

Information Update 06/02/25

**PLACES STILL AVAILABLE**

## Community Dialogues

Free Workshop for East Belfast Locality Planning Members

Funded by South Belfast PCSP this workshop offers the opportunity to hold conversations between people from different backgrounds to reduce stereotypes, build relationships and increase the number of people who are able to speak up respectfully when they hear or see degrading language or behaviour in our communities.

**Date:** 18<sup>th</sup> February 2025

**Time:** 10:00am – 12:30pm

**Venue:** Room 2, East Belfast Network Centre  
55 Templemore Ave, BT5 4FG



There are a limited number of places and booking will be on a first come basis, if places are oversubscribed we may limit places per organisation.

To book a place please email:

[LocalityPlanning@belfasttrust.hscni.net](mailto:LocalityPlanning@belfasttrust.hscni.net) by Friday  
31<sup>st</sup> January 2025

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If you would like to book a place please email:

[LocalityPlanning@belfasttrust.hscni.net](mailto:LocalityPlanning@belfasttrust.hscni.net)

If you have any information you would like to share across our Locality Planning Group members in Belfast please email to:

[LocalityPlanning@belfasttrust.hscni.net](mailto:LocalityPlanning@belfasttrust.hscni.net)

Relate NI



Age appropriate, inclusive and evidence based Relationships and Sexuality Education (RSE) for young people.

*Relate- Ed Workshops can include:*

**Real Growth:** Changes to body & mind in puberty.

**Relatable relationships:** Building strong, respectful, and loving relationships.

**Real Talk:** Making informed choices around healthy relationships and pornography (Aged 13+)

**Relatable choices:** Sexual Health (Aged 13+)

**Real Respect:** Mutual respect and consent in every interaction.

**Really creative:** Positive relationships and boundaries through ART and Play.

**Real support:** Teacher tools & support

**Really savvy:** Staying safe online

*For more information on booking the workshops, contact:*

*Office@relateni.org  
028 9032 3454*



# Respectful Relationships

**Free 4- week programme available to Community Groups across NI**

The programme, for participants aged 16+, promotes respectful relationships and an understanding of the differences between challenging relationships and those rooted in harms. It reduces barriers by creating a supportive group where participants focus on developing self-worth and confidence building in relationships to ensure women & girls feel safe everywhere.

**To book the programme, email [office@relateni.org](mailto:office@relateni.org) or call us on 028 9032 3454**

**Relate NI**

**Most of us don't eat enough fibre.**

Our Registered Dietitian says,

"A high fibre diet seems to reduce the risk of bowel cancer and other chronic diseases like cardiovascular disease and type 2 diabetes."



## It's Fibre February!

Did you know?? A high fibre diet seems to reduce the risk of bowel cancer and other chronic diseases like cardiovascular disease and type 2 diabetes.

Most of us don't eat enough. Find out some top tips from a Registered Dietitian on how to increase your intake.

Watch this short video on the Public Health Dietitians YouTube channel or click the link <https://youtu.be/XuJ2kxdoD-4?si=txeO2COYVwLPfJmY>



## Slow Cooking Tips

Using your slow cooker is a great way to cook healthy, low-cost meals this winter.

This video has tips from our Dietitians on how to use your slow cooker: <https://youtu.be/J5nQW9LSknQ>

## Tips for Using a Slow Cooker



“ Our Registered Dietitian says,  
Slow cooking is a great low-cost way to cook healthy meals with minimal prep needed. ”



Royal College of Nursing Northern Ireland

## RCN NI Sexual Health, and Children and Young People Networks

### Developing a Safeguarding First Culture

Open to members and non-members

**Guest speaker: Jim Gamble, CEO of Ineqe Safeguarding Group**

A former Chief Police Officer and founding Chief Executive of the Child Exploitation and Online Protection (CEOP) Centre, Jim is currently the CEO of the Ineqe Safeguarding Group and Independent Chair of the City and Hackney and Bromley Safeguarding Children Boards.

This webinar will examine a range of emerging online trends, themes and patterns of behaviour. It will consider how the context of a young person's offline life and vulnerabilities can accelerate pathways to real harm in the virtual world. Critically, it will focus on the potential to use technology and Artificial Intelligence (AI) to educate, empower and protect entire communities.

This webinar is open to members and non-members with an interest in children and safeguarding services.



19 February 2025  
7- 8:30pm



Evening webinar via ZOOM



To book a place on this webinar click the link below or scan the QR code

[Register here \(link\)](#)



## Support Group Schedule February 2025

### Support Group Meetings

# AUTISM SUPPORT CAFE

Starting Tuesday 18th February  
10am-2pm

### What to Expect

- ✓ Meet with other parents & carers
- ✓ Access to support, advice & guidance
- ✓ Guest speakers & info sessions
- ✓ Tea, coffee & snacks available



Community Solidarity Hub, 150 Andersonstown Road, Belfast BT11 9BY



07794304259



Paul.Doherty@Foodstockcharity.com

**FOODSTOCK**

COMMUNITY SOLIDARITY HUB



## We have grants available for families with disabled children

We provide a wide range of grants to families living in Northern Ireland raising a disabled, or seriously ill, child or young adult on a low income.

