit.

This consultation seeks your views on the proposed eligibility criteria with the aim of ensuring that those most in need automatically receive help to access these very important healthcare services. Until changes to the eligibility criteria are introduced, those receiving Universal Credit can continue to receive support through the Department’s Low Income Scheme.

Ways to respond

The Department of Health wishes to hear from a wide range of interested persons and organisations.

Before you submit your response, please read the consultation paper which sets out the proposals for consideration.

Respond online - <https://consultations2.nidirect.gov.uk/doh-1/consultation-on-help-with-health-costs/>

CONSULTATION OPENED ON 27 JANUARY 2025 AND CLOSES ON 10 MARCH 2025

Enrol now: First Aid Certification Course



Expert instruction from Proparamedics

- Roles & responsibilities of a First Aider
- Assessing an incident – managing the scene
- Recognition & management of airway obstruction
- Adult & child basic life support including use of an AED
- Recognition & management of airway obstruction
- Recognition & management of common medical conditions
- Recognition & management of wounds and bleeding
- Recognition & management of strains and sprains
- Recognition & management of disorders of consciousness
- Recognition & management of bites and stings

Date: 4th March 2025 Time: 9:30—2pm, Venue: Inverary Community Centre
Inverary Ave, Belfast BT4 1RN

Date: 21st March 2025 Time: 9:30—2pm, Venue: Highfield Community Centre
High Gm, Belfast BT13 3SA

Lunch included

To enrol email: communitysupport@belfastcity.gov.uk



Belfast
City Council

To book a place on any of the courses, please email communitysupport@belfastcity.gov.uk and give the following details:

- Which course and date you would like to book
- The name(s) of those attending and the group you are from (PLEASE NOTE: A maximum of 2 people from any one group can attend)
- Contact email(s) for those attending
- Any specific requirements participants may have, for example dietary or access

Enrol now: Refresher Safeguarding



Delivered by: Volunteer Now

This is a half day integrated refresher programme aimed at those who engage with children, young people and adults, and who previously attended the full Keeping Safe 1 day session.

What the course will cover:

- Legal context and policy context of safeguarding children and adults
- Categories of abuse and possible indicators
- Procedures for reporting concerns
- Procedures for creating a safe environment and assessing and managing risk
- Confidentiality
- Code of behaviour for staff/volunteers

Certificate of attendance on completion

Date: 11th March 2025 Time: 9:30—12.30pm, Venue: North Queen Street Community Centre
46a Victoria Parade BT15 2EN

Date: 26th March 2025 Time: 6:30—9.30pm, Venue: Finaghy Community Centre
1-6 Geeragh Place BT10 OER

Light refreshments included

To enrol email: communitysupport@belfastcity.gov.uk



Belfast
City Council



Applications for our Summer Community Diversionary Programme 2025-2027 are now open, with a closing date of **Friday 28 February at 10am**.

This programme provides funding to eligible community-based groups in Belfast working to support young people and communities during July and August, specifically around the key dates of 11 July and 8 August.

Online info sessions will also take place on:

- Friday 7 February at 12pm
- Monday 17 February at 1pm

Groups can join us to get advice on the application process and eligibility criteria. To book your place or ask for more information, email SCDF@belfastcity.gov.uk

Search 'funding' on our website for further information and details of how to apply. [Grants and funding | Belfast City Council](#)

The poster for the Spring Safety Event features a central illustration of a burglar in a black mask and cape, holding a large red key. The burglar is surrounded by various safety-related icons: a house, a padlock, a thermometer, a key, a watermelon, and a telephone. The background is filled with colorful flowers and leaves. A green banner at the top left says 'Save the date'. The event details are listed in green boxes: 'Friday 7 March 2025', '10am-12.30pm', and 'Great Hall, Belfast City Hall'. The text 'Come along and receive free practical advice, information and support on crime prevention and safety issues from a range of professionals and organisations.' is written below. At the bottom, it says 'Free drop-in event' next to a green teacup icon and 'Free tea and coffee'. The website 'www.belfastcity.gov.uk/pcsp' is provided. The PCSP logo (Policing & Community Safety Partnership) and the tagline 'making Belfast safer' are in the bottom right corner.

Save the date

Spring Safety Event

Friday 7 March 2025

10am-12.30pm

Great Hall, Belfast City Hall

Come along and receive free practical advice, information and support on crime prevention and safety issues from a range of professionals and organisations.

Free drop-in event



Free tea and coffee

www.belfastcity.gov.uk/pcsp



Policing & Community Safety Partnership

making Belfast safer



BRYSON PATHWAYS

Provide the whole package...

As part of your Intervention Prog.
Join us at Ardnally Scout Centre



Choose from:

- Mountain Biking
- Canoeing
- BB Guns
- Ropes Course
- Suction Archery
- 60ft Assault Course
- Bungee Run
- BATAK
- Football Zone

Courses:

- First Aid
- Food Hygiene

Transport & Catering Available

Bryson
PATHWAYS

For more info contact Neal:

028 9068 1290

neal.white@brysonpathways.org

All photos for advertising purposes only



Belfast Health and Social Care Trust

caring supporting improving together

Interpreting Card

Belfast Trust has developed this Health and Social Care Interpreting Card for people who do not speak English as their main language.

This card can be shown at healthcare facilities to enable healthcare providers to organise an interpreter in the correct language as soon as possible.

To request Interpreting Cards or if you have any queries please contact equality.team@belfasttrust.hscni.net



Interpreting Card

I have the right to a professional interpreter to maximise my understanding, consent and confidentiality

Name:

Language:

Country:

For more information, including how to book an interpreter SCAN HERE:

iskan halkan مسح هنا

zeskanuj tutaj 扫描这里

scaneaza aici skenovat tu



It is your right to have a professional interpreter help you at every stage of your healthcare journey. It is the responsibility of your healthcare provider to arrange an interpreter for you.

Fit For Life

Health & Wellbeing Community Fair



**St Michael's
Church of Ireland,**
Craven Street, Shankill Road,
Belfast, BT13 1JJ



Thursday 27th Feb
10.30am-12.30pm

**Join us for our Fit For Life Health &
Wellbeing Community Fair!**

**There will be Information stands with
useful health advice, health checks,
activities, refreshments and much more!**



HSC Public Health
Agency

Project supported by the PHA



Facilitated by
ROC
NORTHERN
IRELAND



Fit For Life Community Health & Wellbeing Fair – 27th February Exhibitor Information Sheet

Thank you for your interest in exhibiting at the Fit For Life Community Health and Wellbeing Fair. Please read this information sheet before completing the Exhibitor Booking Form.

Working in partnership with St Michael's Church of Ireland, ROCNI are hosting a community health and wellbeing fair as part of the five-month Fit For Life health and wellbeing programme. The event promises to be a great promotional and networking opportunity for your organisation.

Event Details

Date: Thursday 27th February Time: 10.30am to 12pm
Venue: St Michaels Church of Ireland, Craven Street, Belfast, BT13 1JJ

Stands

Organisations will be allocated a table in the exhibition zone to display promotional materials along with space for a pop-up banner. If you require electrical power or other requirements, please provide details on the booking form. There are a limited number of electrical outlets so these will be allocated on a first come first served basis.

Our aim is for the health and wellbeing fair to be a fun and interactive event, please outline in your booking form how you plan to do this. There will be a 'Community Information Table' with promotional materials from a wide range of organisations. If this is better suited to your organisation, please arrange to bring your publicity materials to St Michael's Church at an alternative time.

Setting up & taking down

Exhibitors can set up stands from 10am, but must be ready for the event opening at 10.30am. Stands to be taken down at the end of event, unless noted otherwise.