[The Northern Ireland grant programme](#) could help eligible families with essential grant items including kitchen appliances like a cooker, fridge, or washing machine; bedding and furniture, technology or family breaks.

We'd appreciate your help sharing about our grants, across your networks and platforms, so families can [apply for this grant support](#) as soon as possible.

## Apply for a grant



# SAVE THE DATE

## “HEAR OUR VOICES”

The Northern Ireland Commissioner for Children and Young People (NICCY) Youth Panel invites you to a day for and with young people exploring the right to a clean, healthy and sustainable environment.

**SAT. 29TH MARCH**  
**11.00 AM - 3.30 PM**

Greenmount Campus, College  
of Agriculture, Food & Rural  
Enterprise (CAFRE)

Open to all 14-21 years. Transport will be provided from Antrim Station if needed.

For further information please contact Karin on  
07966 202184 or at [karin@niccy.org](mailto:karin@niccy.org)

Image by Matthew Donnelly  
in Wonders and Legends of Lough Neagh  
By Sharon Arbuthnot



**NICCY**  
PROMOTING THE RIGHTS OF  
CHILDREN & YOUNG PEOPLE



**General Comment 26**  
The right to a clean, healthy  
and sustainable environment



## **Department of Health - Consultation for automatic support being provided under the Help with Health Costs scheme for Universal Credit recipients**

### **Summary**

The purpose of this consultation is to outline the potential changes to the eligibility criteria for automatic support being provided under the Help with Health Costs scheme for Universal Credit recipients.

<https://www.health-ni.gov.uk/consultations/help-health-costs-consultation>

### **Consultation description**

The Help with Health Costs scheme provides individuals, primarily on low incomes, with help towards the cost of dental treatment, eyesight tests, glasses or contact lenses, and travel costs for Health and Social Care (HSC) treatment, on referral by a doctor or dentist. Individuals in receipt of certain legacy benefits are entitled to help from the scheme without having to make an application, that is they are ‘automatically passported’.

This is not the case for individuals in receipt of Universal Credit as the legislation has not been amended to reflect its introduction in Northern Ireland, therefore it is not an automatically passporting benefit.

This consultation seeks your views on the proposed eligibility criteria with the aim of ensuring that those most in need automatically receive help to access these very important healthcare services. Until changes to the eligibility criteria are introduced, those receiving Universal Credit can continue to receive support through the Department’s Low Income Scheme.

### **Ways to respond**

The Department of Health wishes to hear from a wide range of interested persons and organisations.

Before you submit your response, please read the consultation paper which sets out the proposals for consideration.

Respond online - <https://consultations2.nidirect.gov.uk/doh-1/consultation-on-help-with-health-costs/>

**CONSULTATION OPENED ON 27 JANUARY 2025 AND CLOSES ON 10 MARCH 2025**



## REVIEW OF FREE SCHOOL MEALS AND UNIFORM GRANT ELIGIBILITY CRITERIA

This consultation is intended to seek your views on the number of children and young people who could benefit from free school meals (FSM) and uniform grants (UG) in Northern Ireland.

The Department has explored a number of options and has modelled the impact of each option in terms of the number of extra pupils that could benefit and the associated additional costs.

[REVIEW OF FREE SCHOOL MEALS AND UNIFORM GRANT ELIGIBILITY CRITERIA - NI Direct - Citizen Space](#)



**PARENTING FOCUS**



summerhill foundation

### SUMMERHILL COST OF LIVING PARENTING PROGRAMME

4 week programme for parents

- Week 1 Nutrition and Healthy Eating
- Week 2 Taking care of the Pennies
- Week 3 Making ends Meet
- Week 4 Wellbeing

 Meet and discuss family life in a safe environment

 Pick up tips on how to become more confident in handling the daily pressures parents face

**Date: Thursdays**  
6th, 13th, 20th, 27th  
February 2025

**Venue: On Zoom**

**Time:**  
7pm - 9pm

It is our hope that this programme will allow families a happier home life and children will feel more secure as they are given the **support and love** to enable them to reach their full potential in life.

For more information and to register, please telephone the Parenting Focus Support Line

**0808 8010 722**





Applications for our Summer Community Diversionary Programme 2025-2027 are now open, with a closing date of **Friday 28 February at 10am**.

This programme provides funding to eligible community-based groups in Belfast working to support young people and communities during July and August, specifically around the key dates of 11 July and 8 August.