Treasure Hunt

During the event, there will be a 'treasure hunt' with the answers to the clues found at the various stands around the exhibition zone. The aim of the treasure hunt is to encourage better engagement between exhibitors and attendees. We find the treasure hunt encourages attendees to not just browse around the stands but to be more intentional about chatting with you and finding out about your organisation. Please submit an appropriate question specific to your organisation on the booking form. Questions such as: *What day does our organisation's warm hub open?*, *Where is our organisation based?* or *what is our group's tagline?* work best.

One-minute Snapshot

During the event, we will invite exhibitors to showcase their work. You will have one-minute to share about your organisation, before the bell rings. So think about the key points you want to get across.

If you have any questions regarding the health and wellbeing fairs, please don't hesitate to contact Keeva Watson on keevawatson@roc.uk.com /02890351020.



Fit For Life Community Health & Wellbeing Fair Exhibitor Booking Form

Contact Information			
Name of Organisation:			
Point of Contact for Event:		Contact Telephone:	
Contact Email:			
Exhibition Information			
Will you require electric power for your stand?	YES / NO	Number of staff/volunteers manning the stand.	
Please detail how you will ensure your information stand is interactive for all guests			
Quiz question & answer for the Treasure Hunt			
Publicity			
(Only complete if you want your organisation promoted on ROC socials prior to the event. By doing so, you give permission for ROC Northern Ireland to publish these details.)			
Group Name:			
Social Media Handles:	Twitter	Instagram	Facebook
Do you want your logo included?	YES / NO	If Yes, please forward jpeg version of logo with your booking form	

Thank you for booking your place at the Fit For Life Community Health and Wellbeing Fair. The ROC Team will contact you with confirmation and further details.



Belfast
City Council

FEARLESS

ENTREPRENEURSHIP AS A PATHWAY

A Masterclass in 'Making It Happen'

-  THE BRIDGE, 6TH FLOOR, TITANIC BELFAST
-  THURSDAY 27TH FEBRUARY
-  1.00PM - 3.00PM
-  BOOK A PLACE: WWW.PODIEM.COM/FEARLESS
-  EXPERT PANEL FROM THE EMPOWER CONSORTIUM & INSPIRE WELLBEING

MARK POLLOCK

Entrepreneur & World-Renowned Speaker



Belfast
City Council

Founder of 'Run in the Dark' and Chairman of Collaborative Cures, Mark has been involved in catalysing collaborations worth over \$100 million on his mission to cure paralysis. Everything he does is about inspiring others to build resilience and belief so that they achieve more than they thought possible.

His sporting career was on the up, when he was suddenly struck by total blindness at the age of 22. Unbroken by this, he went on to compete in ultra-endurance challenges, including a race to the South Pole and 6 marathons in 7 days in the Gobi Desert.

In 2010, a fall from a second story window nearly killed him. Mark broke his back and the damage to his spinal cord left him paralysed. Now he is on a new expedition, this time exploring the intersection where humans and technology collide to cure paralysis in our lifetime. He has inspired the founders of some of the planet's best-known businesses and been invited to speak at TED, Davos, and the World Economic Forum. Mark will share his own unexpected entrepreneurial journey and his insights on how entrepreneurship can be an ideal vehicle to turn challenges into opportunities.

One of the aims of the event is to raise aspirations towards entrepreneurship and it will have a disability focus (recognising specific barriers that exist for persons with a disability). We have panel representation from the likes of Empower Consortium and Inspire Wellbeing as well as links to other supports at the event itself.

[FEARLESS - Podiem](http://WWW.PODIEM.COM/FEARLESS)



Better Days
Pain Support Programme

Supporting people
to self-manage their
pain and live better
and happier lives

Do you live with chronic pain?

“ My pain had overwhelmed me
and I had lost my confidence
and drive.

This course has built my confidence and
improved my motivation and self-worth.

I am now more confident in being able
to manage my own pain and I
have a more positive outlook

Carole, 53, Belfast

**THURSDAY 3rd APRIL AT 1PM
UPSTAIRS IN THE MAUREEN SHEEHAN
CENTRE
CONTACT MARY ON M: 07394566990
T: 028 90 310346 TO REGISTER**



Better Days
Pain Support Programme

Topics include:

Take 5 Steps to Wellbeing

Sleep

Pain Toolkit

Self Care

Understanding Pain

Pharmacist Session

Relaxation & Breathing

Gentle Movement & Exercise

Nutrition

Peer Led Session

For more information please contact us.

Details overleaf



IS YOUR CHILD AWAITING ASSESSMENT FOR AUTISM THROUGH BELFAST TRUST'S CHILD DEVELOPMENT CLINIC OR THE CHILD AND ADOLESCENT AUTISM SERVICE?

IF YOU WOULD LIKE TO FIND OUT ABOUT DIFFERENT SUPPORTS AVAILABLE AND WHAT THE EMOTIONAL HEALTH AND WELLBEING TEAM CAN OFFER

PLEASE COME ALONG TO OUR

NEURODIVERSITY CAFE


MEETING EVERY MONTH AT A VARIETY OF LOCATIONS ACROSS THE CITY.

TO CHECK DETAILS FOR THE NEXT MEETING AND TO BOOK A PLACE PLEASE SCAN THE QR CODE

WE LOOK FORWARD TO SEEING YOU!

FOR ANY QUERIES PLEASE EMAIL US AT EHWB@BELFASTTRUST.HSCNI.NET



 **Belfast Health and Social Care Trust**
caring supporting improving together

Family Mediation FREE online information session

Join us for an online event where we'll delve into what family mediation is all about, where you can access these services, and the right time to consider mediation.

Date: **Wednesday 2nd October**

Time: **10.00 - 11.30 am**

Location: **Online**

To find out more email Emma at:
training@familymediationni.org.uk


fmni

family
mediation
NORTHERN IRELAND



MEDIATION

Register now!



Small grants programme
*Open 10th-24th February for Social
Inclusion or Health and Wellbeing projects*

🔊 The King Charles III Charitable Fund small grants programme is now open!

Grants of up to £15,000 over 3 years are available for organisations working across social inclusion / health & wellbeing funding themes and priority areas.

📅 Apply between 10-24 February - they expect high demand, so don't wait!

Before applying, check out what they've funded before & read the guidance notes: <https://tinyurl.com/3znmwv67>

include
YOUTH

One to One

The Give and Take One to One programme offers a bespoke service to young people who have experienced or are at risk of child sexual exploitation.

The programme offers:

- Supported work experience opportunities
- Training, OCN's & Essential Skills
- Confidence building through personal development activities
- Transitional support

   @Includeyouth

GIVE
AND
TAKE

Include Youth
100 GPS,
100 Great Patrick Street
Belfast, BT1 2LU

T 02890311007
E nicoled@includeyouth.org
W www.includeyouth.org
FIX11 @includeyouth



Age appropriate, inclusive and evidence based Relationships and Sexuality Education (RSE) for young people.

Relate- Ed Workshops can include:

- Real Growth: Changes to body & mind in puberty.
- Relatable relationships: Building strong, respectful, and loving relationships.
- Real Talk: Making informed choices around healthy relationships and pornography (Aged 13+)
- Relatable choices: Sexual Health (Aged 13+)
- Real Respect: Mutual respect and consent in every interaction.
- Really creative: Positive relationships and boundaries through ART and Play.
- Real support: Teacher tools & support
- Really savvy: Staying safe online

For more information on booking the workshops, contact:

Office@relateni.org

028 9032 3454

Relate NI



Northern Ireland
Executive

www.northernireland.gov.uk

END
VIOLENCE
AGAINST
WOMEN
& GIRLS



EXPLORE YOUR POTENTIAL

Boost your confidence by taking part in fun, challenging group activities. You'll gain key skills to support you in life and work, including teamwork, leadership and communication.