Online info sessions will also take place on:

📅 Friday 7 February at 12pm

📅 Monday 17 February at 1pm

Groups can join us to get advice on the application process and eligibility criteria. To book your place or ask for more information, email [SCDF@belfastcity.gov.uk](mailto:SCDF@belfastcity.gov.uk)

Search 'funding' on our website for further information and details of how to apply. [Grants and funding | Belfast City Council](#)

The poster for the Spring Safety Event features a central illustration of a burglar in a black mask and cape, holding a large red key. The burglar is surrounded by various safety-related icons: a house, a padlock, a thermometer, a key, a telephone, and a watermelon. The background is filled with colorful flowers and leaves. A green banner at the top left says 'Save the date'. The event details are listed in green boxes: 'Friday 7 March 2025', '10am-12.30pm', and 'Great Hall, Belfast City Hall'. The text 'Come along and receive free practical advice, information and support on crime prevention and safety issues from a range of professionals and organisations.' is written below. At the bottom, it says 'Free drop-in event' next to a green teacup icon and 'Free tea and coffee'. The website 'www.belfastcity.gov.uk/pcsp' is provided. The PCSP logo (Policing &amp; Community Safety Partnership) and the tagline 'making Belfast safer' are in the bottom right corner.

Save the date

# Spring Safety Event

Friday 7 March 2025

10am-12.30pm

Great Hall, Belfast City Hall

Come along and receive free practical advice, information and support on crime prevention and safety issues from a range of professionals and organisations.

Free drop-in event



Free tea and coffee

[www.belfastcity.gov.uk/pcsp](http://www.belfastcity.gov.uk/pcsp)



Policing & Community Safety Partnership

making Belfast safer



The Department of Health are currently refreshing the child health promotion programme for NI “Healthy Child Healthy Future,” and they are now at the stage where they would like to hold a number of focus groups/consultation with Children & Young People and Parent groups.

They would welcome the opportunity to engage with groups across the region with those who have an interest in babies, children, young people, and families.

They have asked if we could share this email with our contacts to identify a number of groups that may be interested in helping or facilitating a focus group to help shape this new child health promotion programme sometime during the month of February or very early March or particularly if you have a group already meeting they would be happy to attend. If your group would be interested please email [HCHFconsultation@health-ni.gov.uk](mailto:HCHFconsultation@health-ni.gov.uk) to arrange a time



# Interpreting Card

Belfast Trust has developed this Health and Social Care Interpreting Card for people who do not speak English as their main language.

This card can be shown at healthcare facilities to enable healthcare providers to organise an interpreter in the correct language as soon as possible.

To request Interpreting Cards or if you have any queries please contact [equality.team@belfasttrust.hscni.net](mailto:equality.team@belfasttrust.hscni.net)



Good relations

# PEACEPLUS

PEACEPLUS Youth Empowerment Strand 4 Young Adults is being retendered. The tender goes live today - Friday 31 January 2025.

The project forms part of the Belfast PEACEPLUS Local Community Action Plan and is one strand of the wider Youth Empowerment Project – Inspiring Future Belfast which focuses on enabling young people to become ambassadors for peace in their communities and beyond with the goal of promoting and understanding peace.

## **T2558a PEACEPLUS Youth Empowerment – STRAND 4 YOUNG ADULTS**

The Youth Empowerment Project is to deliver a programme of cross community activity for 96 young adults to develop as peer leaders to promote peace building.

This project is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

For more information on PEACEPLUS, visit [PEACEPLUS | Belfast City Council](#)



Belfast  
City Council

# FEARLESS

ENTREPRENEURSHIP AS A PATHWAY

**A Masterclass in 'Making It Happen'**

-  THE BRIDGE, 6TH FLOOR, TITANIC BELFAST
-  THURSDAY 27TH FEBRUARY
-  1.00PM - 3.00PM
-  BOOK A PLACE: [WWW.PODIEM.COM/FEARLESS](http://WWW.PODIEM.COM/FEARLESS)
-  EXPERT PANEL FROM THE EMPOWER CONSORTIUM & INSPIRE WELLBEING

**MARK POLLOCK**

Entrepreneur & World-Renowned Speaker



Belfast  
City Council

Founder of 'Run in the Dark' and Chairman of Collaborative Cures, Mark has been involved in catalysing collaborations worth over \$100 million on his mission to cure paralysis. Everything he does is about inspiring others to build resilience and belief so that they achieve more than they thought possible.

His sporting career was on the up, when he was suddenly struck by total blindness at the age of 22. Unbroken by this, he went on to compete in ultra-endurance challenges, including a race to the South Pole and 6 marathons in 7 days in the Gobi Desert.

In 2010, a fall from a second story window nearly killed him. Mark broke his back and the damage to his spinal cord left him paralysed. Now he is on a new expedition, this time exploring the intersection where humans and technology collide to cure paralysis in our lifetime. He has inspired the founders of some of the planet's best-known businesses and been invited to speak at TED, Davos, and the World Economic Forum. Mark will share his own unexpected entrepreneurial journey and his insights on how entrepreneurship can be an ideal vehicle to turn challenges into opportunities.