Find out more via webchat at: kingstrust.org.uk



ON THIS COURSE YOU'LL:

- Gain First Aid and Money Management qualifications
- Take part in exciting activities to develop teamwork, communication skills, and personal development
- Have the opportunities to develop life skills including goal setting, confidence, self-awareness, and employability

DATES FOR YOUR DIARY:

Taster day: Wednesday 12th February
Course dates: Tuesday 18th February to Friday 14th March
Location: KT Centre Belfast, 8 Weavers Court
Eligibility criteria: Aged 16-30



NORTH BELFAST MENOPAUSE ♀ CAFE

Wednesday 5th March

11.30am-12.30pm

Venue:

Community Room

The Duncairn Centre for Culture & Arts Centre
Duncairn Ave, Belfast BT14 6BP

We are delighted to welcome

Diane McMullin

BDACT Connections

to talk about

Alcohol and Menopause

Tea, Coffee & light refreshments provided

Registration Form

(Wednesday 5th March Menopause Café)

<https://forms.office.com/e/CqeAYPcNN3>

Cruse Bereavement Support

Together in Loss Workshop

Thursday 6th March 2025 @ 9.30-12noon
Duncairn Arts Centre, Duncairn Avenue, Belfast
BT14 6BP

Come together to explore the journey of grief with Cruse Bereavement Support. Explore how grief can impact individuals, families and communities over generations. Shared experiences from different perspectives will help you learn how to support yourself and manage your own grief in a safe and welcoming environment.

To book your free place, contact
Jill.gordon@cruse.org.uk



Friday
28th Feb
10:30am
Microsoft Teams

Webinar: Nutrition in Addiction & Recovery

Join us for:

Nutrition in addiction | Support, strategies and information from Shauna Robinson, Nutritionist in the WHSCT Health Improvement Department

Service User Support | Personal stories and perspectives from service users, on how nutrition goals have affected their recovery and health

Services & Support | Hear from NI services, including the foodbank and community fridges, in how they are supporting people from all backgrounds in our community.



Job and Training Opportunities



Make a Difference – Join Our Helpline Team! ✨

Do you, or someone you know, want to make a real impact? Join our invaluable Helpline Team and help provide crucial support to those who need it most.

In this role, you'll offer a listening ear, expert information, practical advice, and immediate assistance to autistic individuals, parents, carers, and professionals facing a wide range of needs. Don't miss out – click the link below to learn more! ❤️👊

- <https://autismni.org/careers/helplinesupportofficer>



*Building resources to strengthen growth
and well-being across the life span*

FACILITATOR TRAINING Application pack



ASCERT are working with partner organisations to roll out a pilot project which you may be interested in.

Building on work initiated by SEHSCT, WHSCT and ASCERT and supported by the PHA and SPPG the focus of this pilot project is to develop and make available regionally, a number of evidence-based self-help resources as low intensity interventions to supporting wellbeing. Low intensity interventions are defined as self-help or guided self-help for those experiencing mild or moderate mood or anxiety difficulties, delivered by someone trained in the intervention.

The first phase of this initiative is to focus on two self-care resources;

- Using Self Compassion to Improve Wellbeing and Support Growth
- Bend Don't Break: Building strengths that build resilience

The initial phase of the pilot is to train a small number of practitioners/trainers in one or both of these interventions and resources and to pilot the delivery of these in their own organisation, either for staff to use these with service users, or for their own wellbeing.

As this is a short pilot, participating organisation or services need to be able to identify at least one person to undertake the facilitator training in April and to be in a position to deliver at least 2 sessions to staff by mid-May. More information on the requirements and commitments for the facilitator training is included in the attached application pack or a digital version of the same here.

<https://forms.office.com/e/KQksedaetk> [Early Intervention Wellbeing Facilitator Training Application Pack - Shortcut.Ink](#)

Application forms must be submitted by **5.00pm on Friday 7th March** to elena@ascert.biz

Job & Training Opportunities



Digital Skills Academy

Software Development Fundamentals

- ✓ Gain in demand skills in software development.
- ✓ Upskill and boost your employability.
- ✓ Master SQL and relational database management.
- ✓ Learn software design and development methodologies.
- ✓ Program with Java or Python.
- ✓ Develop websites with HTML, JavaScript, and CSS3.
- ✓ Understand web architecture and development.
- ✓ Gain Level 3 City & Guilds certification: Develop software using SQL and Web fundamentals

< belfastmet.ac.uk >

BANK OF AMERICA



in partnership with
fit
The Tech Talent Pipeline



City for work and learning

Interested in a career in Tech?

Sign up for our new Technology Employment Academy with a guaranteed job interview with Funds-Axis.

 www.belfastcity.gov.uk/employmentacademies



Belfast City Council

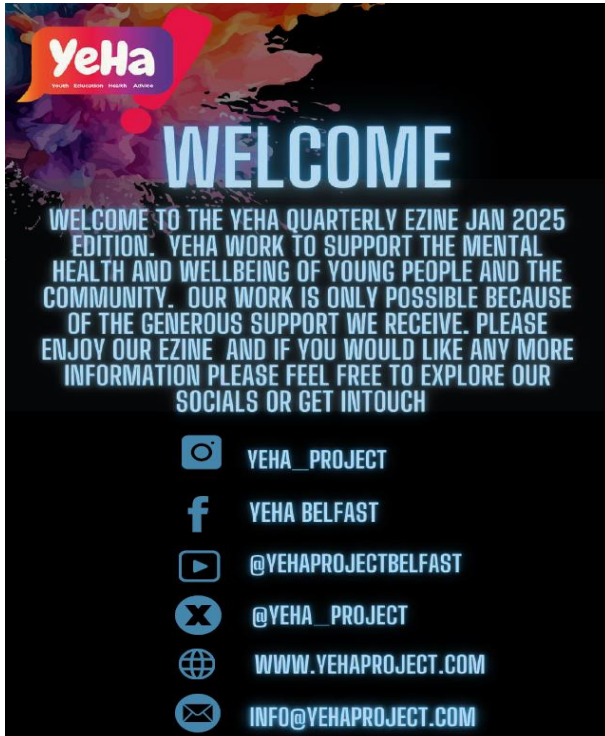
Mayor Labour Market Partnership Working Together



Department for Communities
An Ruim Pobal
Department for Communities
www.communities-ni.gov.uk

FUNDS AXIS

Newsletters



[YEHA Project – Youth Education Health and Advice](https://www.yehaproject.com)

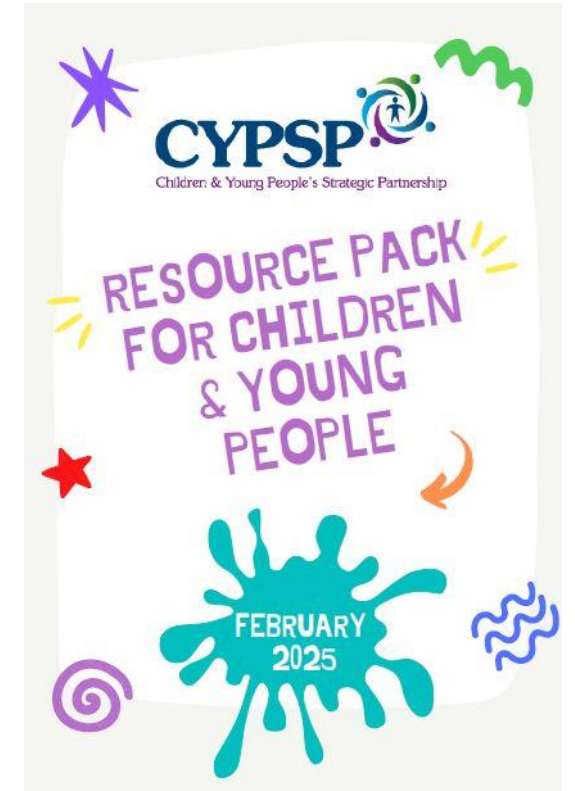


[Upcoming courses from The King's Trust](https://www.kingstrust.org.uk/newsletter)



February 2025

<https://cypsp.hscni.net/download/391/family-support-hubs/45504/fsh-newsletter-feb2025.pdf>



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