One of the aims of the event is to raise aspirations towards entrepreneurship and it will have a disability focus (recognising specific barriers that exist for persons with a disability). We have panel representation from the likes of Empower Consortium and Inspire Wellbeing as well as links to other supports at the event itself.

[FEARLESS - Podiem](http://WWW.PODIEM.COM/FEARLESS)



# YOUTH MATTERS

Programmes and Activities

Winter 2025

Belfast & South Eastern Trust



Thursday 27th February, 10am-1pm, Via Zoom

Understanding Autism Training

[Autism training - book your place](#)



*ON SATURDAY 12TH APRIL 2025, THE 5TH ANNUAL "UBERHEROES® - ACTS OF KINDNESS AWARDS" FOR CHILDREN AND YOUNG PEOPLE FROM NORTHERN IRELAND AGED 8-16, WILL BE HELD AT THE LA MON HOTEL & COUNTRY CLUB, WHERE WE WILL HAVE AN EVENING CELEBRATING HOW THE CHILDREN AND YOUNG PEOPLE OF NORTHERN IRELAND ARE IMPACTING THE LIVES OF OTHERS THROUGH THEIR AMAZING ACTS OF KINDNESS.*

[Acts of Kindness Awards - Uberheroes](#)

# POWER TO CHANGE

Changing attitudes,  
behaviours & beliefs



**'You have it. They have it. We all have it. The Power to Change.'**

This is the strapline of a new campaign launched by the PSNI in collaboration with the Department of Justice and the Executive Office.

Men and boys across Northern Ireland are being asked to check and change their attitudes, beliefs and behaviours towards women and girls. Challenge their peers and have the confidence to step in safely to put a stop to behaviour that might put their friends at risk of offending.

The campaign will highlight two important elements:

**Challenging attitudes & behaviours** – calling on men to consider their responsibility and how their actions affect others.

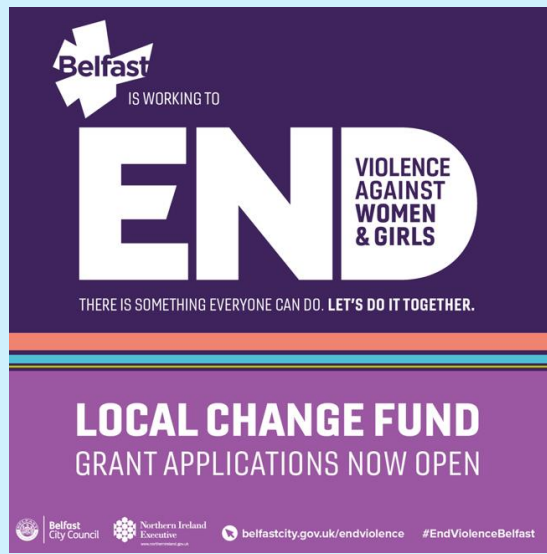
**“Active Bystanders”** – empowering men and the wider community with the knowledge and skills to safely intervene when they see someone carrying out inappropriate actions or making unwanted comments.

A series of graphics and four scenario based videos will showcase on social media through targeted ads aimed at men and boys. It will also be visible in local communities on buses, in washrooms of hospitality venues, digital posters, billboards and across the entire police estate.

A dedicated website has been developed to support this campaign:  
<https://powertochange.info/>

This houses information explaining inappropriate behaviours towards women and girls in our society, providing tools on how to recognise and address it safely and take a stand against them. Interactive elements have been included.

**Attached is a toolkit which has been developed to deliver the key messages of the campaign out to local communities.**



**Belfast City Council’s Ending Violence Against Women & Girls Change Fund is now open for applications.**

Open to not-for-profit community, voluntary or social enterprise organisations, the purpose of the Ending Violence Against Women and Girls Change Fund is to support the community voluntary sector in Belfast **to deliver events, projects or programmes of activity aimed at ending violence against women and girls.**

There are 3 grants available under 3 tiers:

| Grant         | Awards   | Submission deadline                |
|---------------|--|------------------------------------|
| <b>Tier 1</b> | Maximum award £5,000.00                            | 12 noon on Friday 28 February 2025 |
| <b>Tier 2</b> | Minimum award £5,001.00 Maximum award £15,000.00   | 12 noon on Monday 17 February 2025 |
| <b>Tier 3</b> | Minimum award £15,001.00 Maximum award £25,000.00) | 12 noon on Monday 17 February 2025 |

For further details, guidance notes and to apply online please visit our website <https://grants.belfastcity.gov.uk> or contact the Central Grants Unit Belfast City Council at [cgugrants@belfastcity.gov.uk](mailto:cgugrants@belfastcity.gov.uk)

Each organisation can only make one application to the Ending Violence Against Women and Girls Change Fund 2025-26 across Tiers 1, 2 and 3.

In other words, an organisation cannot submit more than one application and must only apply to either Tier 1, Tier 2, or Tier 3.

**Personal safety events for women and girls**

|   |   |
|---|---|
| Friday 24 January, 5pm-7.30pm<br>Finaghy Community Centre         | Tuesday 4 February, 6pm-8:30pm<br>Hammer Community Centre       |
| Sunday 26 January, 12pm-2.30pm<br>North Queen St Community Centre | Wednesday 5 February, 5pm-7:30pm<br>Dee Street Community Centre |
| Tuesday 28 January, 7pm-8pm<br>Girdwood Community Hub             | Thursday 13 February, 4pm-6pm<br>Sandy Row Community Centre     |
| Wednesday 29 January, 5pm-7.30pm<br>Horn Drive Community Centre   | Sunday 23 February, 12pm-2:30pm<br>Woodvale Community Centre    |
| Friday 31 January, 5pm-7.30pm<br>Clonduff Community Centre        |   |

Providing practical self-defence skills and information to improve confidence and self-awareness. All sessions are free to attend.

**To book:** Email [endviolence@belfastcity.gov.uk](mailto:endviolence@belfastcity.gov.uk)



# ESSENTIAL SKILLS NUMERACY

Entry Level - Level 2

**Date:**

Wednesday 5th February 2025  
1:30pm-4:30pm

**Location:**

Phoenix Education Centre  
244 Woodstock Road, BT6 9DL

**About Essential Skills:**

Do you want to improve your reading, writing, maths or ICT skills, or know someone who needs help with these essential skills? If you are over the age of 16 an Essential Skills course may help you to get on at home, work or in life.



Get in touch to sign up or for more info!

02890680421

[www.phoenixeducationcentreni.co.uk](http://www.phoenixeducationcentreni.co.uk)  
[info@phoenixeducationcentreni.co.uk](mailto:info@phoenixeducationcentreni.co.uk)



# ESSENTIAL SKILLS LITERACY

Entry Level - Level 2

**Date:**

Thursday 6th February 2025  
1:30pm-4:30pm

**Location:**

Phoenix Education Centre  
244 Woodstock Road, BT6 9DL

**About Essential Skills:**

Do you want to improve your reading, writing, maths or ICT skills, or know someone who needs help with these essential skills? If you are over the age of 16 an Essential Skills course may help you to get on at home, work or in life.



Get in touch to sign up or for more info!

02890680421

[www.phoenixeducationcentreni.co.uk](http://www.phoenixeducationcentreni.co.uk)  
[info@phoenixeducationcentreni.co.uk](mailto:info@phoenixeducationcentreni.co.uk)

EXTERN HEALTH AND  
WELLBEING TEAM  
PRESENTS

# CLUBBERCISE DANCE CLASS

16+

90S/00S CLUB TUNES  
GLOWSTICKS  
MOCKTAILS

6th February 2025

4:30pm-6:00pm

Spectrum Centre, 331-333  
Shankill Road, BT13 3AA

Get your dancing shoes on and join us for a fun exercise  
class followed by mocktails!

TO REGISTER PLEASE CONTACT: [sophie.steele@extern.org](mailto:sophie.steele@extern.org)



SCAN HERE TO  
APPLY NOW!

APPLICATIONS CLOSE  
14TH FEBRUARY



## PLANNED INTERVENTIONS

FUNDING COMMUNITY YOUTH WORK AND  
SUPPORTING YOUNG PEOPLE TO ENGAGE IN  
POSITIVE ALTERNATIVES TO RISK TAKING  
BEHAVIOURS.

APPLY NOW!

### WHAT WE FUND...

WE CAN FUND UP TO £6,000 TO HELP  
WITH TRANSPORT COSTS,  
RESIDENTIAL COSTS, VENUE HIRE, DAY  
TRIPS, FOOD COSTS, EQUIPMENT  
COSTS, STAFF COSTS AND MORE.

### WHO WE FUND...

ANY CONSTITUTED GROUP FOR  
EXAMPLE COMMUNITY GROUPS,  
VOLUNTARY ORGANISATIONS ETC.





Belfast  
City Council

# Participatory Budgeting 'Take 5' Voting Events

Participatory Budgeting 'Take 5' Voting Events.

Help boost the health and wellbeing of the community in Belfast.

Participatory budgeting gives people a say in how funds are spent in their area. Local groups have proposed ideas that bring to life the 'Take 5 steps to wellbeing'.

You're invited to this drop-in market stall event to find out more and cast your vote. It's you – the community – who decide which projects get funded. Which one do you think can make a difference to health and wellbeing in Belfast?

It's your voice, your choice.

## Dates and times

- Tuesday 11 February 2025 from 4pm - 6.30pm at Girdwood Community Hub, 10 Girdwood Avenue, BT14 6EG
- Thursday 13 February 2025 from 3.30pm – 6pm at Olympia Leisure Centre, Boucher Rd, Belfast BT12 6HR
- Tuesday 18 February 2025 from 4pm - 6.30pm at Skainos Centre, 239 Newtownards Rd, Belfast BT4 1AF
- Thursday 20 February 2025 from 4pm - 6.30pm at St Comgalls, Divis St, Belfast BT12 4AQ

To find out more about participatory budgeting, visit [the participatory budgeting webpage](#).

All of the events are free and you do not need to book.

[Participatory Budgeting 'Take 5' Voting Events](#)



### ***Are you ready to Talk PANTS?***

From 5th to 16th May 2025, we will be celebrating Talk PANTS, a campaign helping children across Northern Ireland stay safe from sexual abuse.

We have created an easy-to-use guide to help your service engage with Talk PANTS:

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**Step 1: January & February 2025** Join our Talk PANTS webinar to learn more about the campaign, access our activity sheets and resources.

This will equip you with the knowledge and confidence needed to deliver Talk PANTS. [Click here to register your interest.](#)

**Step 2: February to April 2025** Deliver Talk PANTS in your setting. We have lots of suggestions in our support pack (attached) on how to get your families and children involved.

**Step 3: May 2025 Celebrate Talk PANTS Fortnight!**

Celebrate with us during Northern Ireland Talk PANTS fortnight (5th – 16th May 2025) by sharing our Talk PANTS content on your social media and spread awareness of the importance of the Talk PANTS campaign.

**Step 4: Don't forget!** Share your Talk PANTS activities with us throughout the year by tagging us on social media and use the hashtag #NITalkPANTS

[PANTS resources for schools and teachers | NSPCC Learning](#)

[Talks PANTS Community Support Pack](#)



# Northern Ireland Education Authority - Planned Interventions Programme Funding

Grants are available for community organisations in Northern Ireland to support the delivery of programmes to divert young people living in interface areas from becoming involved in sectarian activities, civil disorder or other types of anti-social behaviour.

## Objectives of Fund

The funding is intended to support the provision of positive alternatives for young people aged 9 - 25 in interface areas and areas prone to social unrest, particularly during weekends, evenings, and community events from 1 June to 7 November.

It aims to mitigate the risk of involvement in anti-social behaviour, sectarianism, and recruitment by paramilitary groups, while addressing heightened tension within and between communities around interfaces.

## Value Notes

Each successful application will receive a maximum of £6,000. All awards are dependent on the availability of funding from approved budgets.

Applicants will also have:

- Opportunity to include an additional 12 hours of paid staff time to undertake detached youth work as part of the recruitment **process and ensure the young people who will benefit most from the programme are targeted.**
- **Opportunity to use funding to develop and implement a social action project as a key programme delivery mechanism, to improve relationships between young people and their community, and to promote volunteering as a legacy of the programme.**

## Who Can Apply

**Applications will be accepted from voluntary, statutory and community sector organisations located in Northern Ireland.**

Each application must be for one individual group, with a minimum of 10 young people to a maximum of 25 young people.

The following criteria apply:

- Groups can submit multiple applications for different cohorts of young people. Groups can only submit a maximum of three applications in total, and should prioritise their applications, based on assessed need. An applicant may also be named in further applications, as a partner (Delivery or Support).
- Applications must demonstrate how they meet each of the following outcomes:
  - Outcome 1: Reduction in number of crime and antisocial behaviour incidents in the areas where the young people live.
  - Outcome 2: Reduction in the number of young people engaging in risk taking behaviours.
  - Outcome 3: Increase in the % of young people who think favourably about young people in the other community.
- Applicants must demonstrate a good track record in delivering projects, completing financial monitoring, and submitting returns by set deadlines.

## Planned Interventions Funding – EANI Funding

The deadline for applications is 14 February 2025 (16:00).

Where to go for a **free meal and a chat** in Belfast  
(no referral needed)

**For everyone in need of food and/or company:**

- Cooke Centenary Church Hall, Park Road off Ormeau Road, Belfast - free light lunch on Tuesdays 12:30pm to 2.30pm. From 5 November to early March.
- Ballynafeigh Community Development Association, 283 Ormeau Road, Belfast - Thursdays 5pm to 7.30pm, free evening meal, soup, bread, cheese, biscuits, with chat, cards and board games.
- Ballynafeigh Methodist Church, 233 Ormeau Road, Belfast, free community dinner Thursdays 6pm to 7pm.
- Belfast Friendship Club, at Aleksandar's Bakery, 12-14 University Avenue - free tea, coffee, biscuits, fruit, snacks and good company, Thursdays 7-9pm.
- Mornington Community Project, 117 Ormeau Road, Belfast, Fridays 12pm to 2pm. Free tea, coffee and soup.
- Agape Centre, 238 Lisburn Road, Belfast - free evening meal, Fridays 6pm to 7pm.
- Redeemer Central, 101 Donegall Street, Belfast - free evening meal, Fridays 6pm to 7pm.

**For asylum seekers and refugees only (including 'destitute migrants'):**

- Homeplus NI, 113 University Street, Belfast - free lunch Monday to Friday 12.30pm.
- International Meeting Point South Belfast, 133a Lisburn Road - free lunch 1pm most days Monday to Friday - check their Facebook page (IMP Belfast) to get the latest information.
- International meeting Point North Belfast, 27 Clifton Street, Belfast, free lunch usually at 1pm on Thursdays. - check their Facebook page (IMP Belfast) to get the latest information.

**Mainly for people who are homeless but everyone in need of a meal is very welcome:**

- People's Kitchen, 1 Antrim Road, Belfast - free evening meal Fridays and Saturdays 7pm to 9pm.

**Only for people who are homeless:**

- People's Kitchen, 1 Antrim Road, Belfast - Breakfast Monday to Thursday 8.30pm to 11am.

**Free meals on Christmas Day, 25 December (everyone welcome but you need to reserve your space - ring them in early December to confirm):**

- Common Grounds Café / Aleksandar's Bakery, City Church, 12-14 University Avenue, Belfast - Free Christmas meal 12pm to 2pm. Phone 028 9023 8443 to book a space.
- Bengal Brasserie, 455 Ormeau Road, Belfast, Phone 028 9069 2229 to reserve your table.
- Ballynafeigh Methodist Church, Belfast Temple Salvation Army and others... confirm closer to the time.

**Food parcels** (referral often needed but not always)

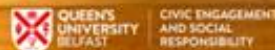
Some of the places above, and many other community groups, have free food to take away some days of the week. Some ask you to be referred but not all of them. Don't be afraid to ask what their policy is and who can refer you, and also if they know of other places that can help you.



EVERYONE  
DESERVES  
A HEALTHY  
MEAL

Updated: January 23  
Catherine Couvert, AYE  
www.ardoyne.org

Join us!



Sanctuary Coffee Mornings  
at Queen's University Belfast

**BUILDING A WELCOMING BELFAST**  
With Belfast City of Sanctuary

Wednesday

5 February 2025, 10.00-12.30

48 University Road

CHILDREN WELCOME (under supervision)!

Arabic interpreter provided

سيتم توفير الترجمة العربية

[go.qub.ac.uk/sanctuary-coffee](http://go.qub.ac.uk/sanctuary-coffee)



Join us!



Sanctuary Coffee Mornings  
at Queen's University Belfast

**LEARNING OPPORTUNITIES**  
At Belfast MET

Wednesday

19 February 2025, 10.00-12.30

48 University Road

CHILDREN WELCOME (under supervision)!

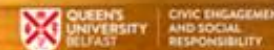
Arabic interpreter provided

سيتم توفير الترجمة العربية

[go.qub.ac.uk/sanctuary-coffee](http://go.qub.ac.uk/sanctuary-coffee)



Join us!



Sanctuary Coffee Mornings  
at Queen's University Belfast

**ADDRESSING BULLYING IN SCHOOLS**  
With the Education Authority NI

Wednesday

12 February 2025, 10.00-12.30

48 University Road

CHILDREN WELCOME (under supervision)!

Arabic interpreter provided

سيتم توفير الترجمة العربية

[go.qub.ac.uk/sanctuary-coffee](http://go.qub.ac.uk/sanctuary-coffee)



Join us!



Sanctuary Coffee Mornings  
at Queen's University Belfast

Come and hear about  
**HOW TO GET INTO UNIVERSITY**

Wednesday

26 February 2025, 10.00-12.30

48 University Road

CHILDREN WELCOME (under supervision)!

Arabic interpreter provided

سيتم توفير الترجمة العربية

[go.qub.ac.uk/sanctuary-coffee](http://go.qub.ac.uk/sanctuary-coffee)



# Job & Training Opportunities



## Service Manager

Are you a manager who's passionate about making a positive difference to people in crisis as a result of their migration status?

We are looking for a Service Manager to join our Northern Ireland Refugee Support team to manage RIGHT SUPPORT: RIGHT TIME (RS:RT) project which is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

<https://careers.redcross.org.uk/vacancies/11104/service-manager.html>  
[Service Manager | CommunityNI](#)

## Casework Coordinator (full time)

Could you provide advice, support, and advocacy to people in crisis as a result of their immigration status?

We are looking for a Casework Coordinator to join our Northern Ireland Refugee Support team as part of RIGHT SUPPORT: RIGHT TIME (RS:RT) project which is supported by PEACEPLUS, a programme managed by the Special EU Programmes Body (SEUPB).

<https://careers.redcross.org.uk/vacancies/11099/casework-coordinator.html>  
[Casework Coordinator | CommunityNI](#)

## Casework coordinator part time (part time)

[Casework Coordinator | CommunityNI](#)



## NEA NI TRAINING SERVICES



## Understanding Fuel Poverty and Health in Northern Ireland

**Course Dates:**

Thursday 20 February 2025

**Time:**

9:30am – 12:00pm

**Location:**

Online via Zoom



Adobe Acrobat  
Document

## LEVEL 3 AWARD: Energy Awareness 6281-01

**Course Dates:**

Monday 24, Tuesday 25 and Wednesday 26 February 2025

**Exam Date:**

Wednesday 5 March 2025

**Location:**

NICVA, 61 Duncairn Gardens, Belfast, BT15 2GB



Adobe Acrobat  
Document

# Job & Training Opportunities



## Digital Skills Academy

### Software Development Fundamentals

- ✓ Gain in demand skills in software development.
- ✓ Upskill and boost your employability.
- ✓ Master SQL and relational database management.
- ✓ Learn software design and development methodologies.
- ✓ Program with Java or Python.
- ✓ Develop websites with HTML, JavaScript, and CSS3.
- ✓ Understand web architecture and development.
- ✓ Gain Level 3 City & Guilds certification: Develop software using SQL and Web fundamentals

< [belfastmet.ac.uk](http://belfastmet.ac.uk) >

BANK OF AMERICA



in partnership with  
**fit**  
The Tech Talent Pipeline



City for work and learning

## Interested in a career in Tech?

Sign up for our new Technology Employment Academy with a guaranteed job interview with Funds-Axis.

[www.belfastcity.gov.uk/employmentacademies](http://www.belfastcity.gov.uk/employmentacademies)



Belfast City Council

Labour Market Partnership  
Working Together



Department for  
Communities  
An Roinn  
Pobal  
Department for  
Communities  
[www.communities-ni.gov.uk](http://www.communities-ni.gov.uk)

FUNDS AXIS

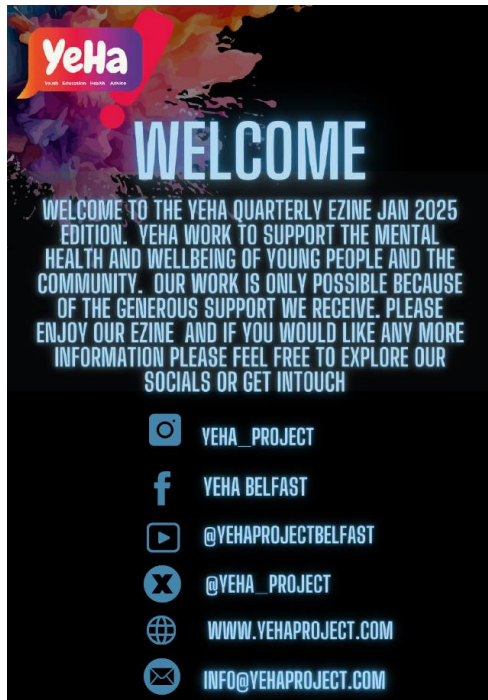
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## The King's Trust Newsletter

Northern Ireland, February 2025

# Newsletters

## Upcoming courses from The King's Trust



## YEHA Project – Youth Education Health and Advice



### WELCOME TO THE BELFAST RECOVERY COLLEGE COURSE PROGRAMME

The Belfast Recovery College warmly welcomes you to enrol for our free wellbeing and mental health programme. We have a range of face to face courses and webinars available. All face to face courses will be held in the Recovery College, Lanyon Building, 10 North Derby Street Belfast BT15 5HL.

Our education classes are open to everyone in the community of Belfast.

For our courses all you have to do is enrol! Follow the easy steps to enrol below.

- 1 Request an enrolment form by:  
Telephone: 028 95043059  
Email: [RecoveryCollege@belfasttrust.hscni.net](mailto:RecoveryCollege@belfasttrust.hscni.net)  
Or QR Code below.
- 2 Once you have completed the Enrolment Form and returned it, you will be a student of the Recovery College.
- 3 Notify us of the courses you wish to enrol on:  
Telephone: 028 95043059  
E-mail: [RecoveryCollege@belfasttrust.hscni.net](mailto:RecoveryCollege@belfasttrust.hscni.net)
- 4 We will send course reminders for both face to face and online.  
If you are unable to attend, please let us know.



### PROSPECTUS February 2025 – June 2025

Address: Recovery College, Lanyon Building, 10 North Derby Street Belfast BT15 5HL  
Tel. Number: 028 9504 3059  
Email Address: [RecoveryCollege@belfasttrust.hscni.net](mailto:RecoveryCollege@belfasttrust.hscni.net)

Visit our Website



Enrol Here



[RecoveryCollege@belfasttrust.hscni.net](mailto:RecoveryCollege@belfasttrust.hscni.net)

## ASCERT News | February Training

Free Training Courses for those working in the statutory, community and voluntary sectors

[ASCERT News & February Training Courses](#)